



WATCH zenit

Thank you for choosing the boAt Watch Zenit as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

Package Contents

- 1 boAt WATCH ZENIT x1
- 1 User Manual x1
- 1 USB magnetic charging cable x1
- 1 Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes around 2 hours to be fully charged.

Connect and charge the watch with the image as a reference, using a 5V/2A adapter.



TURNING THE WATCH ON/OFF

To turn the watch on/off, long press any side button for 3-5 seconds. You can wake the screen by lifting your wrist.

Note:
Go to App Settings → Enable Wake gesture to use this feature.



CONNECTING TO THE APP

- Download the boAt Wearables app on your phone. Available on both App Store (iOS 8.0 and above) and Google Play Store (Android 4.4 and above).
 - Scan QR CODE (Also available on the watch under 'Settings').
 - Turn your phone's Bluetooth and GPS on. Make sure you connect the device directly with the mobile application. Do not connect with the phone's Bluetooth directly.
 - Select Zenit on the home screen of the app and click pair to connect.
 - To use all features of your Watch Zenit seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompts.
 - Enter all your personal details on the app.
- Note:**
To restore connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.



Get it on Google Play

Get it on Zenit Store

Find out more about boAt Wearables

boAt Wearables

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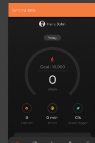
boAt Wearables

boAt Wearables

SYNCING YOUR SMARTWATCH TO THE APP

- Data Synchronization**
- Open the app on your phone.
 - Make sure your watch Zenit is connected to the app.
 - Synchronization will start automatically once you enter the app interface.

Note: Synchronization starts at least once within every day to avoid data loss on the watch.



NAVIGATING THROUGH THE FUNCTIONS

Changing the dial interface

Using the watch Zenit, long press the home screen to scroll through the available watch faces.

Using the app, Go to Devices > Select watch faces > Create your own personalized watch face or download an existing one.

Note: Make sure your phone and phone are connected to Bluetooth. Do not exit the downloading interface until it displays 100% downloaded.

FUNCTIONALITY

SWIPE RIGHT from the home screen to enter the main menu.

Step Count

You can view daily records of steps on the app as well as your smart watch. To set a goal for daily steps, go to the profile section on the app.

Note: All records will be set to zero at midnight unless you synchronize your app.

Sleep Monitor

Tap on the icon to review the sleep data of the previous night. Once the sleep criteria is met, your watch Zenit will start recording from 10 pm at night to 8 am in the morning. Once you lie down and watch starts to record for 30 minutes, it will start recording and will stop recording if it detects no movement.

You can check the data on the app only after the awake criteria is met.
Note: The accurate sleep data recording, the awake criteria has to be met which includes limited movement, wrist position and angles, and noise.
The awake criteria will be met only after it records some noticeable movement.
Note: Enable automatic heart rate monitor on the app for accurate sleep watch.
Settings > Enable Automatic Heart rate detection

Heart Rate Monitor

Click on the heart rate monitor icon to check heart rate data for the day.
For accurate measurements, try to stay still and raise your hand to the same level as your heart.
It should start measuring in about 2 seconds and last up to 20 seconds to complete the measurement. To allow the watch to measure your heart rate automatically throughout the day, enable the function on the app. Go to Settings -> Enable Automatic heart rate detection.
Note: Measurements are for reference only and not for medical purposes.

Training modes

Click on the training icon to choose from 7 different sports modes: Walking, Running, Cycling, Skipping, Badminton, Basketball, Football.
To pause or stop the exercise, press the home button or swipe left.
Note: All records will be available on the app if you keep synchronized. The activity will only be recorded when done for over 5 minutes.

Blood Oxygen Level Monitor

Wear the watch on your wrist, then click on the icon to start measuring your blood oxygen levels. You can also measure and view the data on the app.
Note: Measurements are for reference only and not for medical purposes.

Weather Update

On the app, go to the watch icon -> Others > Weather. Then fill in the details. Once you do, you will get weather updates for the next 5 days.
Note: The weather updates are obtained from your service provider and might vary with different providers.

Camera Control Mode

Tap on this icon to launch camera icon on your watch Zenit to click a photo from your phone using the watch. Click on 'Allow' when the app asks for permissions to use the camera on your phone.
Note: Open the camera in the app to use this feature.

Music Control Mode

Tap on this icon to launch music control mode. You can play and navigate to next or previous songs through the watch.
Note: From the music app's settings on your phone for this feature to work properly. This feature might not work for some of the Music Apps with different control protocol.

System Individual Menu mentioned above, you can also swipe LEFT from the home screen.

SETTINGS

Brightness

Tap on this feature on from your app to receive notifications on your watch Zenit.
Go to Watch > App Notifications
Note: The watch face has to be used to open controls, but cannot be used to answer calls or messages.

SWIPE DOWN

Enter the shortcut menu and access the following: Theater mode | Brightness | Vibration on/off | Weather Updates | Settings

Using the app to enable features on the watch

Alarm & Timer

To add this feature on the watch, enable it on the app on your phone.
Note: A maximum of 5 alarms can be set and only if it is for more than 2 minutes.

Sedentary, Hydration & Menstrual Cycle Alerts

The sedentary, hydration & menstrual cycle alerts can be activated and adjusted only from the app. You can choose when period and set away alert according to your preference.
Go to Settings > Enable the watch you want.

Do Not Disturb Mode

This feature can only be activated or stopped from the app. It will disable all your notifications when activated except for alarms.
Go to Settings > Enable Do Not Disturb.

PRODUCT PARAMETERS:

Model	Watch Zenit
Screen Type	1.2" IPS display
Battery Capacity	200mAh
Charging Voltage	5.05V
Net weight	42g
Charging sensor	5.0V
Working temperature	-10°C to 50°C
Working time	around 2 hours
Charging time	up to 7 days
Maximum transmit power	0.124mW
Frequency band	2402-2480 MHz

Maintenance:

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.
Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or raglin.
Feel spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

Charging norms & Precautionary Guidelines:

1. Charger/Block Adapter : 5V/2A
Any other accessories can be paired up with the product as long as the specifications are as per above norms.

FAQ

Search for the app to connect keeps failing

1. Keep the boAt Wearables app updated to the latest version.
2. Close all the programs on the watch > Stop and restart Bluetooth and GPS > Connect again.
3. Check and enable notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 4.4 and above and iOS 8.0 and above.

My Watch Zenit is receiving no alerts, texts, or phone calls

Make sure smart reminders on the app are on and synced to the Watch Zenit.
Also make sure you have granted access permission and your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

My Bluetooth keeps getting disconnected

1. Make sure there is not more than 7m distance between your phone's Bluetooth and the watch.
2. Make sure there is no obstacle in between the watch and the phone.
3. Make sure that the app is running in background.

Which functions of the Watch Zenit need Bluetooth to work?

Activity tracker, Sleep Monitor, Alarm Clock, Sports Mode, Call & Text Notifications, Find My Phone need Bluetooth connectivity to work.

The time displayed on my phone and on the watch Zenit are inconsistent

Make sure your watch is connected to your phone through the app and not your phone's Bluetooth feature itself.

The calculated number of steps on the app and on the watch Zenit are inconsistent

Ensure that your app and the watch are synchronized.

Will it be okay to take a bath wearing the watch Zenit?

The IP67 water resistance will only work under the following conditions:
(1) Maximum depth of water: 1.5m (5) Maximum time for exposure to water: 30 minutes.
The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other swimming or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green and flash. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.

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The device accessories, heart rate sensor, blood oxygen level monitor, and other relevant data is displayed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any disease or symptoms. The heart rate and blood oxygen data is for reference only. We're not responsible for any diagnostic in data.

• Avoid wearing the watch too tightly. Make sure you keep your skin dry in the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to keep in mind

- Sync data once a day to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch most night in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Declaration: This product is an electronic measuring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to discontinuously update the product content.

CAUTION: RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. CHARGE OF USED BATTERIES ACCORDING TO INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via green points is for free. The owner of old appliances is responsible to bring the appliances to those collecting points or to a similar collection point. With this step the appliance owner consents to enable the separate and safe treatment of toxic substances.

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