

# XC-3MAP

The 3-Module Accessory Package includes all the tools required to train up to 8 individuals at one time. This pairs well with any X-Create system with 3 Storage Modules like the one shown on the right. Torque recommends a 600 ft<sup>2</sup> (55.7 m<sup>2</sup>) training area for this package.



\* See below for actual accessories included.

# XCSW-3M

The X-CREATE 3-Module Storage/Suspension system below is designed to hold this accessory package. Additional functional modules and attachments can be added for more diverse training.



P/N	DESCRIPTION	QUANTITY
DBRH-10LB/4.5KG	DUMBBELL, RUBBER HEXAGON - 10 LB/4.5 KG	4
DBRH-15LB/6.8KG	DUMBBELL, RUBBER HEXAGON - 15 LB/6.8 KG	4
DBRH-20LB/9.1KG	DUMBBELL, RUBBER HEXAGON - 20 LB/9.1 KG	4
DBRH-25LB/11.3KG	DUMBBELL, RUBBER HEXAGON - 25 LB/11.3 KG	4
DBRH-30LB/13.6KG	DUMBBELL, RUBBER HEXAGON - 30 LB/13.6 KG	4
DBRH-35LB/15.9KG	DUMBBELL, RUBBER HEXAGON - 35 LB/15.9 KG	4
CBT-20	TORPEDO BAG, 20 LB/9.1 KG TORQUE	1
CBT-40	TORPEDO BAG, 40 LB/18.2 KG TORQUE	1
CS	CORE SLIDES (QUANTITY 2)	2
XPP-12	PLYOPROTECT, 12 IN (30 CM)	2
XPP-18	PLYOPROTECT, 18 IN (46 CM)	2
SBTP-55	STABILITY BALL, 55 CM TORQUE PRO - SILVER	2
SBTP-65	STABILITY BALL, 65 CM TORQUE PRO - BLACK	2
RHDF-6-36	ROLLER, HIGH DENSITY FOAM TORQUE - 6 X 36 INCHES	8
KBTC-8KG/18LB	KETTLEBELL, TORQUE CAST IRON - 8 KG/17.6 LB	6
KBTC-12KG/26LB	KETTLEBELL, TORQUE CAST IRON - 12 KG/26.4 LB	6
KBTC-16KG/35LB	KETTLEBELL, TORQUE CAST IRON - 16 KG/35.2 LB	6
KBTC-20KG/44LB	KETTLEBELL, TORQUE CAST IRON - 20 KG/44.1 LB	4
KBTC-24KG/53LB	KETTLEBELL, TORQUE CAST IRON - 24 KG/52.9 LB	4
KBTC-28KG/62LB	KETTLEBELL, TORQUE CAST IRON - 28 KG/61.7 LB	2
KBTC-32KG/70LB	KETTLEBELL, TORQUE CAST IRON - 32 KG/70 LB	2
KBTC-36KG/80LB	KETTLEBELL, TORQUE CAST IRON - 36 KG/80 LB	2
KBTC-40KG/88LB	KETTLEBELL, TORQUE CAST IRON - 40 KG/88 LB	2
WBT-6LB/2.7KG	WALL BALL, 6 LB/2.7 KG TORQUE	2
WBT-8LB/3.6KG	WALL BALL, 8 LB/3.6 KG TORQUE	2
TBR-CN30	TORQUE BATTLE ROPE, NYLON COVER 1.5 INCHES (38.1 mm) X 30 ft (9.1 m)	2
TSLB-1	STRENGTH LOOP BAND, TORQUE #1 5-35 LB 41 INCH (RED)	2
TSLB-2	STRENGTH LOOP BAND, TORQUE #2 10-60 LB 41 INCH (PURPLE)	2
TSLB-3	STRENGTH LOOP BAND, TORQUE #3 25-80 LB 41 INCH (GREEN)	2
LPW	POWER WHEEL, LIFELINE	2
SS-4	STEP, STACKABLE - 4 INCH (10.1 CM)	3
SS-6	STEP, STACKABLE - 6 INCH (15.2 CM)	3
TRQ-STRAPS-BLUE	PRO SUSPENSION STRAPS	3
HMT-24-72	HANGING MAT, TORQUE .59 X 72 X 24 IN (15 X 1830 X 610 MM)	6
AL-15-9	AGILITY LADDER, 12 IN (4.6 M) 9 RUNG	1
AC-2Y-12	AGILITY CONES, 2" (5 CM) HIGH YELLOW (SET OF 12)	1
JR-8FH	JUMP ROPE, 8 FT (2.4 M) FOAM HANDLE - GREEN	3
JR-9FH	JUMP ROPE, 9 FT (2.7 M) FOAM HANDLE - RED	3
JR-10FH	JUMP ROPE, 10 FT (3.0 M) FOAM HANDLE - BLACK	3
XBRAP	BATTLE ROPE ANCHOR POLE	2