Cedarwood
Juniperus Virginiana Essential Oil

This clean smelling, balsamic oil helps to calm and balance energy. It can also promote spirituality. When used topically or aromatically, it promotes a relaxed environment.

Size: 15ml
Size: 5ml

Primary Benefits
Aids in restful sleep, great for oily skin and acne, promotes calm and relaxation, naturally repels insects, brings relief to the scalp from dandruff.

Description
The Egyptians used Cedarwood in the mummification process, as well as in cosmetics and as an insect repellent. Due to its warm, rich, woody scent, Cedarwood can provide many benefits - Cedarwood has a very calming yet strong aroma that promotes feelings of strength, vitality, and overall wellness. Cedarwood is often used during massage therapy to calm and relax the mind and body. It is great for acne and oily skin, as well as hair and dandruff. Cedar wood also aids in promoting a restful nights sleep.

Uses
- Diffuse to calm and soothe troubled nerves
- Add one to two drops to your facial routine for clarifying benefits
- Place a drop on a cotton ball and place in closet to keep moths away
- Apply one to two drops on big toe at night to assist in a restful nights sleep
- Add to Spark Naturals Carrieri Oil or dilute in the bath to assist with bronchitis, asthma, and other respiratory problems

Aromatic Description
Soft, woody, Herbaceous

Properties
Anti-fungal, anti-infectious, anti-seborrheic, antiseptic antispasmodic, astringent, circulatory stimulant, diuretic, emmenagogue, expectorant, insecticidal, sedative, tonic

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.