

WAVE CALL PLUS

Thank you for choosing the boAt Wave Call Plus as your fitness transformation

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.









PACKAGE CONTAINS

hoAt Wave Call Plus x1 ISB magnetic charging cable

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged. Connect and charge the watch with the image below as a reference, using a 5V/2A adapter.



Note: Once your watch is at 10% battery, it will automatically switch to power-saving mode which will disable all functions.

URNING THE WATCH ON/OFF

To turn the watch on/off, long-press the side button for 3-5 seconds. You can wake up the screen by lifting your wrist.

CONNECTING TO THE APP

1. Download the boAt Crest app on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above)

Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Crest app; ensure that the phone's Bluetooth as well as the GPS functionalities are turned on 3. Select Wave Call Plus on the home screen of the app and

click pair to connect. 4. Once connected, you will get an alert to connect with CALLPLUSBT, click pair if need to receive or make calls from the watch

4. To use all features of your Wave Call Plus seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt. 5. Disable battery optimization





Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization · Open the app on your phone.

- Make sure your Wave Call Plus is connected to the app
- Synchronization will start automatically once you enter the app interface.

Synchronize data at least once a day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

SHORT PRESS THE SIDE BUTTON FOR MAIN MENU



o use the BT Calling feature, open the boAt Crest app and pair the watch.

to connect with Phone's Bluetooth. Click on "pair" to connect with phone's Bluetooth. Alternatively, you can go to phone's Bluetooth settings and pair "CALLPLUSBT" to start the

calling feature on your watch. *Note: Enable call alerts from the setting to get calls on the watch Up to 10 contacts can be saved in the phonebook. Call history will show the latest call details.

Use a dialer to dial any number.

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app. Note: Measurements are for reference only and not for medical



cricket, free training, rower.

than 3 mins, it will not be recorded.

as well for each activity.

Click on this to check your daily activity data like step count, calorie, active minutes, no. of times you were standing, distance covered.

Heart Rate Monitor

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app. Note: Measurements are for reference only and not for medical purposes.

Sync your smartwatch to the app to get the detailed analysis

Choose from multiple sports mode like outdoor run, outdoor walk.

indoor walk, outdoor cycle, indoor run, strength training, football,

Tap on any sport mode to start the activity, you can pre-set your goal

Press the side button to pause or stop the activity. If the activity is less

basketball, table tennis, badminton, indoor cycle, elliptical, yoga,



Sleep Monitor

Tap on the icon to review the sleep data of the previous Once the asleep criteria are met, your smartwatch will start

recording from 8 pm at night to 10 am in the morning the next day.

Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement

You can check the data on the app only after the awake You can also track sleep scores on the boAt Crest app.

*For accurate sleep data recording, the asleep criteria have to be met which includes limited movement, wrist positions and angles, and more,

*The awake criteria will be met only after it records some noticeable movement

Model	boAt Wave Call Plus	
Screen type	1.83" HD Display	
Battery capacity	300 mAh	
Net weight	40g	
Bluetooth version	V5.3	
Working temperature	0-40℃	
Charging time	up to 2 hours	
Working time	up to 2 days on with BT calling, up to 7 days on normal mode	
Maximum transmit power	2.5dMB	
Frequency band	: 2402Mhz~2480Mhz	

MAINTENANCE

get stuck on the other end of the product. Do not wash the strap with a household cleanser. Please use soap less detergent, rinse

thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and

1. Keep the boAt Crest app updated to the latest version

- 3. Check and enable notification functions of your phone and keep the phone and watch in close contact.

Workout records

You can view the records of your workouts here



Women Health

Event reminders

alerts on the watch

Click on the breath training icon to regulate your breathing with the instructions given to relax.



Tap on this to set an alarm on your watch.



Click this option to start the stress monitoring. Make sure you wear

your watch on your wrist properly to get the accurate results. Analysis of the measurement is

My Watch Wave Call Plus is receiving no alerts, texts, or phone calls

re is no obstacle in between the watch and the phone ake sure the app is running in background

ich functions of the Wave Call Plus need Bluetooth to work?

ill it be okay to take a bath wearing the Wave Call Plus?

SAFETY & PRODUCT INFORMATION

Do not disassemble, bore or damage the battery.

doctor before using the heart rate monitor of the watch.

HEALTH WARNING

completely accurate.

ther wading or deep-water activities with high-speed water flow

Do not disassemble the built in batteries of non-replaceable battery devices.

sure smart reminders on the app are on and synced to the Wave Call Plus

e sure there is not more than 7m distance between Bluetooth on the phone and the watch

& Text Notifications. Find My Phone, music control, camera control, weather forecast, cloud

atch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and

stom watch faces and Bluetooth calling need Bluetooth connectivity to work.

ximum depth of water: 1.5m (2) Maximum time for exposure to water: 10 minutes

If you are wearing a pacemaker or other implanted electronic devices, please consult your

The device tracks your daily activities through sensors. This data is intended to tell you about

your daily activities such as steps, sleep, distance, heart rate and calories, but may not be

blinking light sources, please consult your physician before wearing this device.

Normal: 30-59 Medium: 60-79

Stress monitoring

High: 80-100 Note: Measurements are for reference only and not for medical

watch also display those notifications.

Bluetooth keeps getting disconnected



aierts of your period and ovulation dates on the watch

You can create event reminders from the app and get the



updates on the watch



Stopwatch

Click on this to start the stopwatch on your watch



Tap on the remote music control icon on your watch to play

Note: Some apps with different protocols might not work

Camera Control Mode

*Note: Turn the camera on from your phone to use this

Find My Phone

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it. Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.



Tap on this to turn your dial into a flashlight.



Watch Faces

Tap on this icon to change your watch face.



and enable wake gesture



ringtone, adjust vibration levels





Tap on this to adjust the brightness, set the screen on time

Sound and Vibration

Tap on this to adjust the watch volume, enable/disable



Enable auto workout mode from here





Change the menu style to grid or list view from here



Tap on this to restart your watch.





Do Not Disturb

Tap on this to disable all notifications except alarms.







Power off

Shows the device details



Factory Reset

Tap on this to reset watch data: *Note: All data will be erased if watch is reset

leset the device and clear all data

SWIPE DOWN FOR SHORTCUT MENU You can access DND, Brightness, Settings, etc.



SWIPE UP TO ACCESS THE NOTIFICATIONS You can check all the notifications from here. Click delete icon

to delete all the notification.



PRODUCT PARAMETERS

del	boAt Wave Call Plus	
een type	1.83" HD Display	
tery capacity	300 mAh	
t weight	40g	
etooth version	V5.3	
orking temperature	0-40℃	
arging time	up to 2 hours	
orking time	up to 2 days on with BT calling, up to 7 days on normal mode	
ximum transmit power	2.5dMB	
auanay band	: 2402Mbz-2480Mbz	-

during exercise or being exposed to substances such as soap or detergent, which may

then follow the above procedure.

Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above

	boAt Wave Call Plus	
ype	1.83" HD Display	
capacity	300 mAh	
ht	40g	
h version	V5.3	
temperature	0-40℃	
time	up to 2 hours	
time	up to 2 days on with BT calling,	
	up to 7 days on normal mode	
n transmit power	2.5dMB	

Regularly clean your wrist and the strap of the smartwatch, especially after sweating

Search for the app to connect keeps failing

2. Close all the programs on the watch -> Stop and restart Bluetooth and GPS -> Connect again

take sure your notification center of the phone is displaying messages. Only then will your monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood

stop using the watch and consult the doctor.

THINGS TO KEEP IN MIND

Sync data everyday days to avoid data loss.

by the warranty.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS. Old electrical appliances must not be disposed of together with the residual waste, but have



contribute to recycle valuable raw materials and treatment of toxic substances.

















pressure data is for reference only. We're not responsible for any deviation in data. Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately

• The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is

designed for fitness and not for medical purposes. They are not applicable to the diagnosis.

Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered

Keep your arm still while measuring data for accurate measurement.

 Sports modes support up to 6 hours of exercise at a time. Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.

notice. At the same time, we hold the right to continuously update the product content.

to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort you