

USER MANUAL



Thank you for choosing the boAt Enigma Z30 as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail.

You may refer to these instructions for later use as well.



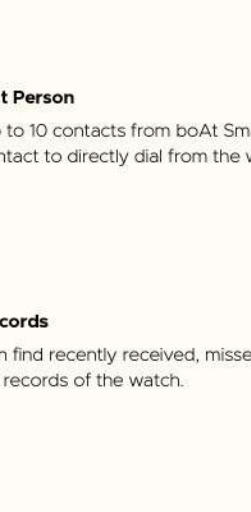
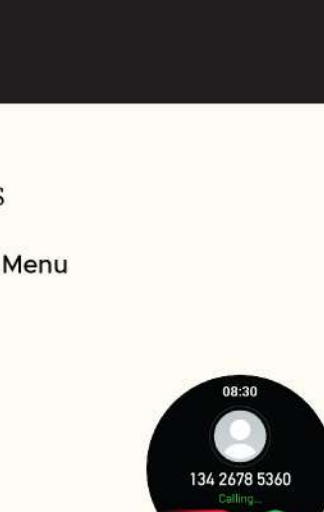
PACKAGE CONTAINS

- boAt Enigma Z30 x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2-3 hours to be fully charged.

Connect and charge the watch with the image below as a reference, using 5V/2A adapter.



TURNING THE WATCH ON/OFF

To turn the watch on/off, long-press the upper side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.

CONNECTING TO THE APP

1. Download the boAt Smartwear app on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above).



download & bind

Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Smartwear app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on
3. Select Enigma Z30 on the home screen of the app and click pair to connect.
4. Once connected, you will get an alert to connect with ENIGMAZ30\_BT, click pair if need to receive or make calls from the watch
5. To use all features of your Enigma Z30 seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.
6. Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Enigma Z30 is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note: Synchronize data at least once every day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

Short Press the Side Button for the Main Menu

**Dial**  
Use a dialer to dial any number from the watch.

**Contact person**  
Add up to 10 contacts from boAt Smartwear app. You can select any contact to directly dial from the watch.

**Call records**  
You can find recently received, missed, and outgoing call logs in the call records of the watch.

**Voice Assistant**  
Tap on this and pair the watch with the phone's Bluetooth and give the command from the watch.

**Data**  
Click on this to check your daily activity data like step count, calories, and distance covered.

**Workout**  
Choose from multiple sports modes like Walking, Running, Mountaineering, Riding, Basketball, Badminton, Football, Elliptical, Yoga, Table tennis, Jump Rope, Tennis, Baseball, Rugby, Hula hoop, Golf, Long Jump, Sit-ups, and volleyball.  
Tap on any sport mode to start the activity, and the watch will start recording the duration of the activity. Swipe right or short-press the side button to pause or stop the activity. The activity will not be recorded if it is less than 3 mins.

**Workout Records**  
Sync your smartwatch to the app to get a detailed record of your activities.

**Heart Rate**  
Wear the watch on your wrist... You and measure the heart rate. You can also view the data on the app.

**Sleep Monitor**  
Tap on the icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day. Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement. You can check the data on the app only after the awake criteria is met. You can also track sleep scores on the boAt Smartwear app.

**Blood Oxygen**  
Wear the watch on your wrist, and measure the blood oxygen. You can also view the data on the app.

**Messages**  
Tap on this icon to check your messages.

**Weather**  
Connect with the boAt Smartwear app to get daily weather updates on the watch.

**Women Health**  
Enable and set the details on the boAt Smartwear app and get alerts of your period and ovulation dates on the watch.

**Music**  
Tap on the remote music control icon on your watch to play music from your phone.

**Stopwatch**  
Click on this to start the stopwatch on your watch.

**Timer**  
Tap on this to turn on the timer.

**Set Time**  
Tap on this to set the date and time.

**Alarm clock**  
Tap on this to set an alarm on your watch.

**Business Card**  
Tap on this to add a QR code for WhatsApp, Facebook, Twitter, Instagram, and Skype.

**Calculator**  
Tap on this to do the calculations.

**Find My Phone**  
Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

**Settings**  
Change the menu style from here.

**Watch Face**  
Select and change the watch faces from here.

**Brightness**  
Tap on this to adjust the brightness.

**Screen Time**  
Adjust the screen time out from here.

**Raise to Wake**  
Enable this feature, to adjust the wake time.

**Battery**  
Tap on this icon to enable power saving mode.

**Vibration Intensity**  
Tap on this icon to adjust the vibration intensity to soft, strong or turn off the vibration.

**Language**  
Tap on this icon to set the language.

**QR Code**  
Scan and download the boAt Smartwear App from here.

**Password**  
You can enable the password option or change the password from here.

**SYSTEM**  
Shows the device details.

**Shut down**  
Tap on this to switch your watch off.

**Restart**  
Tap on this to reset watch data.

**Regulatory Information**  
Shows the device's regulatory details.

SWIPE UP TO ACCESS THE MESSAGES

You can check all the messages from here.

SWIPE DOWN TO ACCESS THE SHORTCUT MENU

You can access DND, Brightness, Settings, Phone, and BT Connection.

SWIPE LEFT TO ACCESS ALL DATA

You can access daily activity, heart rate, phone, and sleep. You can also customize the data according to your preferences.

SWIPE RIGHT TO ACCESS WIDGET CONTROL

You can access the widget control feature from here.

SIDE BUTTON FUNCTIONALITY

You can scroll up/down the main menu by rotating the side button. Short press the button to enter the main menu and double press to change themes.

PRODUCT PARAMETERS

MODEL	Enigma Z30
SCREEN TYPE	1.39" HD Display
BATTERY CAPACITY	200mAh
NET WEIGHT	67.1g
BLUETOOTH VERSION	5.0
WORKING TEMPERATURE	-20°C-60°C
CHARGING TIME	2 hours
WORKING TIME	7 days
WATER RESISTANCE	IP67
FREQUENCY BAND	No

Note: The net weight will differ according to different straps.

MAINTENANCE

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQ

Search for the app to connect keeps failing.

1. Keep the boAt Smartwear app updated to the latest version
2. Close all the programs on the watch → Stop and restart Bluetooth and GPS → Connect again
3. Check and enable the notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above.

My Watch Enigma Z30 is receiving no alerts, texts, or phone calls.

Make sure smart reminders on the app are on and synced to Enigma Z30. Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

Make sure app is running in the background and battery optimization feature on the phone is disabled.

My Bluetooth keeps getting disconnected.

1. Make sure there is not more than 10m distance between Bluetooth on the phone and the watch.
2. There is no obstacle between the watch and the phone.
3. Make sure the app is running in the background.

Which functions of Enigma Z30 need Bluetooth to work?

Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work.

Will it be okay to take a bath wearing Enigma Z30 ?

The IP67 water resistance will only work under the following conditions:  
(1) Maximum depth of water: 1m (2) Maximum time for exposure to water: 30 minutes  
The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
- The device tracks your daily activities throughout the day. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.
- The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood oxygen are for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to Keep in Mind

- Sync data everyday days to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.