

Cleaning instructions

1. Avoid hard brushing or other cleaning techniques which could tear or otherwise deform the VPS material.
2. Wash daily in warm water, rinse thoroughly and allow to air dry.
3. Periodically disinfect by soaking in half and half mixture of mouthwash and water for ten minutes.

For additional information
on how to make QuickSplint®
see the instructional videos on the
QuickSplint® YouTube Channel
or on QuickSplint.com

Distributed by QuickSplint LLC
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San Diego, CA 92192

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QuickSplint.com

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U.S. Patent No. D597675

MADE IN THE U.S.A.



To Reorder go to: QuickSplint.com
or CALL 1-800-760-0526

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Prescriber Instructions

Indications for Use Statement

1. Protection of teeth and restorations from injury due to bruxism or clenching.
2. Temporary relief of muscle tension, headaches and pain associated with bruxism or clenching
3. Temporary treatment of Temporomandibular Disorder (TMD) along with the relief of associated headaches and pains.

Disclaimer: QuickSplint® may not be suitable for all patients. This product should be used with care in patients with jaw mobility restrictions or hypermobility.

Note: QuickSplint® is to be used primarily when sleeping to prevent pain or damage to teeth or restorations resulting from extreme forces on the teeth with the activity known as grinding, bruxism or clenching. You may suggest the patient wear the QuickSplint® during the day as well for pain relief or to promote healing from surgical procedures, under your direction.

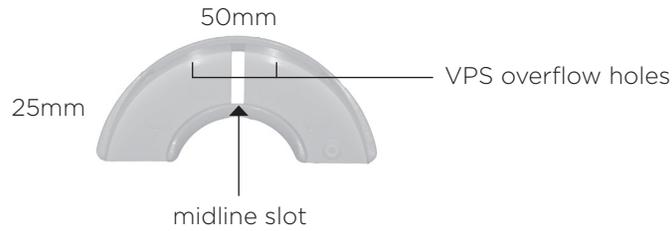
Single Patient Use Only

Contraindications

- Known allergies to Lexan121 or Vinyl Polysiloxane (VPS.)

Warnings

- QuickSplint® should not be fit on or over compromised teeth.
- QuickSplint® is not recommended for continuous wear (24 hours/day.)
- The Vinyl Polysiloxane liner must engage the 3 retention features of the QuickSplint® or you will need to reload and remake the QuickSplint®.
- Ensure QuickSplint® has a stable fit with adequate retention to prevent dislodging or loss during use.



Overview

QuickSplint® is designed to create a quick, ready-to-use custom appliance for transitional oral therapy. The patented features of QuickSplint® allow fabrication without the use of adhesives. When filled with Vinyl Polysiloxane (VPS), the two overflow holes in the lip of the tray and the midline slot on the bottom of the tray will retain the VPS. VPS should overflow the entire tray, the midline slot and the overflow holes in order to achieve the best retention and fit to the patient's dentition.

Fast-set, heavy body VPS in cartridge or putty provide the best viscosity to ensure a secure fit. This material choice is critical to your experience with QuickSplint®. For your convenience, we offer a high performance fast-set heavy body QuickSplint® VPS (sold separately.)

For additional information on how to make QuickSplint®, see the instructional video on QuickSplint.com or the QuickSplint YouTube Channel, which contains tips and techniques.

Step 1: Assemble Materials and QuickSplint

YOU WILL NEED THE FOLLOWING:

1. 7cc to 9cc of fast-set heavy body Vinyl Polysiloxane (VPS) bite registration material in putty or cartridge form, automix gun and mixing tips. Adhesives are not necessary. If you are using putty, you will need 4cc of the catalyst and 4cc of the base, to be mixed together by hand.
2. Protective gloves
3. Sharp blade such as a scalpel for trimming

WE PROVIDE THE FOLLOWING:

1. QuickSplint in its own storage container
2. Patient Instructions in the storage container



To Reorder go to: QuickSplint.com
or CALL 1-800-760-0526

Step 2: Determine Arch

Determine which arch will provide maximum tooth contact on the QuickSplint® surface or if the patient has a preference on whether QuickSplint® shall be worn on the upper or lower arch. Confirm QuickSplint® will fit the patient's arch by placing it in the patient's mouth and have the patient close to confirm.



Step: 2

Step 3: Fill Splint

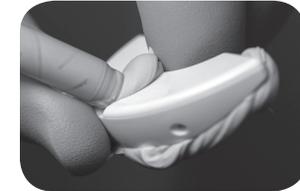
Overfill QuickSplint® uniformly with VPS material. VPS should overflow the tray.



Step: 3

Step 4: Fill Midline Slot

Turn the tray over and fill midline slot with VPS.



Step: 4

Step 5: Seat the Splint

Align QuickSplint® on the upper or lower teeth and support while the patient bites down completely to seat the QuickSplint®. This levels the bite registration against the opposing arch. The VPS will overflow the QuickSplint®, engaging the retention features and teeth.



Step: 5

For upper arch, instruct patient to slowly and gently use tongue to position material against the back of the teeth and up on the palate or lingual area, to maximize retention.



Step: 6

Step 6: Remove Splint

After the VPS sets, gently remove the QuickSplint®.



Step: 7

Step 7: Trim Splint

Trim any excess material with a sharp blade. Use the tray as your guide.



Finished Splint Ready for Wear

Replace QuickSplint® on patient's teeth and ensure there is a stable fit and retention to the teeth to avoid possible displacement with use. QuickSplint is now ready for use!

(instructions continued on reverse side)

