

WAVE LITE



FIND YOUR FLOW



USER MANUAL

boat WAVE LITE

Thank you for choosing the boat Wave Lite as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.



PACKAGE CONTENTS
• 1x Wave Lite (L) • 1x USB magnetic charging cable • 1x User Manual (L)

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes 2 hours to be fully charged.

Connect and charge the watch according to the image beside as a reference, using a USB adapter.

Note:
Once your watch is at 5% battery, it will automatically switch to power saving mode which will disable all functions.

TURNING THE WATCH ON/OFF

To turn the watch on/off, long press side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.

CONNECTING TO THE APP

1. Download the boat Wearables app on your phone.
Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 5.0 and above).
OR
Scan QR CODE (Also available on the watch)



2. Connect the device directly via the mobile application. Do not connect via the phone's Bluetooth directly.

3. Select Wave Lite on the home screen of the app and click OK to connect.

4. To use all features of your Wave Lite (swimming), tap on 'yes' to the 'connection' and 'grant access' system prompt.

5. Turn your phone's Bluetooth and GPS on.

6. Disable battery optimization.

Note:
To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

Phones will not prompt any information unless you complete Bluetooth pairing with WAVE LITE.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization
• Open the app on your phone.
• Make sure your Wave Lite is connected to the app.
• Synchronization will start automatically once you enter the app interface.

Note:
Synchronize data at least once every day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

Using the app

Select 'dial watch faces' on the app and push your preferred watch face for your smartwatch.

Note:
Make sure your watch and phone are connected via Bluetooth. Do not exit the downloading interface until it displays 100% downloaded. It may take up to 60 sec to sync the watch face with the app.

Using the Wave Lite
Swipe left on the main interface of your watch screen to enter the main menu. → Scroll down → Select 'watch faces' → Tap on your preferred display

1. FINDING YOUR WATCH

RECOVERS WATCH (SEARCHING)



Swipe left for main menu

Sports mode

Click on the sports mode icon to choose from 19 different sports modes: Walking, Running, Cycling, Climbing, Yoga, Basketball, Football, Badminton, Squash & Swimming.
To pause or stop the exercise, press the home button.

Note:
• All records will be available on the app if you keep it synchronized.
• The touch screen will not function when exposed to water. When your watch does get wet, wipe the surface with a soft cloth before using it.

Make sure maximum depth of water is not more than 1.5m & maximum time for exposure to water is not more than 30 minutes.

Guided Breathing Mode

Click on the breath training icon to regulate your breathing with the instructions given to relax.

Camera Control Mode

Click on the remote camera icon on your Wave Lite to click a photo from your phone.

Note: Turn the camera on from your app to use this feature.

Blood Oxygen Level Monitor

Start the watch on your wrist, then click on the icons to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.

Stopwatch

Tap on the icon to start the stopwatch

Find My Phone

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

Note: Your Wave Lite should be connected to your phone via Bluetooth and within its range for this feature to work.

Screen Sleep

Tap on this icon to set screen timeout duration.

Tap on this icon to set screen timeout duration.

Watch Faces

Tap on this icon to change your watch face.

Reset

Tap on this to reset watch data.
Note: All data will be erased if watch is reset.

Power off

Tap on this to switch your watch off.

Countdown

Tap on this to begin countdown.

Swipe down for shortcut menu

You can access sports menu, brightness, DND, Find my phone, Music control, QR code, the About section and settings from the shortcut menu.

Swipe up to access all data

You can access daily activity and sports records, heart rate monitor, sleep monitor, weather, music control from here.

Swipe right to access all notifications

Call and Text Notifications.
Turn this feature on from your app to receive notifications on your Wave Lite. It will show 5 new notifications and automatically cover the last message if there are more than 5.

Maintenance

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or submerged to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap-less detergent, rinse thoroughly and wipe with a piece of soft towel or raglin.

For spots or areas that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

PRODUCT PARAMETERS:

Model	boat Wave Lite
Screen Type	1.60" HD Display
Battery Capacity	240mAh
Net weight	46g
Bluetooth version	Bluetooth 5.0
Working temperature	0°C ~ 40°C degree
Charging time	about 2.5 hours
Working time	about 7 days
Maximum transmission power	73dBm
Frequency band	2400 ~ 2480 MHz

Which functions of the Wave Lite need Bluetooth to work?
Call & Text Notifications, Find My Phone, Music Control, Camera control, weather forecast, clock and system watch face need Bluetooth connectivity to work.

The time displayed on my phone and on the Wave Lite are inconsistent
Make sure your watch is connected to your phone through the app and not your phone's Bluetooth connection.

The calculated number of steps on the app and on the Wave Lite are inconsistent
Ensure that your app and the Wave Lite are synchronized.

Will it be okay to take a bath wearing the Wave Lite?
The IP68 water resistance will only work under the following conditions:

- (1) Maximum depth of water: 1.5m (5'2") Maximum time for exposure to water: 30 minutes
- (2) The watch face is suitable for hot baths, hot springs, saunas, swimming during water skiing and other outdoor or deep water activities with high-speed water flow.

Charging items & Precautionary Guidelines:
(1) Charger/USB Adapter: 5V 2A.
Any other accessory can be paired up with the product as long as the specifications are as per above norms.

FAQs

Search for the app to connect keeps failing
1. Keep the boat Wearables app updated to the latest version.
2. Close all the programs on the watch & reset Bluetooth and GPS → Connect again.

3. Check and enable notification functions of your phone and keep the phone and watch in close contact.
Note: Make sure your phone system meets Android 5.0 and download OS 12.0 and above.

My Wave Lite is not getting any alerts, texts, or phone calls
1. Make sure you have granted access permission and your notification control of the phone is displaying messages. Only then will your smartwatch also display those notifications.

My Bluetooth keeps getting disconnected
1. Make sure there is no metal case that the distance between the phone and the watch is close contact.
2. There is no obstacle in between the watch and the phone.

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Why is my blood oxygen level measurement not accurate?
The measurement is for reference only because there is a different way to measure your blood oxygen levels on your watch and a different way when medical equipment is used.

SAFETY & PRODUCT INFORMATION
Battery
Do not use any sharp objects to remove the battery.
Do not use any sharp objects to remove the battery.

Health Warning
This is not a medical device or other regulated electronic device. Please consult your doctor before using the health care features of the watch.

The data is for reference only. It is not intended for any medical use. It is not intended for use in making light medical decisions or for physical health monitoring in babies.

The device makes your daily activities such as sleep, exercise, and other daily activities more convenient and accurate.

The device accessories, heart rate sensor, blood oxygen level monitor, and other sensors data is designed for fitness and not for medical purposes. They are not regulated in the US, Europe, Australia, and other countries.

Things to keep in mind
When disconnected from the watch:
• When disconnected from the watch, the device will not work for any health monitoring or other features.
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• Sports mode support up to 1 hour of continuous use.
• Avoid wearing the watch too tightly. Make sure you keep your skin dry. Do not use the watch in contact with the skin if you have such a condition. The watch will not work if you have such a condition.

Disclaimer: This product is not intended for medical use. It is not intended for use as a medical device. We reserve the right to modify or improve the product without notice. We reserve the right to modify or improve the product without notice.

CAUTION
RISK OF EXHAUSTION BATTERY REPLACED BY A RECHARGEABLE BATTERY. REPLACE ONLY BATTERIES ACCORDING TO THE INSTRUCTIONS.

Electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The repair or the removal of electrical appliances must be carried out by the manufacturer or its authorized service points. With this note, personal safety is guaranteed by the manufacturer.

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