

FEBRUARY NEWSLETTER



Simply Fresh is a new platform born in **July 2019** with the idea of matching the **Italian tradition** with the flavor of the **territory**. Our aim is to bring the elegant taste of the **Mediterranean cuisine**, its **freshness** and its **unique quality** on your tables in the fastest way.

Discover more ABOUT US!

It's the Green Month!



Green is everywhere. It is the color of **nature, vitality** and **wealth**, but not least it regards our eating habits.

Since our typical days are more and more hectic and the work schedule dominates our life, eating fast seems to have become usual in our weeks.

In view of that, we cannot forget that our **health** plays the key role in our lifestyle and we should take care of it. But which is the first step in this path? **Eating in a proper way!**

We thought about you! Let's start this **green month** together, enjoying our vegetable's deals.

Simply Fresh

Visit our [BLOG!](#)

OUR DEALS OF THE WEEK



Rocket salad

\$25,00 ~~38,00~~



Green Beans

\$31,00 ~~45,00~~



Granny Smith Apples

\$80,00 ~~115,00~~

Green advices of the month

PRODUCTS

How much are you eco-friendly?

Being green involves many aspects of our life, such as our daily habits, our consumption of natural resources and the type of the **products** we use.



Have you ever tried something completely natural? Try our **100% biodegradable, plastic free** and **vegan** items. We could reduce deforestation by a simple act!

Our advice of the month, [click here to shop!](#)

- [COTTON BUDS](#) and [BAMBOO TOILET PAPER](#)

What is brewing in the pot?



Broccoli Soup

It is a **low-calorie** consumption and a fast solution rich in **fiber, vitamins** and **minerals**.



Risotto Radicchio

Soft and **creamy** risotto is a delicious first course **easy to make**.



Minestrone Soup

Hearty Italian vegetable soup traditionally made with broth and mix of **seasonal** vegetables and **broth**.



Vegetable Frittata

Made with vegetables, it is a very **tasty** and **colorful** dish perfect as an **appetizer** or as a **single plate** to be served with a salad.

Our Gourmet Advices

As **Hong Kong** is one of the most **exciting** and **diverse** restaurant capitals in the world, here some of our **recommendations** for all tastes!



Grossroots Pantry

Write down: **108, Hollywood Road**. Scandinavian design with rustic touch, this **vegan-friendly** restaurant offers a great selection of **fresh, nutrient** and **plant-based** food. Everything is served in a relaxed environment.

*Tip: going there for **brunch!***

Book your table!



Mana Cafe

Who said that food cannot be **delicious** and **sustainable** at the same time? **Mana Cafe** is the proof. A laidback hangout in **Wan Chai, Soho** and **Sheung Wan** where you can enjoy a range of coffees, smoothies as well as Middle Eastern-style vegan food. *Tip: try the roasted tomatoes and cauliflower **flat** dressing with halloumi cheese and black olives!*

Book your table!



Octavium Restaurant

Octavium enlces the **contemporary taste** of the Italian cuisine with a **rustic touch** with its masterpiece, *the truffle, which makes every dish special with its unique aroma.* *Tip: enjoying the appetiser of Fried Egg with Savoy Cabbage and **Alba White Truffle.***

Book your table!

#simplyfresh_hk



NATURAL PASTA STRAWS



DID YOU KNOW?



Every year, 8 million metric tons of plastic end up in our oceans.



By 2050 there will be more plastic than fish in the ocean



Most seafood we eat contains microplastic



You can drink out of a cup just as well without one!

FIND MORE ITEMS ON simplyfresh.com.hk

January 3rd

Natural Pasta Straws

"...Our innovative way to drink! The strongest, resistant, 100% natural more than two hours in all types of drinks. Edible, biodegradable and compostable in a few hours..."

Follow us on Instagram!



January 3rd

Three Ways To Get Travel Discounts

"...We are constantly improving, helping to bring social awareness to the public as well as delivering the best products to our customers..."

Why Simply Fresh?

Place your order now!



ALWAYS FRESH

Daily arrivals by air to guarantee freshness.



FAST DELIVERY

Placing the order from Sunday to Friday before 2:00pm, your food will arrive the day after.





HEALTHY

Many products behind the famous "Mediterranean Diet".

TASTY AND FANCY

You can find all the true taste that inspired tradition and innovation in the kitchen.

Simply Fresh Hong Kong

You received this email because you signed up on our website or made a purchase from us.

[Unsubscribe](#)



mailer lite