

CLASSROOM READINGS

THE POWER OF ME... Important conversations about values and integrity

This presentation focuses on 'prevention'. Important conversations that need to happen include: how to gain and maintain your power when others try to steal our energy, mislead us and go against what we know is right. Carefully crafted to teach children what they need to know to stay safe, and what to do when they are stuck in a difficult circumstance, the author broaches the subject of an unhealthy power dynamic in a sensitive, nonthreatening way.

FOR: Grades 3 to 5, Grades 6 to 8

Purpose: Children learn to identify and rely on their own power and values even in the face of adversity. Topics include: listening to that little voice inside, what to do if someone tries to steal their power, and to talk and tell if something doesn't feel right. To provide kids with the information they need to stay safe.

Benefits: Kids identify their own talents and strengths and learn to appreciate differences. Conversations about healthy vs unhealthy choices reaffirm how to maneuver and stay safe in today's environment.

NOTE: *The 'Phlart' in this presentation is presented as a 'negative influence' who wrangles us into doing things that make us feel bad; such as bullying, gossiping, lying or stealing, etc. Children learn to defend their values and when to tell if something doesn't feel right. Together we identify 'risky' situations and circumstances and determine how to alleviate putting ourselves at risk.*

I wasn't sure how Fawn would broach this difficult subject. Her approach and the presentation of the subject is comforting in that victimization is not present, but the information is there for prevention and support. A great tool for teachers!

Marion Mutala, Retired Teacher and advocate

Readings include:

Book reading
Interactive dialogue
Engaging activities
Signed copy of the book



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