WATCH PRIMIA

STRIVE FOR PRIME

USER MANUAL

boAt

WATCH PRIMIA

Thank you for choosing the boAt Watch as your fitness transformation companion. Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

PACKAGE CONTAINS:
- boat watch primia x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes 2 hours to be fully charged. Connect and charge the watch with the image as a reference, using a 5V/2A adapter.

TURNING THE WATCH ON/OFF

To turn the watch on/off, long-press the top side button for 3-5 seconds.
You can wake the screen by lifting your wrist.
Enable the feature on the app to use.

CONNECTING TO THE APP

1. Download the boAt Crest app on your phone.

Available on both App Store (iOS 13.0 and above) and Google Play Store (Android 7.0 and above)
OR
Scan **[QR CODE] (Also available on the watch)**

2. Connect the device directly with the mobile application.

3. Select Primia on the home screen of the app and click OK to connect.

4. Once you are connected, there will be another prompt on the app screen to connect with BT or go to phone's bluetooth settings and connect with Primia3.0

5. Tap on pair to connect and use the BT calling feature.

6. To use all features of your Watch Primia seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.

7. Turn your phone's Bluetooth and GPS on.

Note:
To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization
- Open the app on your phone.
- Make sure your watch Primia is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note:
Synchronize data at least once every day to avoid data loss in the watch.

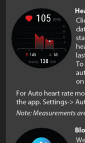
NAVIGATING THROUGH THE FUNCTIONS

Changing the dial interface

Using the app
Select cloud watch faces on the app and push your preferred watch face to your smartwatch. Go to settings screen on the app, click watch faces option -> Select the watch face -> Click apply.

Note: Make sure your watch and phone are connected via Bluetooth. Do not exit the downloading interface until it displays 100% downloaded. The app will take up to 60 secs to install the watch face on the watch

Using the watch Primia
Long tap the home screen to choose watch faces from the available options.
Swipe left from the home screen to see daily activity records, measure heart rate, stress, music control and calling menu (phone book, call history and dialer).



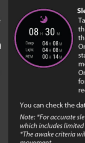
Heart Rate Monitor
Click on the heart rate monitor icon to check heart rate data for the day. For accurate measurements, try to stay still and raise your hand to the same level as your heart. It should start measuring in about 2 seconds and last up to 20 seconds to complete the measurement.
To allow the watch to measure your heart rate automatically throughout the day, enable the function on the app.

For Auto heart rate monitoring, make sure you enable this feature from the app. Settings-> Auto HR tracker

Note: Measurements are for reference only and not for medical purposes.

Blood Oxygen Level Monitor
Wear the watch on your wrist, then tap on the top button to enter the main menu. Select Blood Oxygen icon to start measurements. For accurate measurements, try to stay still and make sure the watch screen is facing upwards.

Note: Measurements are for reference only and not for medical purposes as this is not a medical grade equipment.



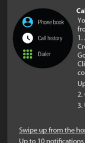
Sleep Monitor
Tap on the top button to enter the main menu. Tap on the sleep monitor option to review the sleep data of the previous night.
Once the sleep criteria is met, your watch Primia will start recording from 8 pm at night to 11 am in the morning the next day.
Once you lie down and watch dotects no movement for 30 minutes, It will start recording, and will stop recording if it detects excessive movement.

You can check the data on the app only after the awake criteria is met.

*Note: *For accurate sleep data recording, the asleep criteria has to be met which includes limited movement, wrist positions and angles, and more.*
**The awake criteria will be met only after it records some noticeable movement.*

Music Control Mode
Swipe left from the home screen thrice to go to the music player. You can play, pause, play previous, next, increase or decrease volume from here. Make sure the app and watch are connected with each other.The music app should run in foreground on your phone for this feature to work.

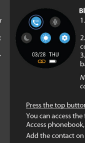
Note: This feature might not work for some of the Music Apps with different control protocols.



Call Menu
You can access your phonebook, call history and dialer from here.
1. Add your contacts on the phonebook from the boAt Crest app.
Go to Settings -> Bluetooth Calling -> Sync contacts -> Click on "+" sign from the top right corner to add the contacts.
Up to 20 contacts can be saved in the phonebook.
2. Call history will show the latest call details.
3. Use the dialer to dial any number.

Swipe up from the home screen to see your notifications:
Up to 10 notifications can be stored on the watch.

Swipe down to view the shortcut menu.
You can access Bluetooth Calling, Brightness, Do Not Disturb, Settings, and Vibrate Mode from here.



Bluetooth calling
1. This icon is to enable or disable the classic Bluetooth 3.0 which is used to make calls from the watch.
2. This will be enabled automatically when the call comes on the watch.
1. In idle mode, this option will be disabled to save the battery from draining.

Note: Battery will drain out fast if you are using bluetooth calling feature.

Press the top button once to enter the Main Menu.
You can access the following options from here:
Access phonebook, Call history and dialer from here.
Add the contact on your phonebook from the boAt Crest app.

Schedule
You can view the schedule reminders here.
To set the schedule reminder, go to boAt crest app -> settings -> schedule reminder

Activities
Access 11 sports mode from this option
Badminton, free training, running, treadmill, climbing, walking, cycling, spinning, yoga, basketball, football

Heart rate
Measure heart rate from here

Stress
Measure stress from here

Sleep
View your sleep records here

Activity record
View your daily activity records here

Blood Oxygen
Measure your SpO2 levels with this feature

Alarm
View all your alarms here. To set an alarm, go to boAt crest app -> settings -> Alarms

Music
Control your music player using this icon

Stopwatch
Trigger the stopwatch from here

Timer
Set the timer from here

Camera control
Access the remote camera control feature using this option. Press the "click" icon to control the camera on your phone from the watch.
Make sure the camera is opened on the boAt crest app.

Find my phone
Click on the icon to trigger find my phone option. The phone will start ringing once you tap on this
To stop, tap the play button.

Note: Your phone and watch should be connected and in bluetooth range for this function to work.

Settings
Access brightness, do not disturb, always on mode, system menu, about, download app from this feature.
Always on Display
After enabling this feature, the watch will always show the time on the screen.

Note: Battery will drain much faster once this is enabled.

Voice assistant
In order for this feature to work, make sure you initialize Bluetooth 3.0. Then tap on the assistant option. Once active, you can ask any questions.
The voice assistant will work along with your phone's assistant (Siri or Google.) The watch will then capture the results from your phone's voice assistant and send them to your watch.

Note: Make sure your phone is unlocked for this feature to work.

Press the bottom button once to enter the Sports Menu.
You can choose from 11 sports modes: Badminton, Free Training, Running, Treadmill, Climbing, Walking, Cycling, Spinning, Yoga, Basketball & Football.
To pause or stop the activity, press the bottom button once and choose.

Minimum of 3 minutes of exercise is required in order to store the data. Data will not be recorded for less than 3 minutes of exercise.
All records will be available on the app if you keep it synchronized.

PRODUCT PARAMETERS:

Model	Watch Primia
Screen Type	AMOLED 454*454px
Battery Capacity	240mAh
Net weight	45g
Bluetooth version	BTLO BLE + BT3.0
Working temperature	-20%-60℃
Charging time	2.5 to 3 hours
Working time	up to 7 days
Maximum transmit power	8dBm
Frequency band	2402—2480 MHz

Maintenance:

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.
Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.
For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQs
I can't connect my phone to the app.
1. Keep the boAt Crest app updated to the latest version
2. Close all the programs on the watch ➔ Stop and restart Bluetooth and GPS ➔ Connect again
3. Check and enable notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 13.0 and above.

My Watch Primia is receiving no alerts, texts, or phone calls
Make sure smart reminders on the app are on and synced to the Watch Primia.
Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

My Bluetooth keeps getting disconnected
1. Make sure there is not more than 7m distance between Bluetooth on the phone and the watch.

2. There is no obstacle in between the watch and the phone.

Which functions of the Watch Primia need Bluetooth to work?
Bluetooth Calling, Alarm Clock, Sports Mode, Call & Text Notifications, Music control, camera control, voice assistant need Bluetooth connectivity to work.

The calculated number of steps on the app and on the watch Primia are inconsistent
Ensure that your app and the watch Primia are synchronized.

Will it be okay to take a bath wearing the watch Primia?
The IP67 water resistance will only work under the following conditions:
(1) Maximum depth of water: 1 m (2) Maximum time for exposure to water: 30 minutes
The watch isn't suitable for hot baths, hot springs, saunas, snorkelling, diving, water skiing and other washing or deep-water activities with high-speed water flow.

Why is the Bluetooth Calling feature not working on the app?
Make sure your watch is connected to both your app and the phone Bluetooth. If not, search for BT 3.0 in the phone's bluetooth setting, pair the watch with it. Also, make sure call notification is enabled from the app.

In Idle mode, the watch will disable the classic Bluetooth 3.0 to save the battery.

SAFETY & PRODUCT INFORMATION

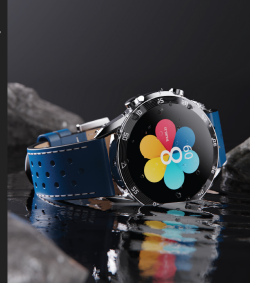
Battery
- Do not disassemble, burn or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning
- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green and flash. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.
- The device accessories, heart rate sensor, blood oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood oxygen data is for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to keep in mind
- Sync data everyday to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- The watch can support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight to daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Oil electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort you contribute to recycle valuable raw materials and treatment of toxic substances.

Charging norms & Precautionary Guidelines:-	
1) Charger/Brick/Adapter	: 5V 2A
Any other accessory can be paired up with the product as long as the specifications are as per above norms.