## Scars and Iodine Plays an Important Role

As the literature points out, lodine renders apoptosis, and in the case of scars.. this directly addresses the clearing of such.

Scar tissue on the skin and inside the body blocks both Energy Flow and also Cerebrospinal Fluid (CSF) flow, and subsequent Blood and Lymph flow (the lymph vacuums both blood and CSF).

.Scar tissue becomes more positively polarized blocking negative electrons from flowing up and down the meridians. Scar tissue also binds up localized tissue blocking for CFS fluid that runs from head to toe through connective to toe through the connective tissue. An example to show this connection (as the connective tissue is one 3D piece, marbleized throughout the body), a scar on the pinky finger on the left hand can affect the right hip of the left bowel, randomly based on the "pull" of this car onto this 3D suit. When you depolarize the scar tissue, it no longer block energy flow in the meridians.

Scars, like parasites and toxins are positively charged and block energy, especially in the skin. When unencumbered by scar tissue, these energetic pathways can allow electrons to flow in both ascending and descending directions to keep the body healthy. The skin is one of the richest sources of hormones and immune cells, and also hold 20% of the body's hydration as well as iodine reserves. Scars can trap toxins and pathogens as well as emotions.

Our iodine (singlet -137, 100% bioavailable), together with the deeply penetrating Scalar Energized Castor Oil, helps to depolarize positively charge scar tissue releasing trapped waste and unprocessed emotions. Skin typically has a negatively charge surface of -90 millivolts. Scar tissue reduces negative polarity towards a positive polarity. Scar tissue can be as low as -10 mv. This lower millivoltage stops the speed of the electrons. Scars are also age, stress, and trauma-activated which can move scars further towards positive polarity. down to -9 mv, -8 mv, -7mv, and then disease sets in. Stagnant energy flow = stagnant three rivers flowing.

## The importance of Salt:

What are the three rivers... this is key... They are the blood, the lymph and the CSF. I love this, as we know in the Vedas the importance and auspiciousness of three rivers on the land...well.. that is true in our body!!!

Salt is a key player in this triad (the triad being iodine, salt and water). Without the right amount of salt (good salt), the three rivers thicken. Salt plumps up the rivers, allows the body to hold on to the water, critical to clean our the toxins that the iodine is pulling out of the tissues. A drop in one's slat level is a drop in fluids, creating more sludge. The thyroid is then called to create more thyroid hormones, the heart must work harder

. The dynamics of iodine, salt and water helps to achieve optimal health. If the scars remain -- they are only blocking the flow needed to clean.

oh.. a word about castor oil.. it is the only plant-based oil that penetrates all layers of the skin. In that penetration, it "carries the iodine" to do its work.

Using castor oil on the head, for your purposes, it can be put on first then drop by drop in the area needed. with the castor oil, it helps to spread out the iodine, so it can be absorbed unilaterally. It should absorb quite rapidly.. so it doesn't have to be messy. They iodine will absorb quite well... so max 20 min. You don't have to pour it on.. but you may need help to put it on properly.