

WORKSHOPS for professionals

Workshop:	EMPOWERING LITERATURE
Facilitator:	Fawn Einarson-Nielsen
Duration:	90 Minute Workshop
For:	Teachers, counsellors; anyone who works with and/or cares for children.

Overview

Participants learn how to utilize empowering literature in the classroom, and/or in groups, to equip kids with vital information and skills that promote safety, individuality and inclusion.

Benefits of Empowering Literature Kids identify their own talents and strengths and learn to appreciate differences. Conversations about healthy vs unhealthy choices reaffirm how to maneuver and stay safe in today's environment.

BULLYING NO MORE...Finally a resolution to the conflict of bullying

For: K- Gr2, Gr3-5, Gr6-8

Objective: Participants learn practical tools through exercises and activities that support an inclusive and productive classroom.



THE POWER OF ME...Important conversations about values and integrity

For: Gr3-5, Gr6-8

Objective: Participants learn how to help children identify and rely on their own power and values even in the face of adversity. Reaffirming to listen to that little voice inside, what to do if someone tries to steal their power, and to talk and tell if something doesn't feel right. Practical activities and conversations provide kids with the information they need to stay safe.



NOTE: The 'Phlart' in this presentation is presented as a 'negative influence' who wrangles us into doing things that make us feel bad; such as bullying, gossiping, lying or stealing, etc. Children learn to defend their values and when to tell if something doesn't feel right. Together we identify 'risky' situations and circumstances and determine how to alleviate putting ourselves at risk.

Participants receive:

Engaging age-appropriate activities
Signed copy of the book



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