

the suite set.

WELL DONE YOU! ORGANISING A BABY SHOWER IS LOVELY SHOW OF SUPPORT, BUT IT CAN BE A BIG JOB. WE ARE ALL ABOUT EASE AT THE SUITE SET SO HERE ARE SOME IDEAS AND TIPS TO HELP. LETS GET PLANNING.

talk to mama first

Gauge the parent-to-be's ideas for what sort of a shower they would like. Low key, minimal and quiet? All out flowerwall, hashtag and Disney theme? Who must be invited and who can you skip? What time of the day would suit them best? Cater for the parent's personality and make sure they feel relaxed. 

its not just girls that wanna have fun

In the true spirit of parenthood, its not just the mama who raises a baby. Baby showers can be for dads too, and pops, pas, brothers and besties can come too. Team work makes the dream work (something we say a lot in The Suite Set house).

above all things, comfort

No matter how or when you host a shower, make sure you've got a comfortable resting space for the one actually growing the babe. Make sure there is some sort of seating or resting spot.

move it up

Showers do not have to be static. Get in touch with your local fitness studio and do a prenatal class. You don't have to be pregnant to take part and share the experience with mama and support her journey. Then pool together all the guests and buy mama a ten pack pass for classes.

shake it up

Showers don't have to be sitting around a living room for high tea. If you're short on space and the weather is clement, why not a park play? Super family friendly- bring some mats, rugs and picnic it up. They also don't have to be in the afternoon, check what time of day mama is feeling her best and organise the shower around those times. Make it a breakfast shower or brunch - or non alcoholic cocktail hour shower.

mix it up

when you're catering, if you've got the sparkling on ice for celebratory toasts (or like pre pregnant me, for the wanna be mamas to get drunk at the shower) make sure you've also got a few mocktails on hand for the mama. Sober isn't boring.

share the load

You don't have to always be the host with the most, ask invitees to bring a plate of food to share, in keeping with your theme of course. 

welcome to 'our gang', not 'the' gang

everyone has their own parenthood story, and some are not as fun or as easy as others and some stories don't have a happy end. We know to be mindful of this - try to make the shower less of "welcome to the exclusive club of being pregnant" and more about - "everyone in this room will love and support you and share your joy, even though our journey here may not be the same".

Download the baby shower the love playlist on our [spotify](#) - search for "Shower Suite Love". Music = sorted.

...re the love

Showers shouldn't be all about the gifts, it is **the love and the personal thoughts that count the most**. Why don't you have each guest bring their own pearl of wisdom on a card to store in a book for the parents? Another sweet idea is to have a blank book and for guests to write a message to the baby. When babe is older it can learn about who was there and why they were important to the family.

mama loves

Make your gift personal. If mama really loves to be pampered, book her a blow dry before hand or a pedi so she feels glam when she shows up. If she worries about driving and parking, organise her a ride to and from the shower. I am a reader, so for my shower my sister-in-law asked for all the presents to be books for baby. Three years on, we all get such joy from these books and remembering who picked each one as their favourite baby book.

think ahead

if you're planning to gift clothes (**and not one of our suite sets, coffee cups, water bottles, body stones or bump, birth and baby candles**) think ahead. A seasoned mama gifted us a size three outfit and I remember wondering if we'd ever get there! It's lovely to see our baby in it and be grateful we made it this far. 

be the gift

How about giving the gift of help? All new parents need help but some can't ask for it. Write up a voucher for a free night of babysitting, a week's worth of meals dropped at the doorstep, a weekly early morning coffee drop off, the gift of coming over and folding laundry each week for baby's first two months.

how's this for a suite idea

Throw a "casserole" shower. Guests bring something freshly cooked (or bought) all packed up and ready to freeze for the parent-to-be to take-away, so in that first month there is a freezer full of ready made meals.

all wrapped up.

Some people find opening gifts in front of a group really uncomfortable (oh hi) and stressful. Check how the parents to be feel about this first. If they're happy to open, leave this part of the shower until the very, very end. Let guests know if they want to stay they are most welcome to stay but don't make them. Make sure you have a present opening note taker so they can record the gift and the giver - so the parents are able to think of their friends when they use the gifts.

thanks, but no thanks

Good manners are the ultimate at our house, so this may seem out of character but it is actually too kind to be bad manners. Consider taking one thing of a parent-to-be's plate and giving the gift of no thank you notes. Make it clear to guests that as the host you've excused the guest of honour from thank you notes, know that they're grateful but have so many other things to focus on right now. That is a way to show mama love.

