NOV 2020 Highlights

> Toilet installation - Pune rotary Project.
> Rebuilding North Karnataka - United Way Project
> Safety/self defense for the girl child.
> COVID livelihood project.

I. Toilet installation- Pune rotary project.

**Area of work: Pune, Maharashtra.**

In Collaboration with rotary kothrud, sewa has identified schools with lack of toilets in the outskirts of Pune.

Sewa representatives with kothrud rotary team visited Mahur vidlaya and rise pise govt schools and did the need analysis.

MOU was signed between rotary kothrud, sewa and school management. Construction was started in early February and project was on hold due to heavy rains and the pandemic.

Now we have resumed our work at both of the schools and it is likely to be ready for inauguration by this year end.

**Table 1: List of schools near Pune, Maharashtra with number of beneficiaries and number of toilets installed.**

<table>
<thead>
<tr>
<th>School name</th>
<th>Type</th>
<th>Region</th>
<th>State</th>
<th>Total</th>
<th>No. Of Girls</th>
<th>No. Of Boys</th>
<th>Students</th>
<th>Units Installed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rise Pise Madhyamik Vidyalay</td>
<td>Rural school</td>
<td>Pune</td>
<td>Maharashtra</td>
<td>169</td>
<td>83</td>
<td>86</td>
<td>Students</td>
<td>10</td>
</tr>
<tr>
<td>Mahura Madhyamik Vidyalay</td>
<td>Rural school</td>
<td>Pune</td>
<td>Maharashtra</td>
<td>195</td>
<td>98</td>
<td>97</td>
<td>Students</td>
<td>10</td>
</tr>
</tbody>
</table>
II. Rebuilding North Karnataka - United Way Project

Area of work: Belgaum

We have completed repair work at adibetti badavane and Ankalagi school. We also had final inspection through virtual visit on 7th of September to these schools with united way and sewa, we have signed off from these schools and handed it over to the school management.

> Constructional details are as follows:-

1) Govt Urdu Primary School, Ankalagi
   A. Construction of Parapet wall
   B. Construction of Toilets and Urinals
   C. Construction of hand wash block
   D. Painting of school building

2) Govt Higher Primary School, Adibatti Badavane
   A. Construction of Soak pit
   B. Repairing the existing toilets and urinals
   C. Repairing of Damaged flooring with New Kadapa Tiles in class room and office room
   D. Replacing the classroom black board in one classroom
3) Govt Higher Primary School, Bagarnal

We have had a virtual visit to this school on 10th of November. Repair work is under progress and expected to be completed by the 1st week of December.

![Figure 3: Repair and Rebuilding work initiated at Govt Kannada Higher Primary School, Bagalnar @ Karnataka](image)

III. Safety and self defence for the girl child.

**Area of work: Uttar Pradesh**

Sewa International has done all the ground work for facilitating self defense training programs across multiple locations at Uttar Pradesh. Training is imparted through a 3-days well designed training program, including both theoretical and practical sessions.

Our self defence training for girls is to boost the self confidence among women & girls and provide them with the fundamentals on awareness and handling confrontation.

**DAY-1**

Motivation & theory sessions on:
- How to avoid being a target
- Awareness - The foundation of prevention. Assault prevention must begin with education. In this module, participants will get information of self-defense & awareness. Discussions on the myths and misconceptions.
- Participants will learn how to be aware of their daily environment and how to decrease incidents of being a targeted for assault.
- The "Illusion of Safety"

Physical Techniques:
- How, when and where to strike
- What to do from the floor
- Learning the four vulnerable zones
- Escape from grabs and chokeholds
- The most effective preventions.
DAY-2

Motivation & theory sessions on:
• How to handle a confrontation: verbally, mentally, and psychologically
• The power of body language and non verbal cues
• Effective tips on how to be safer and more aware
• Information about supporting agencies, helping NGOs, Vishakha Guidelines etc

Physical Techniques:
• Assertiveness - one of the most effective techniques in avoiding assault.
• Participants will practice using assertive body language, eye contact, and verbal confrontation skills.
• Usage of Weapons for self defense – usage of hitting pads, Wrestling mats, short sticks

DAY-3

Motivation & theory sessions on:
• Law & Female Rights, Media & Police related information
• Medical & Health related information

Physical Techniques:
• Learning the techniques of Basic Kicks. Releases - Punches – Strikes
• Most effective throws and floor Techniques.

We are continuously working for welfare of girls & women since 5 years.

V. Covid-19 4.0 - Livelihood program.

We are running computer and spoken english training program for Covid affected families in Bengaluru.

This program is for youth above 18 years of age & for citizens who have lost their jobs to covid. The computer training covers topics on MS office, troubleshooting, softwares & hardwares etc., Spoken english covers greetings, Grammers, handling job live situations etc.

Our first batch has been completed their training and also have applied for the job placement through Sewa’s official recruiting partner vahan.AI. Candidates will be interviewed by vahan’s clients in the 1st week of December and will be hired based on their capabilities.

Sewa Bangalore is starting training for the second batch on 1st December.
Thank you and warm regards,
Team Sewa International - Toilet & Hygiene Project for a Girl Child
www.toilets-sewausa.org