

## Getting Started Check List - Drugs and Insurance

### First Appointment with a Cancer Doctor

1. Bring a notebook or journal to keep track of your appointments, medications, and symptoms.
2. Write down every medication you are now taking including non-prescription over the counter drugs and supplements.

Drug Name	Dosing	Amount	Last taken	Question?

3. Bring Insurance card and become aware of deductibles, out of pocket costs, network physicians and hospitals. This can include a testing centers outside the hospital where you get an MRI or CAT scans done. Usually, you can get on-line with your own account with the insurance company and all this information is available. They usually will have a customer care number to help you.

Insurance Name	Group Number	Individual Subscriber	Deductible	Out of Pocket Maximum	Co-insurance

4. Does the hospital and physician accept what the insurance company pays? This is important because if they do not, you will be responsible to pay the amount over what the insurance company allows.