

COVID-19

CORONAVIRUS



COVID-19 Prevention and General Hygiene

2019-nCoV

WUHAN CORONAVIRUS



SYMPTOMS

HEADACHE &
SORE THROAT

FEVER

COUGH

SHORTNESS
OF BREATH

SHAKING CHILLS

DHIARREA

TAKE CARE



COVID19

CORONAVIRUS

PREVENTION 2019 - n CoV



Wear mask



Wash hands



Boil your food



Avoid contact



Use soap &
Antibacterial gel



Cough on
your elbow

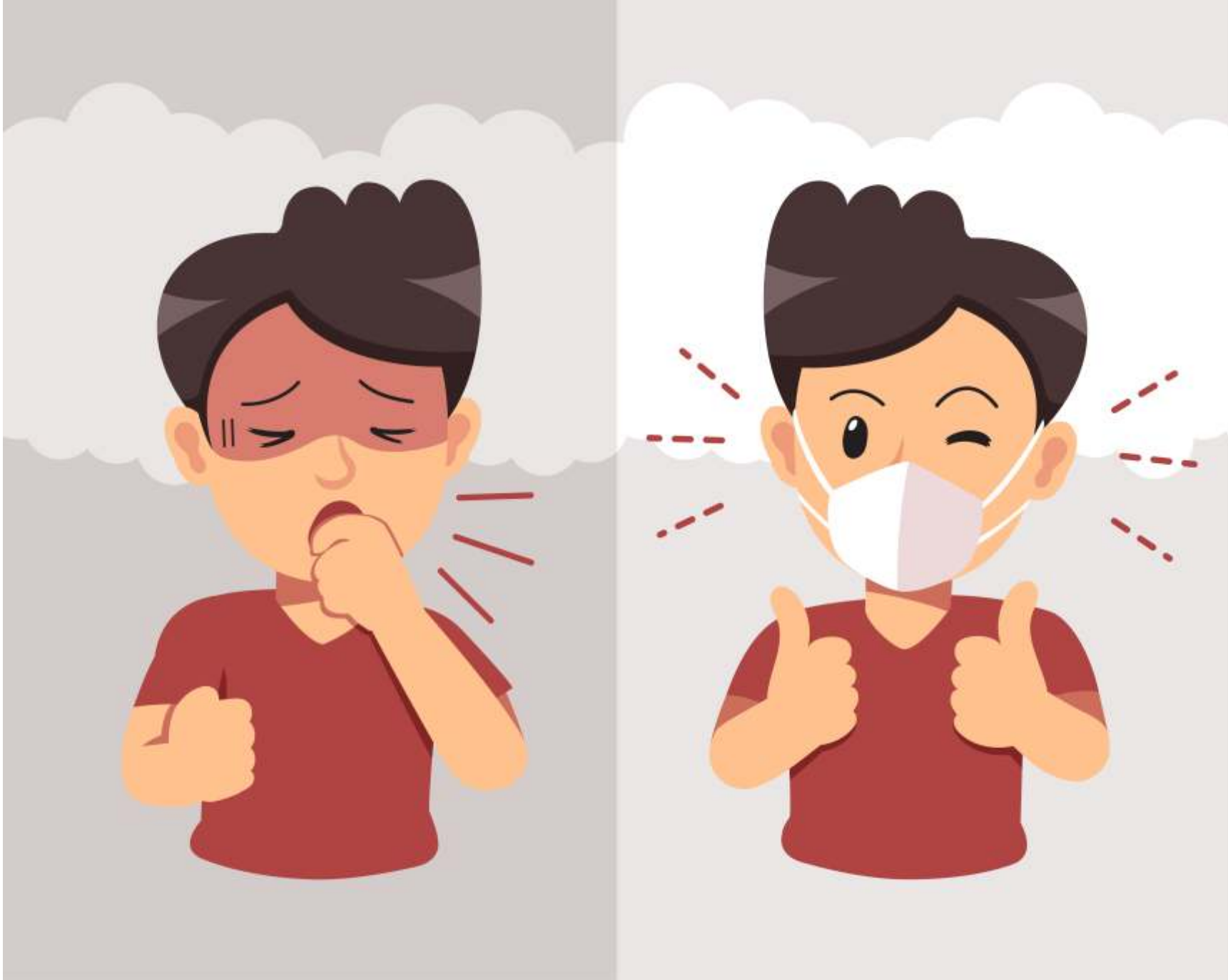


Keep your
distance



Regular
sleep

1. Wear Mask



How to wear your Mask?

1



2



3

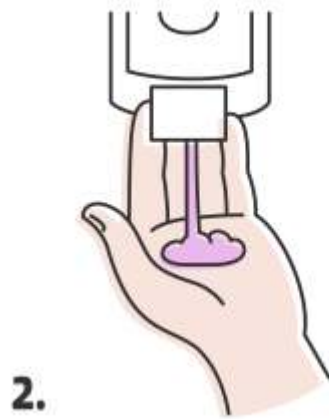
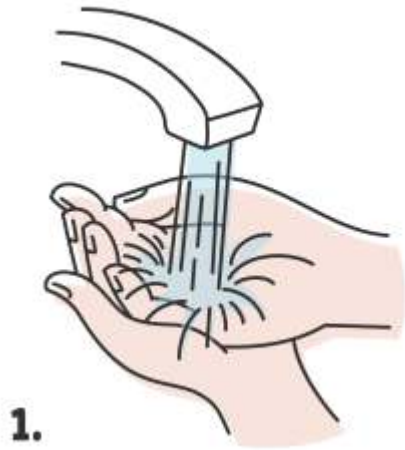


Teach your family members..



2. Wash your Hands





HOW TO WASH **HANDS** PROPERLY



3. Eat boiled food

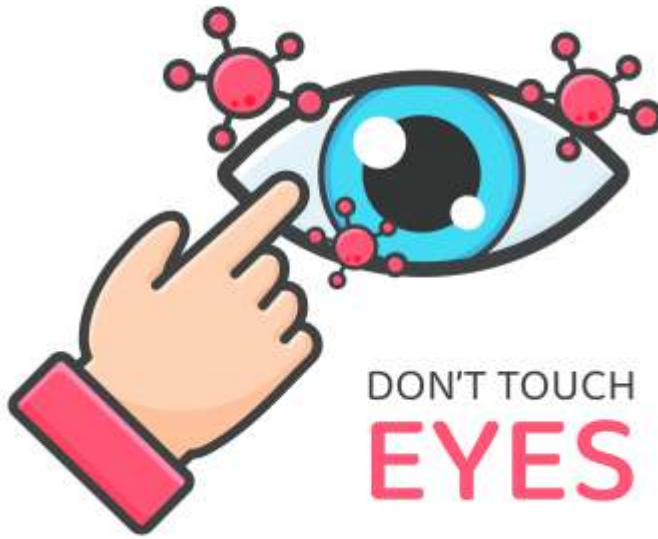


4. Avoid contact with your nose, eyes and mouth without washing your hands

DON'T TOUCH YOUR FACE!



DON'T TOUCH
NOSE



DON'T TOUCH
EYES



DON'T TOUCH
MOUTH

5. Use Sanitiser

HOW TO USE HAND SANITIZER



Apply pea size amount to your hands

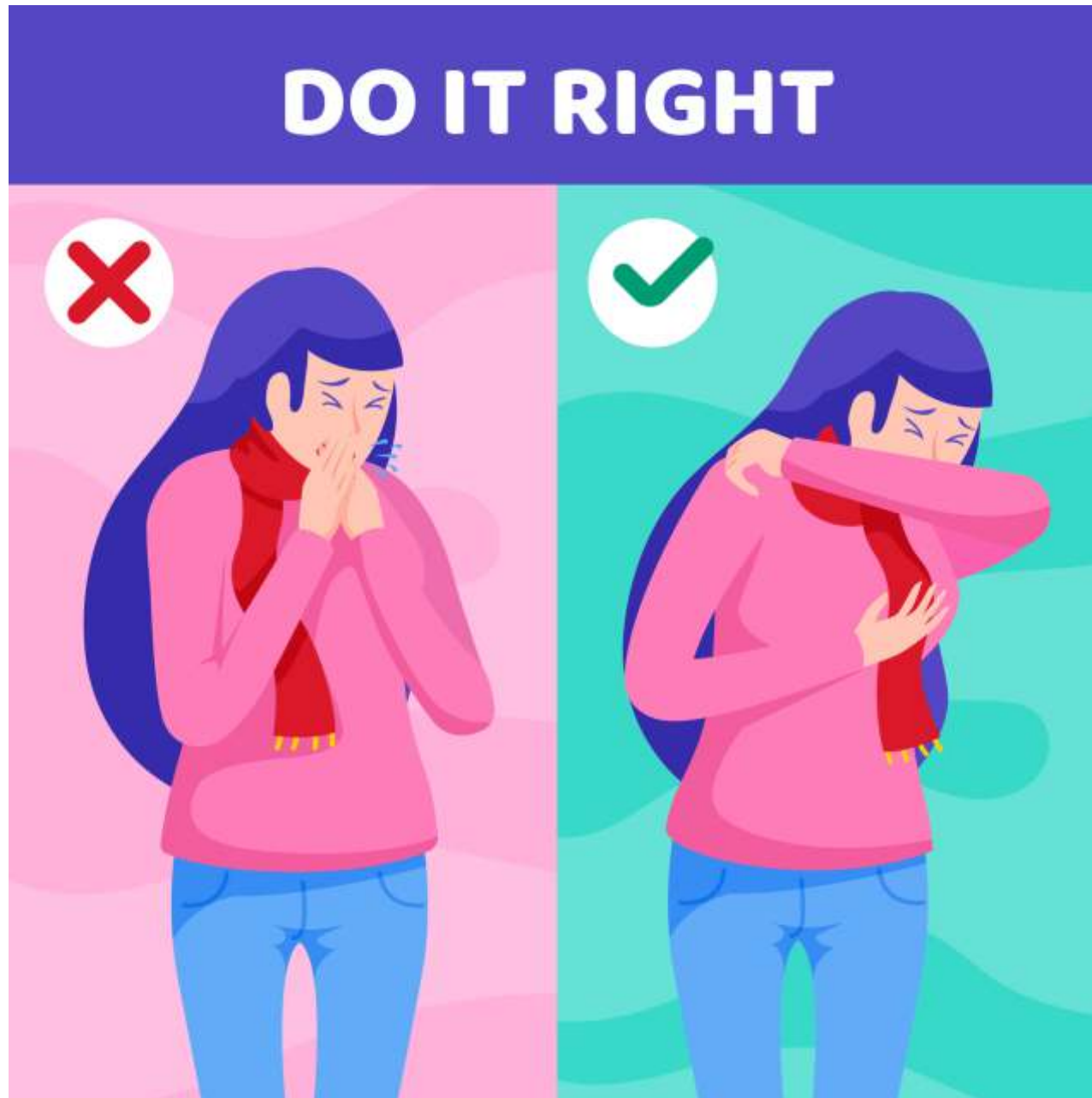


Rub hands together covering back of hands and palms

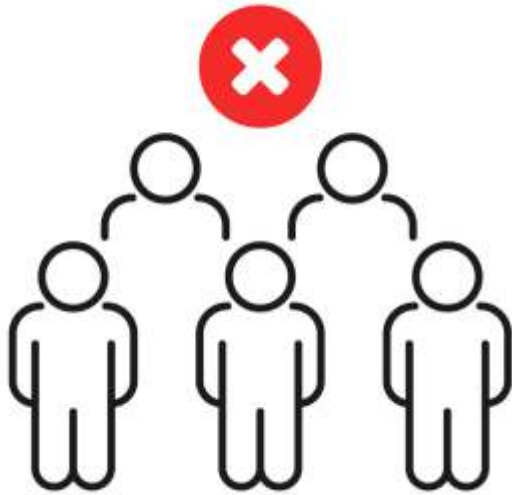


Rub hands until dry (20 seconds)

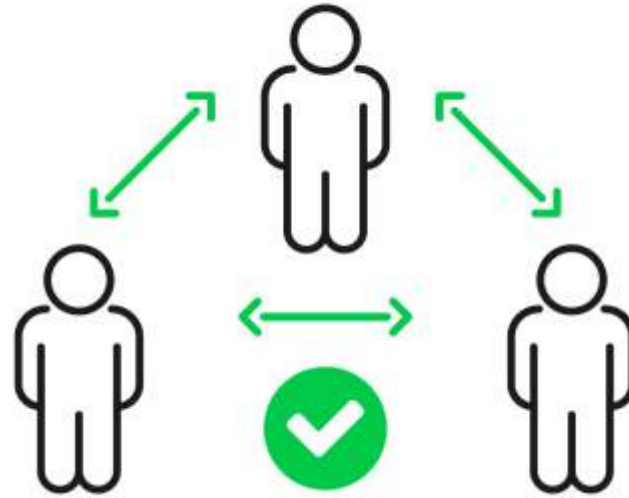
6. *Cover your mouth while coughing*



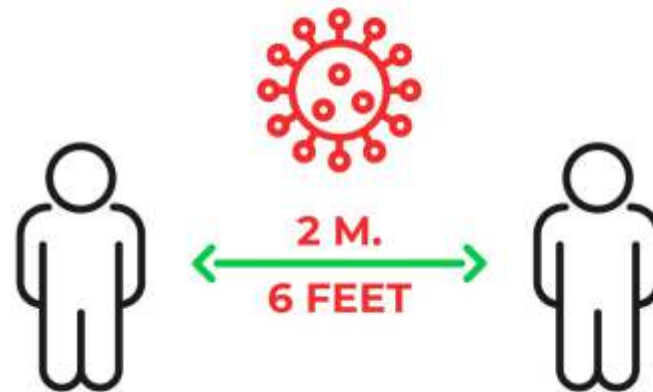
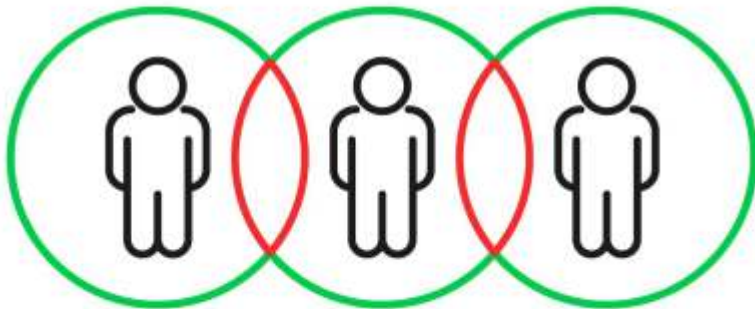
7. *Keep your distance*



KEEP SAFE DISTANCE



SOCIAL DISTANCING





PERSONAL
CARE





PERSONAL
CARE



"WE WILL **STOP**
THIS TOGETHER" ..

