

Calcium-Magnesium (120 Tablets)

 lilyandloafinternational.com/products/calcium-magnesium-1

Nature's Sunshine

£ 16.45 GBP

4702

- Calcium Magnesium formula was created by recognising that each mineral depends on the other for proper assimilation in the body
- Calcium is essential to the health of bones, teeth and muscles, and contributes to normal muscle function and neurotransmission
- Plays an essential role in normal blood clotting, and the normal function of digestive enzymes
- Magnesium activates more than 300 enzymes in the body
- Magnesium contributes to the maintenance of bones, teeth and normal muscle function
- Magnesium also plays a role in normal protein synthesis and contributes to a reduction in tiredness and fatigue
- Full 90-day money-back guarantee

How will Calcium Magnesium help me?

This synergistic blend containing 100% or more NRV of Calcium, Magnesium and Vitamin D, helps to maintain normal bones, teeth and muscles, and normal function of the immune system. This targeted formula recognises that each mineral depends on the other for proper assimilation in the body.

Calcium also contributes to normal muscle function and neurotransmission and plays an essential role in normal blood clotting, and the normal function of digestive enzymes. Magnesium activates more than 300 enzymes in the body. It also plays a role in normal protein synthesis and contributes to a reduction in tiredness and fatigue.

This combination also includes Vitamin D which contributes to normal blood calcium levels and the normal function of the immune system. Phosphorous, Zinc, Copper and Boron contribute to the normal function of the immune system.

These nutrients are combined with the specially formulated SynerPro® concentrate, which includes broccoli, carrot, red beet, rosemary, tomato, turmeric, cabbage, grapefruit and orange bioflavonoids, and hesperidin.

Look after your bones and they will look after you

Our bones and muscles never really stop growing and are constantly rebuilding and repairing themselves. To sustain this healthy growth the body needs a plentiful supply of important nutrients such as calcium, phosphorus, magnesium and vitamin D. A shortfall in calcium can cause bones to become weak and porous, which can lead to long term health problems.

Why should I buy from Lily & Loaf?

Lily & Loaf embrace a natural, holistic approach to health and beauty, and value equally daily nutrition for the body and nutritional care for the skin. These strict standards for top quality suppliers ensure

that every product is free from harmful toxins, pollutants and animal cruelty, but also crafted in accordance with the ethical and sustainability values held. Lily & Loaf offers only premium, natural, eco-friendly products that are free from questionable manufacturing methods used in many mass-produced products today. There is also great support from a brilliant, independent Advisory Board - a group of highly qualified and experienced scientists, herbalists, practitioners, and health consultants with a wealth of expert knowledge and experience. And of course, our 90-day money back guarantee!

90-Day Money Back Guarantee

We deliver the very best quality and service to all our customers and every product we sell has a no quibble 90-day money back guarantee. If you are not completely satisfied with your purchase, you may return your unused product or empty container to us within 90 days for a full refund. What have you got to lose?

Simple & Fast Worldwide Delivery

We offer a fast delivery service across the UK and indeed throughout the world. So, no matter where you live, buying from Lily & Loaf is a simple and risk-free process. Start your journey today with Lily & Loaf. We know that when you try our products, you'll become a Lily & Loaf lover too.

Ingredients

Di-calcium phosphate, magnesium oxide, calcium bis-glycinate, broccoli flowers (*Brassica oleracea* var. *italica*), zinc oxide, cabbage leaf (*Brassica oleracea* var. *capitata*), carrot root (*Daucus carota*), red beet root (*Beta vulgaris*), rosemary leaf (*Rosmarinus officinalis*), tomato fruit (*Solanum lycopersicum*), turmeric root (*Curcuma longa*), copper gluconate, sodium borate, grapefruit bioflavonoid extract, hesperidin bioflavonoid extract, orange bioflavonoid extract, vitamin D3 (cholecalciferol).
Microcrystalline cellulose, hydroxypropyl cellulose, carboxymethyl cellulose, magnesium stearate, stearic acid.

Nutritional Information

Four tablets provide the following nutrients in the SynerPro concentrate base:

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|------------|--------|
| Vitamin D | 5.0 µg |
| Calcium | 800 mg |
| Phosphorus | 500 mg |
| Magnesium | 400 mg |
| Zinc | 15 mg |
| Copper | 2 mg |
| Boron | 1 mg |

Recommended Use

Take 2 tablets with a meal twice daily.

Do not exceed the stated recommended daily dosage.

Food Supplements should not be used as a substitute for a balanced diet. Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication.