

# Health for Life

## *Ancient Scalar 5 Salt*

We need high-quality salt for the immune system. Salt is anti-viral, anti-fungal, anti-microbial, anti-histamine, anti-inflammatory and “Generally Regarded as Safe (“GRAS”). Salt also attracts water, and we need enough quality salt to hold on to enough water required to maintaining normal body fluids. Water is needed to dilute waste out of the body. This cannot be done without salt. This is why “saline” is administered intravenously to restore to normal. Hydration through the proper ratio of high-quality salt and water is paramount to the immune system.

This Scalar 5 Salt is pure, raw, pristine, unbleached, unheated, unrefined seabed/sea ancient salts of the Earth. It is explosive free, without shells, rocks, harmful synthetic excipients, stabilizers, microplastics, chemicals, preservatives, bird droppings or other toxins. This salt is pulled from 5 areas of the globe: The Himalayas, The Andes, Hawaii, and 2 places in the U.S. In this salt, there is a broad spectrum of trace minerals to help reverse mineral depletion, providing an outstanding source of electrolytes. It also aids in gourmet flavor to food. -- it is delicious!

Suggested intake: 1/8 tsp in drinking water 12 – 16 oz. a few times a day.

Use liberally on foods to help meet the daily needs. Dosage: 1 1/3 – 3 tsp daily. Important for hydrating the body. May take up to 9 months to fully hydrate.

To offset a Detox reaction : use a pinch of salt on the tongue, touch the roof of the mouth, hold for 20 sec and drink water to wash down.

Available:

3 oz. \$15

32 oz. \$46.50

<https://shop.essentialstarr.com/collections/health-for-life-products> 941-677-3418