# QuickSplint®

## Parafunction Risk Rating™ Table

| | PRR1 | PRR2 | PRR3 | PRR4 |
|---|---|---|---|---|
| **We see signs of wear** | Some signs of wear but they tell us they do not clench or grind. | Mild signs of tooth wear | Obvious signs of tooth wear such as more than 10% on more than 4 teeth, lock and key facets | Significant tooth wear and history of fracture |
| **They have told us that they clench or grind** | Little to no wear is noted, but they are aware of clenching | Aware of clenching on multiple occasions | They know that they clench or grind teeth, day or night | Aware of clenching and grinding behaviors resulting in direct painful events |
| **History of previous treatment?** | No history | May have been treated | Previous treatment with some kind of device | More than one previous treatment |
| **Any pain symptoms?** | No pain symptoms | Transient painful events such as muscle pain, jaw pain, headache | History of painful associated events including headache, jaw, face, TM joint region | Direct painful events |
| **Have they broken anything?** | Nothing broken or cracked | Nothing broken or cracked | Yes, some | Broken or fractured dental materials or natural tooth structure |

**Addressing Parafunction with QuickSplint®**

## Parafunction Risk Rating™ for New Patient and Annual Exam

The Parafunction Risk Rating is a universal grading system that is applied to dental patients at recall or initial diagnostic dental visits. Informing your patient, and charting a grade (PRR1, PRR2, PRR3, and PRR4) allows you to identify risk, develop a treatment strategy and factor this risk into an informed consent or referral to a specialist.

## Results After Two Weeks: Assigning a PRR

After wearing QuickSplint for two weeks, your patient returns for a follow-up. If you see marks on the surface of the QuickSplint from grinding or clenching, you should consider that your patient's rating is a PRR3 or PRR4.

If you or your patient identify any other event that falls into a higher category (such as tooth fracture), you should consider using that higher rating as the result.

**For more information on QuickSplint, visit quicksplint.com**

## QuickSplint LLC