## **FEBRUARY NEWSLETTER**



**Simply Fresh** is a new platform born in **July 2019** with the idea of matching the **Italian tradition** with the flavor of the **territory**. Our aim is to bring the elegant taste of the **Mediterranean cuisine**, its **freshness** and its **unique quality** on your tables in the fastest way.

Discover more ABOUT US!

### It's the Green Month!



**Green is everywhere.** It is the color of **nature, vitality** and **wealth**, but not least it regards our eating habits.

Since our typical days are more and more hectic and the work schedule dominates our life, eating fast seems to have became usual in our weeks.

In view of that, we cannot forget that our **health** plays the key role in our lifestyle and we should take care of it. But which is the first step in this path? **Eating in a proper way!** 

We thought about you! Let's start this **green month** together, enjoying our vegetable's deals.

Simply Fresh

#### Visit our BLOG!

#### **OUR DEALS OF THE WEEK**







Rocket salad

\$25,00 <del>38,00</del>

**Green Beans** 

\$31,00 4<del>5,00</del>

**Granny Smith Apples** 

**\$80,00** 115,00

## Green advices of the month

#### **PRODUCTS**

#### How much are you eco-friendly?

Being green involves many aspects of our life, such as our daily habits, our consumption of natural resources and the type of the **products** we use.



Have you ever tried something completely natural? Try our 100% biodegradable, plastic free and vegan items. We could reduce deforestation by a simple act!

Our advice of the month, click here to shop!

- COTTON BUDS and BAMBOO TOILET PAPER

# What is brewing in the pot?



**Broccoli Soup** 

It is a **low-calorie**consumption and a fast
solution rich in **fiber**, **vitamins**and **minerals**.



**Risotto Radicchio** 

**Soft** and **creamy** risotto is a delicious first course **easy to** make.



Minestrone Soup

Hearty Italian vegetable soup traditionally made with broth and mix of seasonal vegetables and broth.



**Vegetable Frittata** 

Made with vegetables, it is a very **tasty** and **colorful** dish perfect as an **appetizer** or as a **single plate** to be served with a salad.

### **Our Gourmet Advices**

As **Hong Kong** is one of the most **exciting** and **diverse** restaurant capitals in the world, here some of our **recommendations** for all tastes!







**Octavium Restaurant** 

#### **Grossroots Pantry**

Write down: 108, Hollywood Road. Scandinavian design with rustic touch, this vegan-friendly restaurant offers selection of **fresh**, **nutrient** and plant-based food. Everything is served in a relaxed environment. Tip: going there for **brunch**!

Book your table!

#### Mana Cafe

Who said that food cannot be delicious and sustainable at the same time? Mana Cafe is the proof. A laidback hangout in Wan Chai, Soho and Sheung Wan where you can enjoy a range of coffees, smoothies as well as Middle Eastern-style vegan food. Tip: try the roasted tomatoes and cauliflower **flat** dressing with halloumi cheese and black olives!

Octavium enlaces the

**contemporary taste** of the Italian cuisine with a **rustic touch** with its masterpiece, the truffle, which makes every dish special with its unique aroma. Tip: enjoying the appetiser of Fried Egg with Savoy Cabbage and Alba White Truffle.

Book yout table!

Book your table!

## #simplyfresh\_hk





SIMPLY FRESH

#### January 3rd

#### **Natural Pasta Straws**

"...Our innovative way to drink! The strongest, resistant, 100% natural more than two hours in all types of drinks. Edible, biodegradable and compostable in a few hours..."

January 3rd

# Three Ways To Get Travel Discounts

"...We are constantly improving, helping to bring social awareness to the public as well as delivering the best products to our customers..."

Follow us on Instagram!

# Why Simply Fresh?

Place your order now!



#### **ALWAYS FRESH**

Daily arrivals by air to guarantee freshness.



#### **FAST DELIVERY**

Placing the order from Sunday to Friday before 2:00pm, your food will arrive the day after.





#### **TASTY AND FANCY**

You can find all the true taste that inspired tradition and innovation in the kitchen.

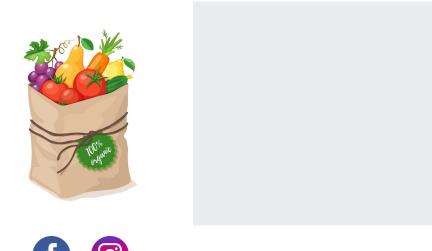
#### **HEALTHY**

Many products behind the famous "Mediterranean Diet".

### **Simply Fresh Hong Kong**

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#### <u>Unsubscribe</u>







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