

# Zinc (120 Tablets)

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 [lilyandloafinternational.com/products/zinc](https://lilyandloafinternational.com/products/zinc)

## *Nature's Sunshine*

Needed for a vast array of health benefits including the synthesis of proteins and good immune function

£ 9.95 GBP

1601

- 4-month supply
- An essential mineral that is a component of more than 300 enzymes
- Zinc is an antioxidant, which contributes to the protection of cells from oxidative stress
- Zinc contributes to normal cognitive function, normal fertility and reproduction
- Zinc is used for the normal maintenance of bones, hair, skin, vision, and the normal function of the immune system
- Suitable for vegans & vegetarians
- Full 90-day money-back guarantee

## Did You Know?

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More zinc is found in the body than any other trace element except for Iron. Relatively large amounts are found in bone and muscle, and it's also prevalent in the prostate and retina, so this trace mineral is extremely important to overall health. However, zinc seems to be easily lost from the system.

## How will Zinc benefit me?

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Zinc is an essential mineral that is a component of more than 300 enzymes, and supports a wide range of health benefits including, good immune function, tissue healing and repairing wounds. Zinc is also an antioxidant which contributes to the protection of cells from oxidative stress. Zinc is used for the normal maintenance of bones, hair, skin, vision, and the normal function of the immune system. It is used for protein synthesis, and it also maintains the normal metabolism of carbohydrates, fatty acids, macro nutrients and vitamin A. Zinc contributes to normal cognitive function, normal fertility, and reproduction, and is required in threshold amounts to maintain normal levels of testosterone. Pregnant and lactating women require extra zinc. Nature's Sunshine's Zinc is derived from zinc gluconate, and each tablet contains 15mg, which is 150% of the daily Nutrient Reference Value. For more efficient absorption, and for maximum benefit, it is combined in a rich, natural base of kelp plant, alfalfa herb and thyme herb.

## Why should I buy from Lily & Loaf?

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Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensure that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant,

independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course, our 90-day money back guarantee!

## **90-Day Money Back Guarantee**

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We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you may return your unused product or empty container to us within 90 days for a full refund. What have you got to lose?

## **Simple & Fast Worldwide Delivery**

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We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk-free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

## **Ingredients**

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Zinc gluconate, kelp leaf & stem (*Ascophyllum nodosum*, *Laminaria digitata*), alfalfa aerial parts (*Medicago sativa*), thyme leaf (*Thymus vulgaris*). Bulking agent; di-calcium phosphate, anti-caking agents; microcrystalline cellulose, magnesium stearate.

## **Nutritional Information**

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Nature's Sunshine's Zinc is derived from zinc gluconate, and each tablet contains 15mg, which is 150% of the daily Nutrient Reference Value.

## **Recommended Use**

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Take one tablet daily with a meal.

Do not exceed the stated recommended daily dosage.

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.