

## Removing QuickSplint

Using your fingers and both hands, apply gentle pressure to the edge of the tray material of your QuickSplint and rock the appliance off.

## Care Instructions

Daily cleaning: rinse thoroughly under tap water and dry the QuickSplint by shaking the excess water from the surface and allow to air dry. When needed, clean your QuickSplint using an ultra soft toothbrush or by gently washing with water. You may periodically disinfect your QuickSplint by soaking in a half and half mixture of mouthwash and water for ten minutes.

## Note

Do not clean your QuickSplint in boiling water, denture cleaner, or soak it in hydrogen peroxide.

## Storage

QuickSplint should be stored in a cool dry place or in the container provided. The appliance should not be kept in temperatures which exceed 120° Fahrenheit (48°C)

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MADE IN THE U.S.A.

# QuickSplint®



Interim Custom-fit Bite Plane



## QuickSplint® Patient Instructions

### INTRODUCTION

Your QuickSplint is custom fabricated in your prescriber's office to fit securely and comfortably in your mouth. QuickSplint is a durable tray form fit with a rubber like material which creates a custom, secure fit.

QuickSplint, by design, is a transitional treatment or diagnostic tool that is often for short term use, under the direction of your prescriber. To obtain the maximum benefits from care, you should always return to the prescriber as scheduled for evaluation of your progress.

### Note

QuickSplint is to be used primarily when sleeping to prevent pain or damage to your teeth (or restorations) caused by extreme forces on the teeth with the activity known as grinding, bruxism or clenching. Your prescriber may suggest you wear the QuickSplint during the day as *(instructions continued on reverse side)*

well for pain relief or to promote healing from surgical procedures. Read all instructions before using QuickSplint and follow your prescriber's direction exactly for maximum benefits.

### Indications for Use Statement

1. Protection of teeth and restorations from injury due to bruxism or clenching.
2. Temporary relief of muscle tension, headaches and pain associated with bruxism or clenching

### Disclaimer

QuickSplint may not be suitable for all patients. This product should be used with care in patients with jaw mobility less than 25mm, or greater than 60mm.



### Single Patient Use Only

### Contraindications

- Known allergies to Lexan121 or Poly Vinyl.

### Warnings

- QuickSplint should not be fit on or over loose teeth.
- QuickSplint is not recommended for continuous daytime wear of over two weeks.
- If after wearing the QuickSplint you feel short of breath, remove QuickSplint and discontinue use until you contact your prescriber.

### Notes

- If the soft lining material disengages from the tray while in the mouth remove the tray and then remove the lining material from your teeth. Return to your prescriber for replacement of the liner. Do not attempt to glue the liner to the tray.
- You may experience mild soreness or discomfort in your jaw or teeth initially. If discomfort persists, contact your prescriber.
- If the QuickSplint becomes loose, damaged, or does not fit properly, discontinue use and contact your prescriber.
- Do not disassemble or modify the QuickSplint. Follow the instructions of the prescriber to ensure safe and effective use of your QuickSplint.

### Directions for Use

A gentle pressure with biting down into the liner material or fingers should easily seat your QuickSplint. If there is resistance to the application of QuickSplint, confirm placement on the correct teeth and again apply pressure to seat the QuickSplint.

*(instructions continued on reverse side)*

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