

# Vitamin E 400IU (30 Vegetable Capsules)

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 [lilyandloafinternational.com/products/vitamin-e-400iu](https://lilyandloafinternational.com/products/vitamin-e-400iu)

*Lily and Loaf*

Contributes to the protection of cells from oxidative stress

£ 13.00 GBP

2117

- Contributes to the protection of cells from oxidative stress
- Supports the immune system
- Easy-to-Swallow Capsule
- Allergen Free Suitable for Vegans & Vegetarians
- Full 90-day money-back guarantee

## How can Vitamin E 400IU help me?

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Lily & Loaf's vitamin E supplement provides 400iu (268mg) of high-quality vitamin E (d alpha-tocopherol) per capsule, which offers powerful antioxidant properties to protect cells from oxidative stress (free radical damage).

Our bodies are constantly battling against free radicals, which are naturally formed by the body when converting food into energy, but our daily environment; pollution, chemicals, stress, sunlight and even exercise; also triggers free radical activity.

This formula offers a natural form of Vitamin E which has the highest biological activity and is most abundant in the human body where it is required for a range of functions including immune support, reinforcing our body's defences.

Antioxidant vitamin E is great for the skin too. It protects cells from oxidative stress and helps to defend the skin from the signs of early ageing, defying the appearance of fine lines and wrinkles, and helping to keep skin fresh and supple.

## Why should I buy from Lily & Loaf?

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Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensures that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant, independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course our 90-day money back guarantee!

## 90-Day Money Back Guarantee

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We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you

may return your unused product or empty container to us within 90 days for a full refund. What have you got to lose?

## Simple & Fast Worldwide Delivery

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We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

## Ingredients

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Vitamin E (D-alpha-tocopherol succinate) 400iu (268mg), rice flour. Vegetable cellulose (capsule)

<b>Profile</b>	<b>per capsule</b>
Vitamin E	400iu (268mg)
(D-alpha-tocopherol succinate)	

## Recommendation

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Take one capsule daily with a meal.

Do not exceed the stated recommended daily dosage.

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.