

WAVE
CONNECTSTAY
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CONNECT

Thank you for choosing the boAt Wave Connect as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

Package Contents

- 1 boAt Wave Connect x1
- 2 User Manual x1
- 3 USB magnetic charging cable x1
- 4 Warranty Card x1
- 5 Alexa Card x1
- 6 Bluetooth Calling Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes around 2 hours to be fully charged.

Connect and charge the watch with the image as a reference, using a 5V/2A adapter.

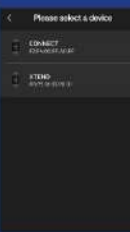
TURNING THE WATCH ON

Long press the side button to turn the watch on.



CONNECTING TO THE APP

1. Download the boAt Wave app on your phone. Available on both App Store (iOS 13.0 and above) and Google Play Store (Android 7.0 and above) OR Scan [QR CODE]



Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

ACCESSING FEATURES ON THE APP

Home Page: Pull down to synchronize your data. You can add or remove cards on the home page by tapping on 'edit cards'.
Training: Start any sport of your preference. Calibrate your phone's GPS to track routes.

DEVICE: Click on the device info card to enter the menu

Watch Face Market

Select more watch faces by clicking "new arrivals". Customize your watch face by adding a photo from your camera or album or select from the pre-loaded ones.

Note: Make sure your watch and phone are connected via Bluetooth. Do not exit the downloading interface until it displays 100% downloaded.

Amazon Alexa

Use the voice assistant through your watch. Login with your Amazon account to access Alexa on watch. Tap on login with Amazon. It will redirect you to your Amazon account login page. Add your login details to get started.

Health Monitoring

Enable automatic or real time heart rate monitoring, stress monitoring, enable excessive stress reminder, hydration reminder, sedentary reminder, sleep monitoring, ambient sound level and menstrual cycle alerts. Open App-> devices-> device info-> health monitoring

Alarm Clock

Set alarms on your watch from here. You can add alarm, set repeats, and add alarm names.

Message notifications

Enable to get real time notifications on the watch. Make sure all the permissions are enabled receive notifications

PRODUCT PARAMETERS:

Model	Wave Connect
Screen Type	HD display
Battery Capacity	300 mAh
Net weight	42 g
Bluetooth version	BLE5.1 / Classic BT 3.0
Working temperature	-10°C to 45°C
Charging time	around 2 hours
Working time	5-8 days normal usage / 2-3 on bluetooth calling
Frequency band	2402-2480Mhz
Maximum transmit power	0 dBm

Maintenance:

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not use the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

Charging norms & Precautionary Guidelines:-

1) Charger/Brick/Adapter : 5V 2A

Any other accessory can be paired up with the product as long as the specifications are as per above norms.

Calls

Call alerts
You can turn on call alerts to get notifications of important calls when you want.

Frequent contacts

Add frequent contacts to your list for them to be displayed on your watch. You can directly make calls when these contacts are set. Up to 10 contacts can be saved.

Auto Sports recognition

This smart feature identifies your walking or running activity and sends prompts on the watch to enable an activity. Click Ok to start the activity. *Note: This feature works only for walking and running modes.*

Device Settings

Enable Do not disturb, Find My Phone, Music Control, Wake Gesture, Weather, World Clock, Screen Brightness, Auto Brightness to use it on the watch.

You can also edit the shortcut menu on your watch.

Training type: Select up to 24 exercises out of 60 sports mode mentioned in the list.

Tap on "Edit" from the top right corner, then tap on "Add" and select the activity of your choice from the list.

You can also restart your watch with restart your watch option.

To remove the device from the app, tap on the "delete device" option

Device upgrade

This feature allows you to upgrade your watch with the latest firmware. Once the firmware is available, you can see a red dot against this feature, which symbolizes that there is a new firmware available. Tap on this option and follow the steps to upgrade the watch.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Wave Connect is connected to the app.
- Synchronization will start automatically once you enter the app interface. Alternatively, you can pull down from the home screen for manual synchronization.

Note: Synchronize data at least once a day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

Press the multifunction button once to enter the main menu



Health Data
Tap on this to view your daily step count, calories burnt, distance covered and sports data.

Sports Mode

Tap on this to access the 24 sports modes on the menu, which include:

Outdoor Run, Indoor Run, Outdoor Walk, Indoor Walk, Hiking, Outdoor Cycle, Indoor Cycle, Cricket, soccer, Pilates, dance, Zumba, Yoga, Workout, Pool Swim, Open Water Swim, Rower, core training, traditional strength training, functional strength training, HIIT, Cool-down workout, others & Elliptical.

Tap on your preferred activity to begin. You can swipe left to access music control while you work out.

To pause/resume: short press the side button

To end: short press-> tap on the X icon-> long press to end sport.

Alternatively, you can choose/add other sports modes from the app.

*Notes: *All records will be available on the app if you keep it synchronized.*

**A minimum of 1 minute of any activity is required for the watch to record.*

**The touch screen will not function when exposed to water. When your watch does get wet, wipe the surface with a soft cloth before using it.*

**Make sure the maximum depth of water is 50m & maximum time of exposure in water is 30 minutes. exposure in water is 30 minutes.*

Amazon Alexa

To access Amazon Alexa Voice Assistant, your Alexa account needs to be logged in on the app. On the app, go to Device -> Amazon Alexa -> Login with Amazon.

Once you are logged in, you can access Alexa by swiping right, long pressing the side button or from the main menu!

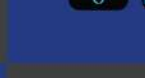
When in use, the Alexa function will begin at the 'listening' interface.



Once a voice command is recognized, it turns into the 'thinking' interface, to then return an answer to your command. You can enable stop watch, alarms, countdowns, timers, start workout, ask your current heart rate, spo2, etc. with Alexa.



In case the request times out, voice can't be recognized, account isn't logged in, Internet is unstable or Bluetooth isn't connected, the device will display error prompts. If that happens, wait for 10 seconds, check all connections, and try again!



Phone

You can access favorite contacts, caller history and dialer from this menu. You can add upto 10 contacts from the app.

Sports records

Tap on this to check your sports data.

Heart Rate Monitor

Tap on this icon to measure your heart rate. Wear the watch on your wrist, keep it close to your heart, and stay still. Enable auto HR from the app for continuous measurements.

Note: Measurements are for reference only and not for medical purposes.

Enabling auto HR may drain the battery quickly.

Blood Oxygen Level Monitor

Tap on this icon to measure your SPO2 levels. Wear the watch on your wrist and stay still.

Note: Measurements are for reference only and not for medical purposes.

Breath Training Mode

Tap on the icon, select your mode (from slow, rapid or normal), select your preferred time duration, then follow the instructions to relax.



Stress Monitoring

Wear the watch on your wrist and tap on the icon to measure stress levels. Try to stay still. The stress monitor tracks your heart rate to track levels of stress. The watch calculates your stress levels using a 1 minute heart rate variability (HRV) test. The higher the value, the higher the stress rate.

Here's what the data indicates:

0-30: Relaxed

30-60: Normal

60-80: Medium

80+ is considered to be dangerous.

When your HRV is higher than usual, use the guided breathing modes to take a minute and relax.

Note: It is recommended to record your stress levels every day before exercising. Preferably at the same time, and under the same conditions for accurate measurements.

Sleep records

Tap on the icon to review the sleep data of the previous night. Once the asleep criteria is met, your watch will start recording from 8 pm at night to 10 am in the morning the next day. Once you lie down and the watch detects no movement for 30 minutes, it will start recording your sleep. It will stop recording if it detects excessive movement.

You can check the data on the app only after the awake criteria is met.

*Notes: *For accurate sleep data recording, the asleep criteria has to be met which includes limited movement, wrist positions and angles, and more.*

**The awake criteria will be met only after it records some noticeable movement.*

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Weather

Enable this from the app to get weather updates for the next 3 days.

Music Control Mode

Tap on this icon to launch music control mode.

Note: Ensure the music App is running on your phone for this feature to work properly. This feature might not work for some of the Music Apps with different control protocols.

Clock

Tap on the icon to set alarms.

Stop watch

Tap on this icon to use the stop watch.

Timer

Tap on this icon to use the timer

World Clock

Tap on this icon to check world time. Shows time for London, New York and India.



Ambient Sound

Tap on this to check ambient sound levels in your environment. It is helpful to understand how long you are exposed to loud noise. Exposure to sounds below 80dB may not be harmful but constant exposure to loud noise can be harmful.

Flashlight

Tap on it to turn your dial into a flashlight

Find My Phone

Tap on the icon to make your phone ring. Make sure the app and phone are connected.

Watch faces

You can access all watch faces from the settings menu.

You can also long press on the home screen to see watch face options. Swipe left or right to navigate and then long press to select your preferred watch face.



Swipe down to view all your notifications

Turn the feature on from the app first to receive notifications on your watch.

Flashlight

You can access DND, Wake Gesture, Brightness, Phone, Silent, flashlight, Find my phone and settings from shortcut menu.

Find My Phone

Tap on power off

TURNING THE WATCH OFF

Short press the side button -> Scroll down and go to settings-> Tap on power off

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