



WAVE ASTRA

Thank you for choosing the boAt Wave Astra as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.



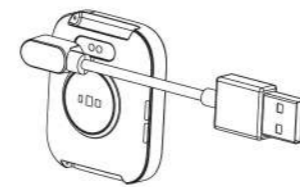
USER MANUAL

Package Contains:

- boAt Wave Astra x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

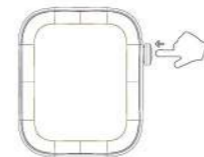
CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged. Connect and charge the watch with the image below as a reference, using a 5V/2A adapter.



TURNING THE WATCH ON/OFF

To restart or turn the watch on/off, long-press the side button for 3-5 seconds. You can wake up the screen by lifting your wrist.



CONNECTING TO THE APP

1. Download the boAt Crest app on your phone.

Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above) OR



Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Crest app; ensure that the phone's Bluetooth as well as the GPS functionalities are turned on
3. Select Wave Astra on the home screen of the app and click pair to connect.
4. Once connected, you will get an alert to connect with WAVEASTRA_XXXX, click pair if need to receive or make calls from the watch
5. To use all features of your Wave Astra seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.
6. Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to always run in the background of your phone.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Wave Astra is connected to the app.
- Synchronization will start automatically once you enter the app interface.

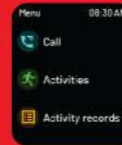
Note: Synchronize data at least once a day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

SHORT PRESS THE SIDE BUTTON FOR MAIN MENU

Call Dialer

To use the BT Calling feature, open the boAt Crest app and pair the watch.



Once paired you will get the pop-up on the app home screen to connect with the Phone's Bluetooth.

Click on "pair" to connect with the phone's Bluetooth.

Alternatively, you can go to the phone's Bluetooth settings and pair "WAVEASTRA_XXXX" to start the calling feature on your watch.

Note: Enable call alerts from the setting to get calls on the watch

Phone Book

Add up to 10 contacts from boAt Crest app. You can select any contact to directly dial from the watch.

Call History

You can find recently received, missed, and outgoing call logs in the recent calls of the watch.

PRODUCT PARAMETERS:

Model	boAt Wave Astra
Screen type	1.83" HD Display
Battery capacity	230mAh
Net weight	41.5g
Bluetooth version	Bluetooth 5.2
Working temperature	-20°C- 60°C
Charging time	70 mins
Working time	4-6 days
Water Resistance	IP67
Frequency band	2.4GHz

MAINTENANCE:

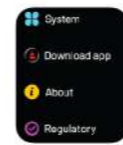
Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

About

Shows the device details



Regulatory

Shows the device regulatory details



Voice Assistant

Tap on this to enable the voice assistant feature and give the command from the watch.

Note: Make sure the watch is connected with the app

SWIPE DOWN FOR SHORTCUT MENU

You can access DND, Alarm, Find my phone, Brightness, and Settings

SWIPE LEFT OR RIGHT TO ACCESS ALL DATA.

You can access daily activity, SpO2, Heart rate, sleep, phone and notifications.

SWIPE UP TO ACCESS THE LIVE SCORE

You can check the cricket live scores from here.

SHORT PRESS THE SIDE BUTTON FOR BACK

Short press the side button to go to the previous tab.

Activities

Choose from multiple sports modes like Walking, treadmill, Running, Badminton, Football, Basketball, Tennis, Yoga, Dancing, Cycling, Indoor Cycling, etc. The watch has 700+ activity modes. You can also add or replace the activities according to your preferences through boAt Crest app.



Tap on any sport mode to start the activity, click the go button, and the watch will start recording the duration of the activity. Swipe right to pause or stop the activity. The activity will not be recorded if it is less than 3 mins.

Activity Record

Sync your smartwatch to the app to get a detailed record of the activities.



Heart Rate Monitor

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes



SpO2 monitoring

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.



Sleep Monitor

Tap on the icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day.

Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement. You can check the data on the app only after the awake criteria is met. You can also track sleep scores on the boAt Crest app.

Note: For accurate sleep data recording, the asleep criteria have to be met which includes limited movement, wrist positions and angles, and more. The awake criteria will be met only after it records some noticeable movement



Breathe exercises

Click on the breathe exercises icon to regulate your breathing by doing breathing exercises. You can set the time and level of exercise.



Notification

You can check all the notifications from here.



Stopwatch

Click on this to start the stopwatch on your watch.



Timer

Tap on this to turn on the timer.



Alarm

Tap on this to set an alarm on your watch.



CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort you contribute to recycle valuable raw materials and treatment of toxic substances.



Flashlight

Tap on this to turn your dial into a flashlight.



Camera Control Mode

Tap on the remote camera icon on your smartwatch to click a photo from your phone.

Note: Turn the camera on from your phone to use this feature.



Music Control

Tap on the remote music control icon on your watch to play music from your phone.

Note: Some apps with different protocols might not work.



Find My Phone

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.



SETTINGS

Watch Faces Tap on this icon to change your watch face.



Screen Sleep

Tap on this and adjust the screen sleep time



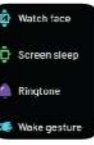
Ringtone

Tap on this to choose the ringtone and put the watch on silent mode



Wake Gesture

Tap on this to enable wake gesture



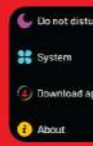
Vibration

Tap on this to adjust vibration levels from strong, soft and none.



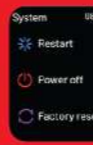
Do Not Disturb

Tap on this to turn on the Do Not Disturb mode.



System

Tap on this to restart, reset or to power off the smartwatch



Download App

Tap on this and scan the QR code from mobile to connect the smartwatch

