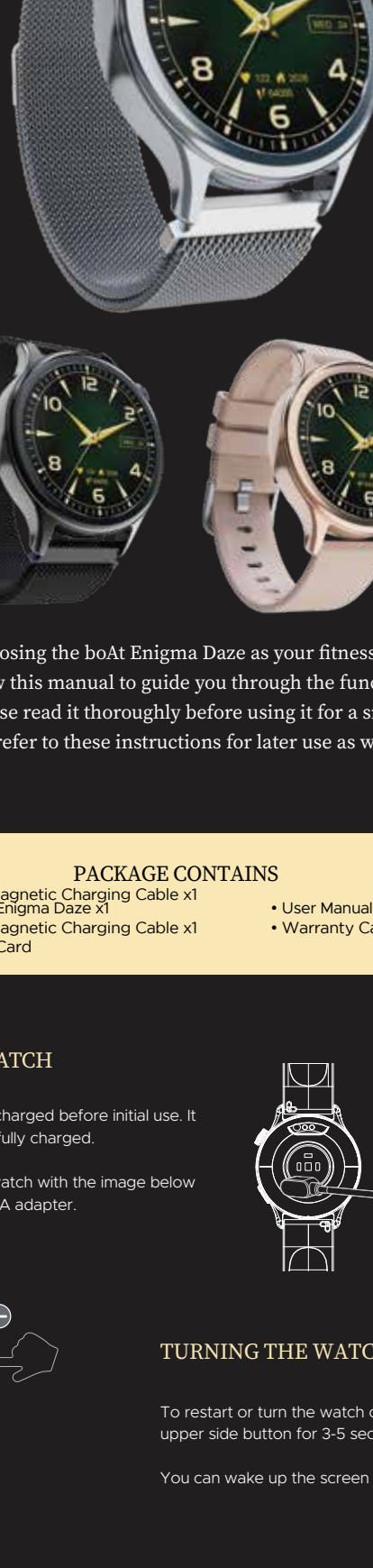


# USER MANUAL



Thank you for choosing the boAt Enigma Daze as your fitness transformation companion. Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.

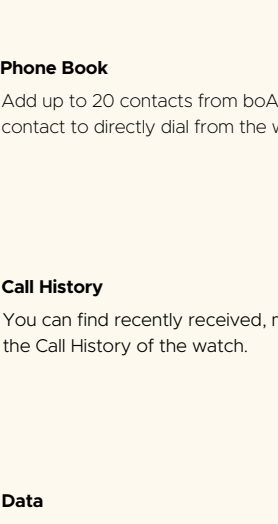
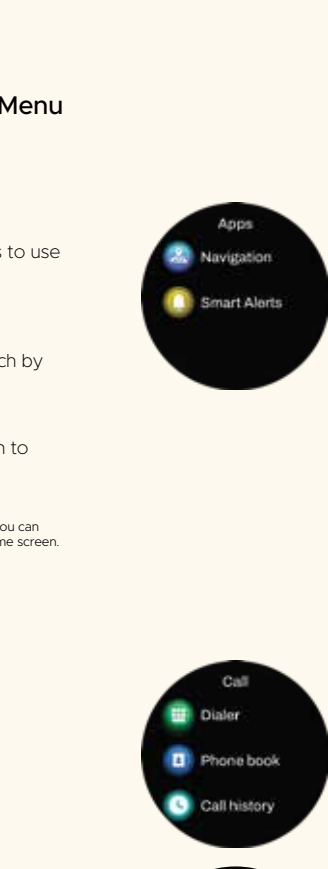
## PACKAGE CONTAINS

- USB Magnetic Charging Cable x1
- boAt Enigma Daze x1
- USB Magnetic Charging Cable x1
- Story Card
- User Manual x1
- Warranty Card x1

## CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 2 hours to be fully charged.

Connect and charge the watch with the image below as a reference, using 5V/2A adapter.



## TURNING THE WATCH ON/OFF

To restart or turn the watch on/off, long-press the upper side button for 3-5 seconds.

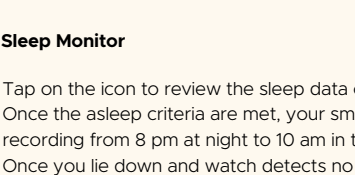
You can wake up the screen by lifting your wrist.

## CONNECTING TO THE APP

- Download the boAt Crest app on your phone. Available on both App Store (iOS 14.0 and above) and Google Play Store (Android 7.0 and above) OR



- Scan (QR CODE) (Also available on the watch)**
- Connect the device with the boAt Crest app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on
  - Select Enigma Daze on the app's home screen and click pair to connect.
  - Once connected, you will get an alert to connect with ENIGMADAZE\_XXXX, click pair if need to receive or make calls from the watch
  - To use all your Enigma Daze features seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.
  - Disable battery optimization



Note: To ensure connectivity throughout your journey, make sure the app is allowed to always run in the background of your phone.

## SYNCING YOUR SMARTWATCH TO THE APP

### Data Synchronization

- Open the app on your phone.
- Make sure your Enigma Daze is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note: Synchronize data at least once every day to avoid data loss in the watch.

## NAVIGATING THROUGH THE FUNCTIONS

### Short Press the Side Button for the Main Menu

#### Apps

#### Navigation

Tap on this to start navigating your route. Follow the steps to use this feature:

- Search your desired destination on the boAt Crest app.
- Then send navigation instructions to your boAt smartwatch by clicking on get directions.
- After clicking on it choose the navigate on watch option.
- Then follow step-by-step instructions on your smartwatch to reach your destination.

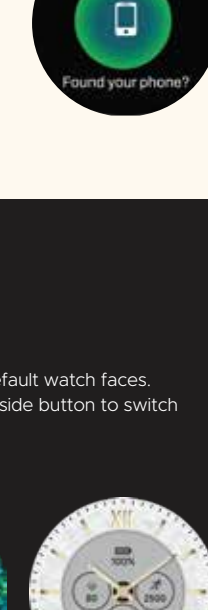


Note: The navigation is not shown in maps instead it is shown by direction arrows. You can access the last alert from the watch navigation menu or by swiping left from the home screen.

#### Call

#### Dialer

You can use the dialer to dial any number.



#### Phone Book

Add up to 20 contacts from boAt Crest app. You can select any contact to directly dial from the watch.



#### Call History

You can find recently received, missed, and outgoing call logs in the Call History of the watch.



#### Data

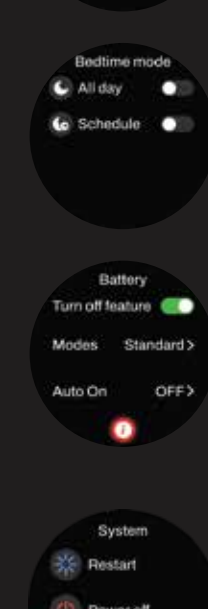
Click on this to check your daily activity data like step count, calorie and distance covered.



#### Activities

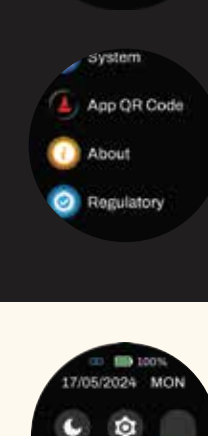
Choose from multiple sports modes like Walking, treadmill, Running, Badminton, Football, Basketball, Tennis, Yoga, Dancing, Cycling, Indoor Cycling, etc. The watch has 700+ activity modes.

Tap on any sport mode to start the activity, tap on start button, and the watch will start recording the duration of the activity. Swipe right to pause or stop the activity. The activity will not be recorded if it is less than 3 mins.



#### Activity Records

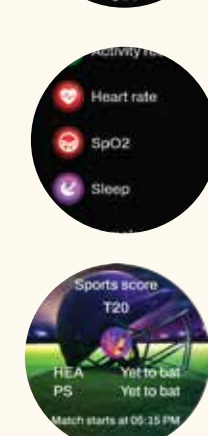
Sync your smartwatch to the app to get a detailed record of your activities.



#### Heart Rate Monitoring

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.



#### SpO2 monitoring

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.



#### Sleep Monitor

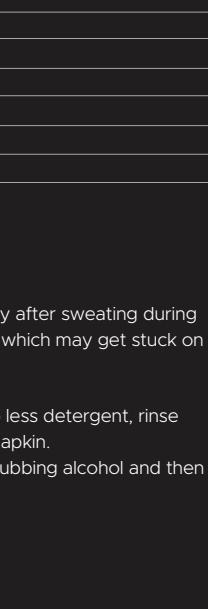
Tap on the icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day. Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement.

You can check the data on the app only after the awake criteria is met.

You can also track sleep scores on the boAt Crest app.

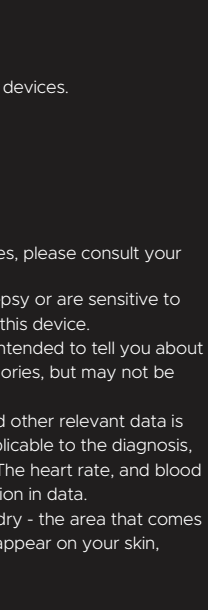
Note: \*For accurate sleep data recording, the asleep criteria have to be met which includes limited movement, wrist positions and angles, and more.

\*The awake criteria will be met only after it records some noticeable movement



#### Breath Exercise

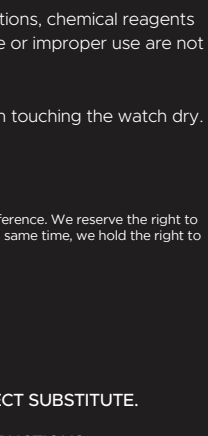
Click on the breath exercises icon to regulate your breathing by doing breathing exercises. You can set the time and intensity level of the exercise.



#### Camera Control

Tap on the remote camera icon on your smartwatch to click a photo from your phone.

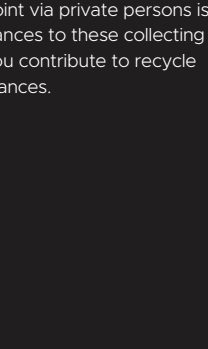
\*Note: Turn the camera on from your phone to use this feature



#### Music control

Tap on the remote music control icon on your watch to play music from your phone.

\*Note: Some apps with different protocols might not work.



#### Voice Assistant

Tap on this to enable the voice assistant feature and give the command from the watch.

Note: Make sure the watch is connected with the app



#### Weather

Connect with the boAt crest app to get daily weather updates on the watch.



#### Alarm

Tap on this to set an alarm on your watch.



#### Notifications

You can check all the notifications from here



#### Reminders

You can set any upcoming reminders from here.



#### Stopwatch

Click on this to start the stopwatch on your watch.



#### Timer

Tap on this to turn on the timer.



#### Flashlight

Tap on this to turn your dial into a flashlight.



#### Find Phone

Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

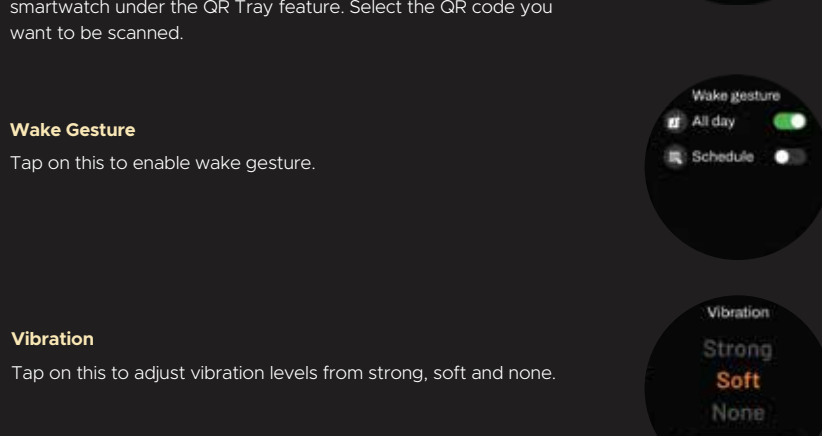
Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.



## SETTINGS

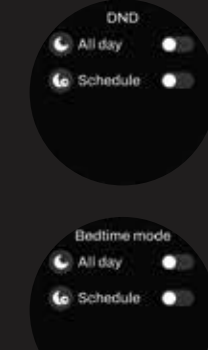
### Watch Faces

Tap on this icon to change your watch face. You can choose from 4 default watch faces. Alternatively, you can long press the home screen or rotate the upper side button to switch between the watch faces.



### Screen Sleep

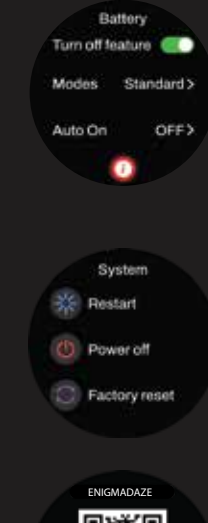
Tap on this and adjust the screen sleep time



### Always on Display

Click on this to enable always on display.

Note: The battery will drain quickly once this mode is enabled



### Ringtone

Tap on this to choose ringtone, adjust the volume and put the watch on silent mode.



### QR Tray

Tap on this to access the QR of different applications. You can transfer the QR code of metro ticket/pass, bus pass, UPI, social apps, and more into the smartwatch by adding the QR code in the boAt crest app. To add the QR code follow these steps:

- Click on "QR Tray" option in the boAt Crest app.
- To add a QR code, capture a screenshot of the QR code of the app you want to include.
- After this, you'll be able to find a collection of QR codes in the smartwatch under the QR Tray feature. Select the QR code you want to be scanned.



### Wake Gesture

Tap on this to enable wake gesture.



### Vibration

Tap on this to adjust vibration levels from strong, soft and none.



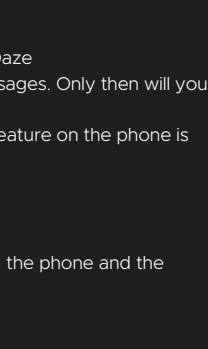
### Do not Disturb

Tap on this to turn on the Do Not Disturb mode.



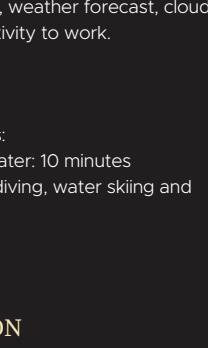
### Bedtime Mode

Click on this to schedule your bedtime.



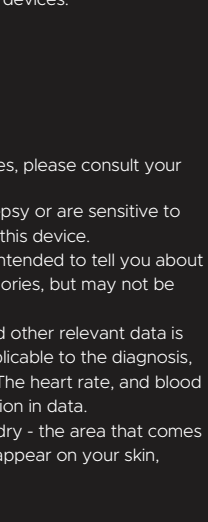
### Battery Saver Mode

Tap on this icon to enable power-saving mode.



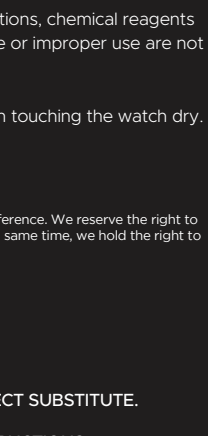
### System

Tap on this to restart, factory reset or to power off the smartwatch.



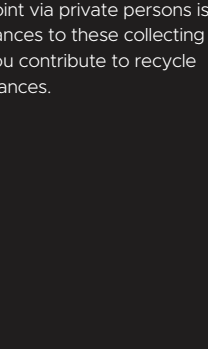
### App QR Code

Tap on this and scan the barcode from mobile to connect the smartwatch.



### About

Shows the device details.



### Regulatory

Shows the device's regulatory details.



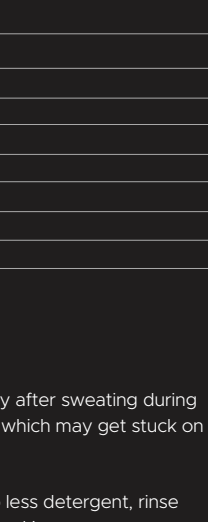
## SWIPE DOWN FOR THE SHORTCUT MENU

You can access DND, Settings, SOS, Phone, Brightness, Battery Saver, Silent Mode, Wake Gesture, Always on Display, Bedtime, Off/Restart, and Find my phone.



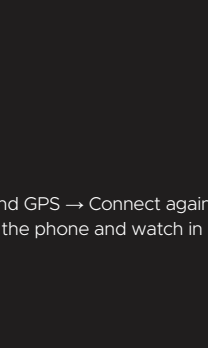
## SWIPE LEFT OR RIGHT TO ACCESS ALL DATA.

You can access navigation, QR Tray, steps, heart rate, SpO2, sleep, female wellness, music, weather, notifications, and call. Alternatively, you can swipe right to go back to previous tab.



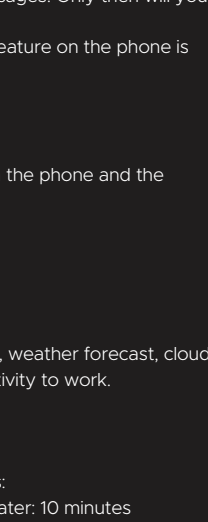
## SWIPE UP TO ACCESS SPORTS SCORE.

You can check live cricket & football scores over here.



## UPPER SIDE BUTTON FUNCTIONALITY

Short press this upper side button to enter main menu. Rotate the side button to navigate through the main menu or rotate it from the home screen to switch to the watch faces.

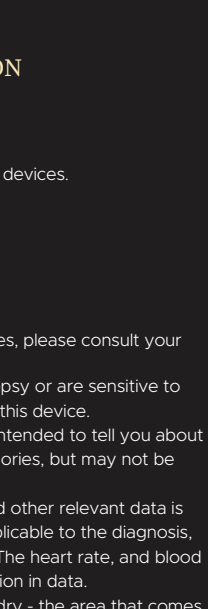


## LOWER SIDE BUTTON FUNCTIONALITY

Short press the lower side button to enter activities mode. Long-press the side button to make an SOS call. Follow these steps to activate the SOS feature:

- Open the boAt Crest app on your device.
- Navigate to the "Home Dashboard."
- Locate the "Top Features" section on the dashboard.
- In the "Top Features," you will find the "SOS" feature. Click on it to access the SOS functionality.
- To initiate an SOS call, perform a long press on the side button of your smartwatch.

Note: You can add an emergency contact through the boAt Crest app.



## PRODUCT PARAMETERS

MODEL	boAt Enigma Daze
SCREEN TYPE	1.3" TFT Display
BATTERY CAPACITY	200mAh
NET WEIGHT	56g
BLUETOOTH VERSION	Bluetooth 5.3
CHARGING TIME	2 hours
WORKING TIME	3-7 days
WATER RESISTANCE	IP67

## MAINTENANCE

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

## FAQ

### Search for the app to connect keeps failing.

- Keep the boAt Crest app updated to the latest version
- Close all the programs on the watch → Stop and restart Bluetooth and GPS → Connect again
- Check and enable the notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 14.0 and above.

### My Enigma Daze is receiving no alerts, texts, or phone calls.

Make sure smart reminders on the app are on and synced to Enigma Daze. Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications. Make sure app is running in the background and battery optimization feature on the phone is disabled.

### My Bluetooth keeps getting disconnected.

- Make sure there is not more than 7m distance between Bluetooth on the phone and the watch.
- There is no obstacle between the watch and the phone.
- Make sure the app is running in the background.

### Which functions of Enigma Daze need Bluetooth to work?

Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work.

### Will it be okay to take a bath wearing Enigma Daze ?

The IP67 water resistance will only work under the following conditions:  
 (1) Maximum depth of water: 1.5m (2) Maximum time for exposure to water: 10 minutes  
 The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

## SAFETY & PRODUCT INFORMATION

### Battery

- Do not disassemble, bore or damage the battery.
- Water resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Do not use sharp objects to remove the battery.

### Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate sensor.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.
- The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate, and blood oxygen are for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch too tightly. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

### Things to Keep in Mind

- Sync data everyday days to avoid data loss.
- Water resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

## CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.