

# Shake It Up SynerProTein

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 [lilyandloafinternational.com/products/shake-it-up-synerprotein](https://lilyandloafinternational.com/products/shake-it-up-synerprotein)

*Nature's Sunshine*

Superb nutrient rich shake for those on the move

Contains: 1 x SynerProTein Original, 1 x TNT Fibre Drink, 2 x Zambroza, 1 x Protein Shaker

£ 92.80 GBP

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- Energy, Protein, Fibre, Antioxidants & FREE SHAKER.
- 30-Day supply
- SYNERPROTEIN - non-GMO soya with full range of amino acids
- TNT - More fibre than a kilo of fruit & veg
- ZAMBROZA - Rich in Polyphenols & Flavonoids
- Full 90-day money-back guarantee

## How do I use the Shake It Up products?

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Our protein and fibre rich shake packs a powerful antioxidant punch. The protein will contribute to the growth and maintenance of muscle mass, and the maintenance of normal bones whilst the added fibre will aid regularity and high fibre diets have also been shown to reduce the risk of certain health conditions. The extra burst of antioxidants not only adds a natural sweetness but also helps protect your cells from damage caused by natural body processes, lifestyles, and environmental and chemical pollutants plus your skin will start to look great too!

## SynerProTein - What are the benefits?

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SynerProTein provides 18g of soya protein per serving and is a great source of all nine essential amino acids. It's produced from non-genetically modified soya, which has been shown in studies to have many health benefits for the cardiovascular systems. The formula is combined with cruciferous vegetables, vitamins, minerals, and herbs to aid absorption. Contains no dairy, wheat, gluten, cholesterol, yeast, or artificial additives. Delicious vanilla flavour and only 121 calories per serving

## TNT - What are the benefits?

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One serving of TNT contains more fibre and nutrients than a kilo of fresh fruit and vegetables and has a great orange taste that the whole family can enjoy. Contains Vitamin C to help protect against free radical damage, maintain the normal functioning of the immune system and nervous system, and normal collagen formation.

## Zambroza - What are the benefits?

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Nature's Sunshine has harvested the most healthful fruits and natural extracts from around the world and combined them into this unique delicious, nutritious juice that has been specially formulated to neutralise excess free radicals. This unique juice blend not only tastes great but gives

your body what it needs to enjoy maximum health and long-lasting vitality - not only will you feel revitalised, but these antioxidants have a powerful effect on the health of the skin helping you to look great too.

## Why should I buy from Lily & Loaf?

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Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensures that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant, independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course our 90-day money back guarantee!

## 90-Day Money Back Guarantee

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We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you may return your unused product or empty container to us within 90 days for a full refund. What have you got to lose?

## Simple & Fast Worldwide Delivery

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We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

## Ingredients

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**SynerProTein Ingredients:** For full list of ingredients and information please see the product fact sheet [HERE](#)

Note: This product contains vitamin A in the form of retinol. Pregnant women or those likely to become pregnant must not take more than one serving daily, except on the advice of a doctor or ante-natal clinic.

Allergy advice: contains soya

**TNT Ingredients:** For full list of ingredients and information please see the product fact sheet [HERE](#)

This product contains vitamin A in the form of retinol. Do not take if you are pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.

Allergy advice: contains milk, soya and cereals containing gluten. See ingredients on fact sheet in bold.

**Zambroza Ingredients:** For full list of ingredients and information please see the product fact sheet [HERE](#)

## Recommended Use

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## 'Shake It Up' Recipe

You will need:

- 1 x scoop of SynerProTein Original
- 1 x scoop of TNT
- 1 x 30ml shot of Zambroza
- 8 fluid oz Water

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.