

# Licorice Root (100 Capsules)

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 [lilyandloafinternational.com/products/licorice-root](https://lilyandloafinternational.com/products/licorice-root)

## *Nature's Sunshine*

Used by traditional herbalists as a general supplement for the respiratory, digestive and glandular system

£ 12.95 GBP

420

- Licorice Root has adaptogenic, balancing properties
- Licorice is included in many Asian herb combinations to balance the other herbs and to promote vitality
- Full 90-day money-back guarantee

## How will Licorice Root help me?

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Also known as 'sweet root' licorice is well used as a confectionery flavouring, but its value goes far beyond that, and the medicinal use of Licorice goes back several thousand years.

Licorice root has been used by traditional herbalists as a general supplement, for respiratory support, and support of the liver and glandular system. Licorice is included in most Asian herbal combinations to balance the other herbs and to promote vitality. It has a reputation for bringing the entire body into balance and was used by Buddhist monks to clear the mind before meditation.

Licorice contains triterpenoid saponins, flavonoids, isoflavonoids, magnesium, silicon, sodium and other beneficial constituents. Flavonoids are polyphenolic compounds found in plants. They contain antioxidant properties that contribute to the protection of cells from oxidative stress.

## Is Licorice Root suitable for everyone?

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Licorice Root is not suitable for use during pregnancy or for those planning to conceive.

## Why should I buy from Lily & Loaf?

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Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensure that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant, independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course, our 90-day money back guarantee!

## 90-Day Money Back Guarantee

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We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you may return your unused product or empty container to us within 90 days for a full refund. What have you got to lose?

## Simple & Fast Worldwide Delivery

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We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk-free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

## Ingredients

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Licorice root (*Glycyrrhiza glabra*), capsule shell (gelatin, water). Anti-caking agents; magnesium stearate, silicon dioxide.

## Nutritional Information

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Each six capsules contain: Licorice root 2376 mg

## Recommended Use

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Take two capsules with a meal three times daily.

Do not exceed recommended daily dosage.

Note: Not suitable for use during pregnancy, or for those planning to conceive.

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.