

Thank you for signing up for Wildflower Pedalfest 2022! We are excited for year nine of Wildflower Pedalfest!

The night before

Layout everything you need for the race the next day. Don't forget your helmet, water, shoes, snacks, etc. This race will be fully supported with five aid stations. Each aid station is marked on the map below. The aid stations will have pumps, tubes, water, restrooms and an assortment of snacks/nutrition. However, it is always good to carry a small snack and water with you. All aid station food and water will be pre-packaged. This means water bottles, drinking fountains and bathrooms will be available for water re-fills. The only fresh food we will have is bananas. The rest of the food will be power bars, gummies, cookies, candy, etc anything pre-packaged.

Race day!!!!!

Getting there: Review your start time! Please leave your home, hotel, campsite, etc with adequate time to get to the start line. To get to the starting line/parking area punch in Morgan County Fairgrounds, Morgan UT into your GPS. If you GPS cannot locate the directions are as follows: Take I-84 East out of Ogden, UT. You will take exit 103 towards Morgan, take a right off the freeway and then immediate left on 500 E/Commercial Street. You will run into the fairgrounds 0.4 miles or so down this road on the right hand side of the road. Parking will be on the left in the vacant lot (See maps below).

Once you have arrived it is time to gather all your gear and warm up. Due to COVID all food will be pre-packaged. There will be drinking fountains and running water at the fairgrounds. Velofix will be onsite to help you tune up your bike for free. Daily Rise will be serving coffee for those early AM starts! Feel free to grab any extra snack from the Aid Station at the start. Due to COVID-19 we will only have pre-packaged snacks.

You will be given a wristband in your packet. Please wear your wristband on the course. The course you signed up for will be marked with your wristband color. Follow the arrows with your assigned color. When you finish your route for the day your wristband will be your ticket to get a great box lunch from Union Grill.

Wristband colors:

- Sunflower = **SILVER**
 - Sego Lily = YELLOW
- Blazing Star = GREEN
- Mountain Bluebell = **RED**
- Daisy (two laps of Sego Lily) = YELLOW

SCHEDULE OF EVENTS

Friday August 19th

• <u>4-7pm</u> - Packet pick up at the Morgan County Fairgrounds

Saturday August 20th

- <u>7:00am</u> Mountain Bluebell start
- <u>7:15am</u> Blazing Star Start
- <u>7:30am</u> Daisy Start
- <u>8:00am</u> Sego Lily Start
- 8:30am Sunflower Start
- <u>11am-2pm</u> Finish line party, live music, food and drinks.
- <u>12:30pm</u> Awards



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<u>Aid stations</u> – There will be five aid stations along the entire course. There will be amenities at each aid station: Advil, bike tubes, pumps, sunscreen, first aid, etc. Due to COVID regulation all food will be prepackaged at the aid stations so no "fresh" food. All aid station will have a restroom. Aid stations will have a clothing drop as well, however if you drop any clothes there is no guarantee it will make it back to the start/finish. Clothes drops will be back at the Morgan Fairgrounds at 2pm. Here is a list of each aid station (They are marked on the map below as well).

- 1. East Canyon
- 2. Milton Park
- 3. Enterprise Park
- 4. Big Mountain
- 5. Start/Finish

SAG Support

We have cyclists (course marshals) on the road as well as SAG support vehicles that will be driving the course(s) throughout the day. If you need help look for these vehicles.

Finish line

Once you finish your ride come relax at our finish line celebration. Walk around, visit vendors, grab some food and relax. We have some awesome partners who will be set up at the start/finish line. Velofix will be onsite to help with tune ups. Daily Rise will be serving hot and cold coffee all day. Pepsi coolers will be around with different drinks. Assential Cycling will have biking apparel for sale. Re/Max will also have chill down tents available. We will have box lunches from Union Grill.



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Rules and other items:

- 1. Have fun!
- 2. Be safe This is a not a race (with the exception of the hill climb). Go at your own pace and challenge yourself, but make sure to ride safe.
- 3. Drink a lot of water and liquids. It will be hot!
- 4. Be kind:
 - If someone is in need, ask if they are okay. If someone is struggling offer them words of encouragement. This is a ride not a race.
 - Let others pass when you can
 - Don't litter
- 5. Registered riders only please.
- 6. Please follow the rules of the road. The road will still be open and we want to be respectful of people and other cars. Please ride single file when necessary.
- 7. Depending what course you plan on riding there will be a few left turns. We are planning to have the sheriff's department at most of these turns to direct traffic. If there is no police officer helping direct traffic, please follow the rules of the road.
- 8. Be prepared carry what you think you may need. Have water with you and a snack. Wear a helmet always.
- 9. If you get hurt or your bike breaks and you cannot continue: Try to flag down SAG to let an official know you are in need of help. We will have bike marshals riding the course as well as vehicles. If there is an immediate need call 911.

COVID-19 Guidelines

Reducing the spread of COVID-19 is our number one priority. We ask that all participants, volunteers, vendors and spectators follow our guidelines and CDC guidelines. We must work together as a community at this time to help each other. These guidelines comply with the State of Utah Phased Health Guidelines version 4.6 as well as guidance and recommendations from the State and our Local Health Department.



If you are feeling any of the following symptoms the day of the event, we ask that you do not attend. COVID-19 symptoms, include, but not limited to:

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Fever or chills New loss of taste or smell Cough Sore throat Shortness of breath or difficulty breathing Congestion or runny nose Fatigue Nausea or vomiting Muscle or body aches Diarrhea Headache Image: Sore throat

We respectfully and politely ask that anyone not willing to follow the guidelines please do not attend the event.

Start/Finish:

Wearing face coverings are highly recommended at all times around the start/finish area. Retain a 6' distance as much as possible from others.

Course:

This is a road bike race and participants should only come within six feet of each other when passing or helping other riders. If participants are passing we will ask them to give audible warning and ask the rider in front of them to pull off the road where feasible. If a participant is in need of help with their bike or injury, riders should pass with care.

Vendor booths:

Vendor booths will be placed 10' apart from each other. Vendors will only take credit cards, no cash payments will be allowed. Vendors will be required to supply a list of employees with contacts working at the event. Vendors will be required to wear face coverings and have hand sanitizer available for customers. Vendors will be required to clean their space with disinfectant after every transaction and each hour. Ground will be marked so customers know where to stand while waiting for vendors.

Wildflower tent/water station:

Face coverings will be worn when people are within 6' of participants. Water will be available in bottles for participants. All food will be individually packaged, no bulk food will be provided. Participants will be required to grab and go. Bike pumps will be available along with sanitizing wipes and sanitizer pumps at each location.

Distancing measures:

Participants, Vendors, Volunteers and spectators are required to take personal responsibility and reasonable precautions which will be defined in the pre-race communications as well as signage around the event grounds.

Vendors are required to wear face coverings throughout the event.

Vendors, Volunteers and Staff are required to follow these hygiene guidelines:

- Use of hand sanitizer frequently
- Washing hands frequently with soap and water for 20 seconds
- Avoid touching of ones face
- Cover coughs and sneezes
- Regular cleaning of high traffic surfaces
- Social distance by 6' or more when interacting with others
- Avoid contact of high traffic surfaces
- No shaking hands

Courses:



Parking area:







Mountain Bluebell Hill Climb Detailed Map:

The hill climb is 5.4 miles in length with an elevation gain of 1,601'



Thank you to our Sponsors!







Select Language

The image below is a preview. Use the PDF Download below for distribution and printing.



Seatpost tag attachment

Your time will be recorded using Chronotrack RFID timing systems. For your event we are using B-tags, a very thin strip encoded with your entry number and event details.

The timing tag is already attached to the back of your numberplate, ready for you to attach to your seatpost.

The image on the left below shows you the front of the number kit, and the tag which is attached to the back of your number.



1. Carefully peel seat-post number from backing.



3. Press number together





2. Attach the numberplate to seatpost. Use dashed line to centre on seatpost



4. Ready to record your times

Your number kit also includes stickers to attach to the front and side of your helmet

Please do not fold or attempt to remove your timing tag from the numberplate. If you fold or crease the tag you may break the circuit and no times will be recorded. If you cannot attach the tag as described above ask an official for assistance

You keep the number and timing tag as a souvenir of your event

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