

Peppermint Oil (5ml)

 lilyandloafinternational.com/products/peppermint-oil

Nature's Sunshine

A popular herb with traditional use dating back thousands of years

£ 9.95 GBP

1706

- Peppermint (mentha x piperita) has a strong, minty aroma, and has cooling and stimulating properties
- Add to hot or cold water for a soothing, refreshing drink
- Nature's Sunshine provides only pure, unadulterated Peppermint oil, and a little goes a long way!
- Many people put a touch of Peppermint Oil on their temples to help with a headache
- Full 90-day money-back guarantee

How will Peppermint Oil benefit me?

This popular flavouring has a variety of uses in herbal tradition, and its use goes back thousands of years. A couple of drops can be added to a glass of water or a cup of hot water for a soothing, refreshing after-meal drink as well as a digestive aid. Or just as a refreshing morning pick-me-up! Peppermint (mentha x piperita) has a strong, minty aroma, and has cooling and stimulating properties - a spot of peppermint oil on the temples can be used to 'clear the head' and help to soothe tension. It can also be added to bathwater for a refreshing, cooling effect. Nature's Sunshine sells only pure, unadulterated Peppermint oil, and a little goes a long way!

Is Peppermint Oil suitable for everyone?

Peppermint Oil is not suitable for use during pregnancy or for use on children under two years of age. It may irritate skin, so avoid contact with eyes, nose, and other sensitive areas.

Why should I buy from Lily & Loaf?

Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensure that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant, independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course, our 90-day money back guarantee!

90-Day Money Back Guarantee

We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you may return your unused product or empty container to us within 90 days for a full refund. What

have you got to lose?

Simple & Fast Worldwide Delivery

We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk-free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

Ingredients

100% Peppermint Oil Aerial Parts

Note: Not suitable for use during pregnancy or on children under two years of age.

May irritate Skin. Avoid contact with eyes, nose, and other sensitive areas.

Recommended Use

Add one to two drops to hot or cold water for a refreshing drink, or digestive aid.

Do not exceed the stated recommend daily dosage.

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.