



# **COMMERCIAL FREEWEIGHT FEATURES**

With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn. From adjustable benches to a Dual Action Smith Machine, each piece of CF equipment is geared towards optimal user performance and outstanding results. Features like effortless equipment adjustments, the option to perform multiple exercises on one machine and durable framework are sure to attract new members and keep current members coming back for more.

#### Convenience

- Ratcheting Adjuster System:
   Allows for quick and easy seat adjustments
   to accommodate varying user sizes
- Easy Step Through Design:
   Speeds up workout and allows for user to quickly enter/exit the machine
- Integrated Scuff Guards & Rubber Foot Protectors:
   Protect the machine's frame finish and facility floor
- Polyurethane Covers For Bar Rack-Outs:
   Provide protection for the Olympic Bar and reduce noise
- Permanently Anchor All CF Products In Place: To maximize user safety

# Sleek & Appealing

- Large Radius Sweeps (bends):
   Adds beauty as well as frame rigidity
- Customizable Upholstery & Frame Color: Allows you to personalize your equipment to better fit the look of your facility

# **Comfort & Durability**

- Head Support & Oversized Handles:
   Provide a more comfortable and secure workout
- Round Tube Frame:
   Provides unsurpassed strength and durability





# PREACHER CURL

### CF-3550

- 60° pad angle increases resistance while decreasing elbow strain
- Seven adjustable ratcheting seat positions to accommodate varying user heights
- Two bar rack-out positions
- Polyurethane covered bar rack-outs to protect the barbell and frame
- Maximum exercise weight capacity: 600 lbs (272 kg)



(Weight bars NOT included)

# STANDING PREACHER CURL

- Ratcheting preacher pad adjusts easily and quickly to accommodate varying user sizes
- Two-sided pad to accommodate two different curl positions (angled / vertical)
- · Walk-up design for easy entry and exit
- Polyurethane covered drop-rails to protect the barbell and frame
- Maximum exercise weight capacity: 400 lbs (181 kg)



(Weight bars NOT included)



# **FLAT/INCLINE BENCH**

#### CF-3160

- Six adjustable back pad positions from 0°, 15°, 30°, 45°, 60° and 80° for incline and flat bench exercises
- Five adjustable ratcheting seat positions accommodate varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage
- Maximum exercise weight capacity: 1,000 lbs (454 kg)



# SUPER ADJUSTABLE FLAT/DECLINE BENCH

- Five angled positions adjust in 5° increments from 0° to -20° for flat and decline bench exercises
- Multi-purpose design also allows for abdominal bench exercises
- Self-aligning roller pads accommodate varying leg lengths







# SUPER FLAT/INCLINE/DECLINE BENCH

### CF-3165

- Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises
- Gas-shock assisted seat easily adjusts into five seat positions for varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- · Self-aligning roller pads provide leg support during exercises
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage
- Maximum exercise weight capacity: 1,000 lbs (454 kg)



# **INCLINE LEVERAGE ROW**

### CF-3661-A

- No adjustment necessary
- Multiple grip positions (narrow / wide) for exercise variation
- · Polyurethane covered exercise bar
- · Dual position foot plates for varying user heights
- Maximum exercise weight capacity: 600 lbs (272 kg)





## FLAT OLYMPIC BENCH

#### CF-3170-A

- Angled frame uprights match the natural arc of the exercise movement
- Two start / finish rack points for varying user heights
- Polyurethane covered bar rack-outs and weight racks to protect the Olympic Bar and frame
- Incorporates eight weight plate storage points
- Maximum weight storage capacity: 900 lbs (408 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)



## **INCLINE OLYMPIC BENCH**

### CF-3172-A

- Angled frame uprights match the natural arc of the exercise movement
- 30° angle on back pad for incline bench exercises
- Eight adjustable ratcheting seat positions to accommodate varying user heights
- Two start / finish rack points for varying user heights
- Polyurethane covered bar rack-outs and weight racks to protect the Olympic Bar and frame
- Integrated foot rests provide proper exercise alignment
- Integrated spotter stand
- Incorporates eight weight plate storage points
- Maximum weight storage capacity: 900 lbs (408 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# **FLAT BENCH**

### CF-3163

- · Tripod frame design provides greater stability
- Removable non-skid foot pads
- Bench height: 16.95" (43 cm)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)



# **OLYMPIC DECLINE BENCH**

#### CF-3177-A

- Angled frame uprights match the natural arc of the exercise movement
- -15° angle on back pad for decline bench exercises
- Adjustable and self-aligning leg roller pads to accommodate varying leg lengths
- Two start / finish rack points for varying user heights
- Polyurethane covered bar rack-outs and weight racks to protect the Olympic Bar and frame
- · Incorporates eight weight plate storage points
- Maximum weight storage capacity: 900 lbs (408 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# **MILITARY PRESS**

- · Five adjustable seat heights
- Six adjustable ratcheting back pad positions
- One rear facing start / finish rack point and two forward facing start / finish rack points for varying user heights
- Permanent safety tiers for user safety
- Polyurethane covered bar rack-outs and weight racks to protect the Olympic Bar and frame

- Integrated foot rests provide proper exercise alignment
- Integrated spotter stand
- Integrated weight storage with six weight plate holders
- Maximum weight storage capacity: 740 lbs (336 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# 3-WAY OLYMPIC FLAT/INCLINE/DECLINE BENCH

### CF-2179-B

- Ten adjustable back pad positions from -15° to 30° in 5° increments to accommodate incline, flat and decline bench exercises
- Integrated dual position foot rests to allow proper exercise positions
- 16 linear adjustments to accommodate varying user heights
- Spotter stand provides more leverage and better positioning
- Incorporates 12 weight plate holders for easy storage
- Maximum weight storage capacity: 870 lbs (395 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# **UTILITY STOOL**

## CF-3950

- Tripod frame design provides greater stability
- Integrated carrying handle
- Bench height: 16.88" (43 cm)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)



# **UTILITY BENCH**

- Tripod frame design provides greater stability
- Integrated foot rests allow for proper exercise alignment
- Bench height: 36.64" (93 cm)
- Maximum exercise weight capacity: 800 lbs (363 kg)





# **VERTICAL KNEE RAISE/DIP**

### CF-3252-A

- Two sets of hand grips for dip and vertical knee raise exercises
- Angled arm rests offer stable positioning for vertical knee raise exercises
- · Angled dip handles accommodate varying user widths
- Optional Fitness Tree CF-3962-A attachment provides additional exercises (sold separately)
- Maximum exercise weight capacity: 400 lbs (181 kg)



# **FITNESS TREE**

#### CF-3962-A

- Two sets of hand grips for dip and vertical knee raise exercises
- Upper hand grips for neutral and wide pull-up exercises
- Integrated rock climbing holds offer an exciting exercise variation
- Angled arm rests offer stable positioning for vertical knee raise exercises
- · Angled dip handles accommodate varying user widths
- Maximum exercise weight capacity: 400 lbs (181 kg)





## **BACK HYPER**

### CF-3663

- Four adjustable ratcheting angle positions ranging from 35° to 50° in 5° increments
- 10 adjustable ratcheting thigh pad positions to accommodate varying user heights
- Polyurethane covered weight racks
- Contoured foot rests and leg roller pads provide lower body stabilization
- · Integrated weight plate holders on base of frame
- Maximum exercise weight capacity: 600 lbs (272 kg)
- Maximum weight storage capacity: 90 lbs (41 kg)



# **AB BENCH**

- Seven adjustable angle positions ranging from 10° to -20° in 5° increments
- Easy to use, gas-shock assisted angle adjustments for flat, incline and decline exercise positions
- Self-aligning leg roller pads accommodate varying leg lengths
- Maximum exercise weight capacity: 800 lbs (363 kg)





# **ANGLED LINEAR LEG PRESS**

- Back pad adjusts to five different positions
- Assist bar positioned on foot plate for easy entry/exit
- Dual turn lock-outs for user safety
- Fully enclosed linear bearing allows for a smooth and quiet motion
- Polyurethane covered weight racks to protect frame and reduce noise

- Can accommodate up to 26 weight plates on integrated exercise weight horns
- Integrated weight storage
- Maximum weight storage capacity: 720 lbs (327 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# **7 DEGREE SMITH**

- 7° angle on linear exercise movement
- EZ-LOC LATCHING MECHANISM<sup>™</sup> automatically locks and unlocks weight bar and safety stops
- Easy one-handed adjustable safety stops
- Polyurethane covered weight racks to protect frame and reduce noise

- Incorporates ten weight plate holders for easy storage
- Starting weight of Olympic Bar: 25 lbs (11 kg)
- Maximum weight storage capacity: 1,350 lbs (612 kg)
- Maximum exercise weight capacity: 540 lbs (245 kg)





# **POWER CAGE**

### CF-3364-A

- 20 available adjustment points at 2.5" increments with adjustable bar rack-outs for varying user heights
- Adjustable safety tiers with front Olympic Bar rack-out
- Integrated pull-up station with rock climbing holds
- Polyurethane covered weight racks to protect frame and reduce noise
- Integrated weight storage
- Maximum weight storage capacity: 940 lbs (426 kg)
- Maximum exercise weight capacity: 540 lbs (245 kg)





# **SQUAT RACK**

### CF-3367-A

- Five start / finish rack points for varying user heights
- Permanent safety tiers
- Front rack-outs for shoulder shrug and dead lift exercises
- Polyurethane covered bar rack-outs and weight-racks to protect the Olympic Bar and frame
- Integrated weight storage with ten weight plate holders
- Maximum weight storage capacity: 900 lbs (408 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)





# **DUAL ACTION SMITH®**

- Racking system provides nine positions for Smith exercises
- Dual Action technology produces simultaneous horizontal and vertical bar movement
- Adjustable safety tiers
- Polyurethane covered weight racks to protect frame and reduce noise
- Travel distance of horizontal bar movement: 30.25" (77 cm)
- Travel distance of vertical bar movement: 63.50" (161 cm)
- Starting weight of Olympic Bar: 52 lbs (24 kg)
- Incorporates ten weight plate holders for easy storage
- Maximum weight storage capacity: 1,350 lbs (612 kg)
- Maximum exercise weight capacity: 540 lbs (245 kg)





# **BARBELL RACK**

### CF-3465-A

- Unique upright frame design provides convenience for easy barbell access
- Polyurethane covers for bar rack-outs to protect the barbell and frame
- Incorporates ten barbell holders for organized storage
- Maximum weight storage capacity: 1,500 lbs (680 kg)



(Barbell weights are NOT included)

## **ACCESSORY RACK**

- Ten bar rackouts for varying sized bars
- Two padded trays for loose accessories
- Polyurethane covers for bar rack-outs to protect the barbell and frame
- Maximum weight storage capacity: 300 lbs (136 kg)





# **WEIGHT PLATE STORAGE SYSTEMS**

HOIST® Fitness has a variety of weight plate storage systems to keep any workout area clean and organized. The compact and space efficient designs of the weight storage systems are built with maximum strength and durability.

## **OLYMPIC PLATE TREE**

#### CF-3443

- Incorporates eight impact-resistant plastic covered weight pegs for easy storage
- Optional Olympic Bar Holders CF-OPT-02 (Maximum 2 per unit - sold separately)
- Maximum weight storage capacity: 1,500 lbs (680 kg)



(Weight plates and Olympic Bar NOT included)

# **4-SIDED OLYMPIC PLATE TREE**

#### CF-3444

- Incorporates 12 impact-resistant plastic covered weight pegs for easy storage
- Optional Olympic Bar Holders CF-OPT-02 available (Maximum two per unit sold separately)
- Maximum weight storage capacity 1,500 lbs (680 kg)



(Shown with optional Olympic Bar Holder CF-OPT-02) (Weight plates and Olympic Bars NOT included)



# **DUMBBELL RACKS**

Engineered specifically for PRO style dumbbells to provide organized storage while requiring minimum floor space of any fitness facility. As always, HOIST CF dumbbell racks are designed with strong and durable arched tiers to provide a larger weight capacity.

## **3-TIER DUMBBELL RACK**

#### CF-3461-3

- Foot clearance under bottom tier for easy access and added safety
- · Polypropylene covered weight saddle
- Stores up to ten dumbbells on each tier (15 pairs total)
- Height of top tier: 38.63" (98 cm)
- Maximum weight per tier: 1,400 lbs (635 kg)
- Maximum weight storage capacity: 4,200 lbs (1,905 kg)





## 2-TIER DUMBBELL RACK

#### CF-3461-2

- Foot clearance under bottom tier for easy access and added safety
- · Polypropylene covered weight saddle
- Stores up to ten dumbbells on each tier (10 pairs total)
- Height of top tier: 29.00" (74 cm)
- Maximum weight per tier: 1,400 lbs (635 kg)
- Maximum weight storage capacity: 2,800 lbs (1,270 kg)

### 1-TIER DUMBBELL RACK

#### CF-3461-1-A

- Stores up to ten dumbbells on each tier (5 pairs total)
- Polypropylene covered weight saddle
- Height of top tier: 29.00" (74 cm)
- Maximum weight per tier: 1,400 lbs (635 kg)
- Maximum weight storage capacity: 1,400 lbs (635 kg)





# **BEAUTY BELL & BARBELL RACKS**

Engineered specifically for beauty bells and barbells to provide organized storage while requiringminimum floor space of any fitness facility. As always, HOIST CF dumbbell racks are designed with strong and durable arched tiers to provide a larger weight capacity.

### 3-TIER BEAUTY BELL RACK

#### CF-3462-3

- Foot clearance under bottom tier for easy access and added safety
- Polypropylene covered weight saddle
- · Designed to hold up to 50 lbs (23 kg) beauty bells
- Stores up to eight beauty bells on each tier (12 pairs total)
- Height of top tier: 37.50" (95 cm)
- Maximum weight per tier: 400 lbs (181 kg)
- Maximum weight storage capacity: 1,200 lbs (544 kg)



(Beauty bell and barbell weights are NOT included)

# **2-TIER BEAUTY BELL RACK**

#### CF-3462-2

- · Polypropylene covered weight saddle
- Designed to hold up to 50 lbs (23 kg) beauty bells
- Stores up to eight beauty bells on each tier (8 pairs total)
- Height of top tier: 37.50" (95 cm)
- Maximum weight per tier: 400 lbs (181 kg)
- Maximum weight storage capacity: 800 lbs (363 kg)





# **STANDARD COLORS**



Actual frame and upholstery colors may differ from color samples shown.

PRODUC <sup>-</sup>	ГNАМЕ	LENGTH	WIDTH	HEIGHT	WEIGHT	MAX. STORAGE	MAX. CAPACITY
CF-2179-B	-WAY OLYMPIC FLAT/INCLINE/DECLINE BENCH	95.24" (242 cm)	64.75" (164 cm)	56.00" (142 cm)	384 lbs (174 kg)	870 lbs (395 kg)	1,000 lbs (454 kg)
CF-3160	FLAT/INCLINE BENCH	53.00" (135 cm)	33.00" (84 cm)	20.00" (51 cm)	104 lbs (47 kg)	N/A	1,000 lbs (454 kg)
CF-3162	SUPER ADJUSTABLE FLAT/ DECLINE BENCH	61.75" (157 cm)	30.75" (78 cm)	27.75" (70 cm)	97 lbs (44 kg)	N/A	1,000 lbs (454 kg)
CF-3163	FLAT BENCH	51.25" (130 cm)	32.75" (83 cm)	16.95" (43 cm)	53 lbs (24 kg)	N/A	1,000 lbs (454 kg)
CF-3165	SUPER FLAT/INCLINE/ DECLINE BENCH	57.00" (145 cm)	33.00" (84 cm)	20.00" (51 cm)	121 lbs (55 kg)	N/A	1,000 lbs (454 kg)
CF-3170-A	FLAT OLYMPIC BENCH	72.00" (183 cm)	67.50" (171 cm)	53.00" (135 cm)	203 lbs (92 kg)	900 lbs (408 kg)	1,000 lbs (454 kg)
CF-3172-A	INCLINE OLYMPIC BENCH	73.50" (187 cm)	67.50" (171 cm)	57.00" (145 cm)	254 lbs (115 kg)	900 lbs (408 kg)	1,000 lbs (454 kg)
CF-3177-A	OLYMPIC DECLINE BENCH	84.00" (213 cm)	67.50" (171 cm)	53.00" (135 cm)	240 lbs (109 kg)	900 lbs (408 kg)	1,000 lbs (454 kg)
CF-3252-A	VERTICAL KNEE RAISE/DIP	54.25" (138 cm)	34.25" (87 cm)	67.50" (171 cm)	178 lbs (81 kg)	N/A	400 lbs (181 kg)
CF-3264	AB BENCH	64.50" (164 cm)	30.00" (76 cm)	38.00" (97 cm)	103 lbs (47 kg)	N/A	800 lbs (363 kg)
CF-3355	ANGLED LINEAR LEG RESS	97.25" (247 cm)	61.25" (156 cm)	78.25" (199 cm)	590 lbs (268 kg)	720 lbs (327 kg)	1,000 lbs (454 kg)
CF-3364-A	POWER CAGE	71.00" (180 cm)	86.25" (219 cm)	91.00" (231 cm)	434 lbs (197 kg)	940 lbs (426 kg)	540 lbs (245 kg)
CF-3367-A	SQUAT RACK	69.00" (175 cm)	65.25" (166 cm)	77.00" (196 cm)	310 lbs (141 kg)	900 lbs (408 kg)	1,000 lbs (454 kg)



PRODUCT I	NAME	LENGTH	WIDTH	HEIGHT	WEIGHT	MAX. STORAGE	MAX. CAPACITY
CF-3443	OLYMPIC PLATE TREE	30.00" (76 cm)	33.25" (84 cm)	53.25" (135 cm)	84 lbs (38 kg)	1,500 lbs (680 kg)	N/A
CF-3443	OLYMPIC PLATE TREE W/ 1 CF-0PT-02 OLYMPIC BAR HOLDER	30.00" (76 cm)	36.50" (93 cm)	53.25" (135 cm)	89 lbs (40 kg)	1,280 lbs (581 kg)	N/A
CF-3443	OLYMPIC PLATE TREE W/ 2 CF-OPT-O2 OLYMPIC BAR HOLDER	30.00" (76 cm)	39.75" (101 cm)	53.25" (135 cm)	94 lbs (43 kg)	1,280 lbs (581 kg)	N/A
CF-3444	4-SIDED OLYMPIC PLATE TREE	45.00" (114 cm)	45.00" (114 cm)	51.25" (130 cm)	123 lbs (56 kg)	1,500 lbs (680 kg)	N/A
CF-3444	4-SIDED OLYMPIC PLATE TREE W/ 1 CF-OPT-02 OLYMPIC BAR HOLDER	43.50" (110 cm)	43.50" (110 cm)	51.25" (130 cm)	128 lbs (58 kg)	1,500 lbs (680 kg)	N/A
CF-3444	4-SIDED OLYMPIC PLATE TREE W/ 2 CF-OPT-02 OLYMPIC BAR HOLDER	43.50" (110 cm)	43.50" (110 cm)	51.25" (130 cm)	133 lbs (60 kg)	1,500 lbs (680 kg)	N/A
CF-3461-1-A	1-TIER DUMBBELL RACK	98.27" (250 cm)	27.00" (69 cm)	29.00" (74 cm)	170 lbs (77 kg)	1,400 lbs (635 kg)	N/A
CF-3461-2	2-TIER DUMBBELL RACK	98.27" (250 cm)	27.00" (69 cm)	29.00" (74 cm)	175 lbs (79 kg)	2,800 lbs (1,270 kg)	N/A
CF-3461-3	3-TIER DUMBBELL RACK	98.20" (249 cm)	27.25" (69 cm)	38.63" (98 cm)	268 lbs (122 kg)	4,200 lbs (1,905 kg)	N/A
CF-3462-2	2-TIER BEAUTY BELL RACK	26.00" (66 cm)	55.00" (140 cm)	37.50" (95 cm)	135 lbs (61 kg)	800 lbs (363 kg)	N/A
CF-3462-3	3-TIER BEAUTY BELL RACK	26.00" (66 cm)	55.00" (140 cm)	37.50" (95 cm)	157 lbs (71 kg)	1,200 lbs (544 kg)	N/A
CF-3465-A	BARBELL RACK	34.98" (89 cm)	33.56" (85 cm)	54.75" (139 cm)	150 lbs (68 kg)	1,500 lbs (680 kg)	N/A
CF-3466	ACCESSORY RACK	23.81" (60 cm)	42.86" (109 cm)	49.27" (125 cm)	215 lbs (98 kg)	300 lbs (136 kg)	N/A
CF-3550	PREACHER CURL	46.70" (119 cm)	33.69" (86 cm)	36.52" (93 cm)	87 lbs (39 kg)	N/A	600 lbs (272 kg)
CF-3555	STANDING PREACHER CURL	43.39" (110 cm)	32.00" (81 cm)	39.21" (100 cm)	145 lbs (66 kg)	N/A	400 lbs (181 kg)
CF-3661-A	INCLINE LEVERAGE ROW	73.23" (186 cm)	44.82" (114 cm)	48.00" (122 cm)	170 lbs (77 kg)	N/A	600 lbs (272 kg)
CF-3663	BACK HYPER	49.45" (126 cm)	30.75" (78 cm)	34.23" (87 cm)	120 lbs (54 kg)	90 lbs (41 kg)	600 lbs (272 kg)
CF-3753	7 DEGREE SMITH	42.00" (107 cm)	88.28" (224 cm)	87.25" (222 cm)	663 lbs (301 kg)	1,350 lbs (612 kg)	540 lbs (245 kg)
CF-3754	DUAL ACTION SMITH®	95.50" (243 cm)	89.00" (226 cm)	83.50" (212 cm)	824 lbs (374 kg)	1,350 lbs (612 kg)	540 lbs (245 kg)
CF-3860	MILITARY PRESS	60.00" (152 cm)	69.00" (175 cm)	70.0" (178 cm)	310 lbs (141 kg)	740 lbs (336 kg)	1,000 lbs (454 kg)
CF-3950	UTILITY STOOL	30.00" (76 cm)	27.75" (70 cm)	16.88" (43 cm)	25 lbs (11 kg)	N/A	1,000 lbs (454 kg)
CF-3960	UTILITY BENCH	49.00" (124 cm)	30.00" (76 cm)	36.64" (93 cm)	54 lbs (24 kg)	N/A	800 lbs (363 kg)
CF-3962-A	FITNESS TREE	54.25" (138 cm)	48.25" (123 cm)	97.75" (248 cm)	216 lbs (98 kg)	N/A	400 lbs (181 kg)



# **WARRANTY POLICY**

HOIST® Fitness offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST® Fitness warranties this product to the original purchaser only. HOIST® Fitness guarantees this product to be free from defects in workmanship and/ or materials under normal use or service. FOR COMPLETE WARRANTY INFORMATION, VISIT HOISTFITNESS.COM AND CLICK ON THE "SUPPORT" LINK. Warranty policy applies to defects from the manufacturer only.

HOIST® Fitness reserves the right to change product specifications, design, and function at any time.

### TRADEMARKS AND PATENTS

HOIST® Fitness products are covered by U.S. Patents, Patents Pending and Trademarks. HOIST is a registered trademark. All Rights Reserved.†

- HOIST®
- ACT NOW<sup>®</sup>
- CABLE-DRIVEN™
- CLUB QUALITY GUARANTEED®
- COMPOSITE MOTION™
- DUAL ACTION SMITH®
- EASY GLIDE
- EZ-LOC LATCHING MECHANISM™
- FEEL THE RIDE®
- GLUTEMASTER®
- HOIST CLASSIC®

- QUIK-CHANGE®
- RADIAL LOC®
- RIDE ORIENTED CIRCUIT-INTERVAL TRAINING™
- RIDE ORIENTED CONDITIONING®
- RIDE ORIENTED
- CONDITIONING SYSTEM®
- RIDE ORIENTED CONDITIONING-INTENSITY TRAINING™

- RIDE ORIENTED XERCISE®
- ROC®
- ROCS®
- ROX®
- ROC-IT®
- ROC-ABS®
- SILENT STEEL<sup>®</sup>
- SPLIT WEIGHT CABLING™
- ULTRA-LITE LIFTING SYSTEM\*
- DUAL SERIES™

D427,652, D431,059, D431,615, D437,370, D437,371, D438,267, D439,292, D439822, D439,943, D440,610, D444,190, D444,518, D446,440, D456,831, D456,862, D457,580, D511,726, D513,598, D518,861, D519,585, D519,864, D526,370, D528,023, D528,172, D533,608, D536,046, D539,857, D541,357, D541,358, D541,893, D542,868, D544,050, D545,383, D556,842, D561,276, D569,459, D569,926, D574,448, D574,449, D577,234, D578,584, D579,989, D583,426, D590,032, D746,388, D797,757, D807,446, D807,447, D808,475, D818,547, 5,683,334, 5,733,233, 5,800,321, 5,807,219, 5,916,072, 5,951,444, 5,961,428, 5,980,434, 6,004,247, 6,193,635, 6,264,586, 6,319,178, 6,338,701, 6,347,777, 6,409,637, 6,443,878, 6,491,606, 6,491,609, 6,497,639, 6,551,226, 6,561,960, 6,579,213, 6,605,022, 6,988,977, 7,052,444, 7,166,066, 7,316,634, 7,322,906, 7,322,911, 7,331,911, 7,335,140, 7,361,125, 7,384,381, 7,393,309, 7,749,143, 7,468,024, 7,544,156, 7,549,880, 7,549,949, 7,563,209, 7,563,214, 7,594,880, 7,597,655, 7,601,187, 7,641,600, 7,654,938, 7,654,940, 7,670,269, 7,713,179, 7,717,832, 7,731,638, 7,749,372, 7,766,802, 7,806,809, 7,815,555, 7,867,149, 7,878,953, 7,901,335, 7,901,337, 7,909,743, 7,938,760, 7,963,890, 7,976,440, 7,981,010, 7,988,603, 7,993,251, 8,002,679, 8,007,411, 8,021,070, 8,057,368, 8,162,807, 8,172,732, 8,177,693, 8,257,231, 8,308,620, 8,317,665, 8,328,698, 8,562,496, 8,702,573, 8,734,304, 8,852,060, 8,870,720, 8,915,667, 8,926,480, 9,017,238, 9,126,081, 9,925,448, 9,943,721, 9,950,210, 9,968,819, 9,999,797, 10,010,740

† Other Patents Pending

