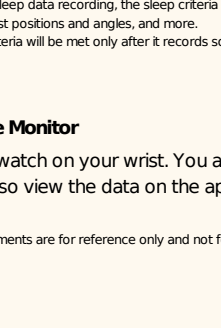
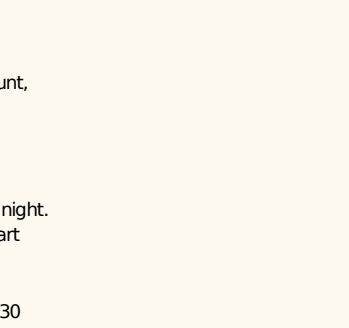


USER MANUAL

- boAt Enigma Z20 x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged.

Connect and charge the watch with the image below as a reference, using 5V/2A adapter.



To restart or turn the watch on/off, long-press the side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.

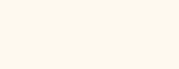
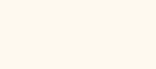
- Download the boAt Bridge app on your phone. Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 7.0 and above)



download & bind

Scan [QR CODE] (Also available on the watch)

- Connect the device with the boAt Bridge app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on
- Select Enigma Z20 on the home screen of the app and click pair to connect.
- Once connected, you will get an alert to connect with ENIGMAZ20_BT, click pair if need to receive or make calls from the watch.
- Use all features of your Enigma Z20 seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.
- Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

Data Synchronization

- Open the app on your phone.
- Make sure your Enigma Z20 is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note: Synchronize data at least once every day to avoid data loss in the watch.

Short Press the Side Button for the Main Menu

Activity Data

Click on this to check your daily activity data like step count, calories, and distance covered.

Sleep Monitor

Tap on the icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day.

Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement.

You can check the data on the app only after the awake criteria is met.

You can also track sleep scores on the boAt Bridge app.

Note:

- *For accurate sleep data recording, the sleep criteria have to be met which includes limited movement, wrist positions and angles, and more.
- *The awake criteria will be met only after 8 records some noticeable movement.

Heart Rate Monitor

Wear the watch on your wrist. You can measure the heart rate. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.

Blood Oxygen

Wear the watch on your wrist and measure the blood oxygen. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.

Sports

Choose from multiple sports modes like Outdoor Running, Indoor Running, Outdoor Walking, Yoga, Bike, Hiking, Ping-Pong, Badminton, Basketball, Football, Jump Rope and many more.

Tap on any sport mode to start the activity, and the watch will start recording the duration of the activity. Swipe right or short press the side button to pause or stop the activity. The activity will not be recorded if it is less than 3 mins.

Music Control

Tap on the remote music control icon on your watch to play music from your phone.

*Note: Some apps with different protocols might not work.

Camera Control

Tap on the camera icon on your smartwatch to click a photo from your phone.

*Note: Turn the camera on from your phone to use this feature.

Weather

Connect with the boAt Bridge app to get daily weather updates on the watch.

Notifications

Tap on the icon to check the messages.

Call Records

You can find recently received, missed, and outgoing call logs in the call records of the watch.

Frequent Contacts

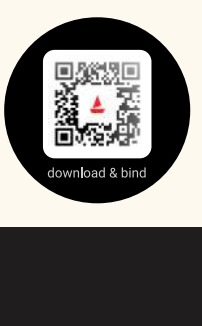
Add up to 300 contacts from boAt Bridge app. You can select any contact to directly dial from the watch.

Dialpad

Use a dialer to dial any number from the watch.

Voice Assistant

Tap on this to pair the watch with the phone's Bluetooth and give the command from the watch.



Alarm

Tap on this to set an alarm on your watch.



Breathe Training

Click on the breath exercises icon to regulate your breathing by doing the breathing exercise.



Calculator

Tap on this to do the calculations.



Timer

Tap on this to turn on the timer.



Stopwatch

Click on this to start the stopwatch on your watch.



Power Saving Mode

Tap on this icon to enable power saving mode.



Password

You can enable the password option or change the password from here.



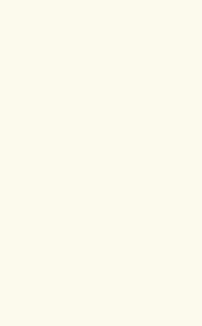
Find My Phone

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.

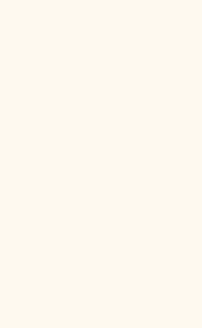
Flashlight

Tap on this to turn your dial into a flashlight.



Menu Style

Change the menu style from here. You can select from 5 different menu styles.



Female Wellness

Enable and set the details on the boAt Bridge app and get alerts of your period and ovulation dates on the watch.



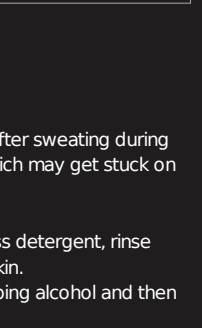
Game

Tap on this to play the games. Install the game from the boAt Bridge app. To install the games, go to the boAt Bridge app -> Go to Device panel -> Click on Somatosensory game. You will be able to see a list of games from which you can add according to your preference.



Download App

Scan and download the boAt Bridge App from here.



Screen Wake Up

Adjust the screen time out from here.

Language

Tap on this icon to set the language.

Brightness

Tap on this to adjust the brightness.

DND Mode

Tap on this icon for Do not disturb mode.

Note: The smartwatch will automatically turn into silent mode once the DND mode is enabled.

Notification Settings

Tap on this to enable vibration and light when you receive a notification.

Vibration

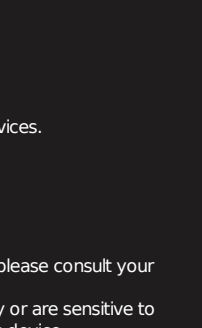
Tap on this icon to adjust the vibration intensity to medium, strong or turn off the vibration.

Ringtone Setting

Tap on this to set ringtone for notification, call and alarm.

Wake Gesture

Enable this feature, to adjust the wake time.



Timer Settings

Tap on this to set the date and time.

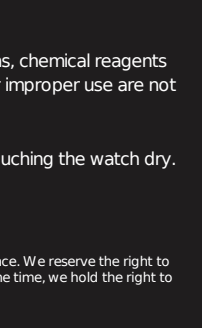
Restore Factory

Tap on this to reset watch data.

*Note: All data will be erased if the watch is reset.

Reboot

Tap on this to reboot the watch.



Power off

Tap on this to switch your watch off.

About

Shows the device details.

ENIGMAZ20BT

You can check your messages by swiping up.

You can access Dialpad, Find My Phone, BT Connection, App Download, Settings, Brightness, About, Self-draining, Menu Style, Bedside Mode and SOS

You can access heart rate, daily activity, and sleep. You can also customize the data according to your preferences.

You can access the widget control feature from here.

You can scroll up/down the main menu by rotating the side button. Short press the button to enter the main menu and double press to change themes.



	Enigma Z20
	1.51" HD Display
	270mAh
	50g
	BT3.0+BT5.0
	-20°C-60°C
	2 hours
	7 days
	IP68
	No

Note: The net weight will differ according to different straps.

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

Search for the app to connect keeps failing.

1. Keep the boAt Bridge app updated to the latest version
2. Close all the programs on the watch -> Stop and restart Bluetooth and GPS -> Connect again
3. Check and enable the notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above.

My Watch Enigma Z20 is receiving no alerts, texts, or phone calls.

Make sure smart reminders on the app are on and synced to Enigma Z20.

Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

Make sure app is running in the background and battery optimization feature on the phone is disabled.

My Bluetooth keeps getting disconnected.

1. Make sure there is not more than 7m distance between Bluetooth on the phone and the watch.
2. There is no obstacle between the watch and the phone.
3. Make sure the app is running in the background.

Which functions of Enigma Z20 need Bluetooth to work?

Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work.

Will it be okay to take a bath wearing Enigma Z20 ?

The IP68 water resistance will only work under the following conditions:

- (1) Maximum depth of water: 15m (2) Maximum time for exposure to water: 10 minutes
- The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.

- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

- The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood oxygen are for reference only. We're not responsible for any deviation in data.

- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to Keep in Mind

- Sync data everyday days to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.

- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.

ENIGMA

boat