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Clementine Cointreau-rum baba

Created by Ryan Stevenson -



By chef Ryan Stevenson, Head chef Chocolate Academy Belgium

This recipe was crafted during a live tutorial at Callebaut Chocolate Academy, starring chef Ryan J. Stevenson. Here you can find the link to the video, in order to practice while listening to chef Ryan's indications:

https://www.youtube.com/watch?v=Adv08hwQqJk

- 1 Baba paste
- 2 Baba syrup
- 3 Mandarin cream
- 4 Mandarin whipped Ganache
- 5 Breton shortbread
- 6 Gold glazing

Recipe components

Baba paste

Ingredients

30 g yeast

65 g milk

500 g T55 flour

10 g salt

45 g sugar

400 g eggs

125 g melted butter

Preparation

- 1. Dissolve the fresh yeast in warm milk and pour on the mixing tank.
- 2. Mix the flour to make a Paste, then add salt and sugar.
- 3. Add the eggs little by little until a smooth and elastic homogeneous dough is obtained.
- 4. Then do the same with the butter.
- 5. Do a break time: 30 to 40 minutes.
- 6. Put the dough in the molds (shown in the video tutorial) and let it double in volume.
- 7. Bake at 190 °C in oven.

Baba syrup

Ingredients

500 g water

300 g sugar

200 g orange juice

100 g yellow lemon juice

200 g Cointreau

Preparation

- 1. Make boil water, sugar, orange juice and lemon juice together.
- 2. Add the alcohol at the end.

Mandarin cream

Ingredients

Preparation

Ingredients

600 g mandarin puree

50 g yellow lemon juice

90 g sugar

5 g Glazing stabilizer

18 g NH pectin

90 g egg yolks

140 g Butter 82% fat

Preparation

- 1. Mix the sugar with the pectin and stabilizer.
- 2. Add the egg yolks.
- 3. Bake at 82 °C, then add the butter.

Mandarin whipped Ganache

Ingredients

220 g milk

30 g orange concentrate

11 g glucose

390 g Callebaut - Finest Belgian White

Chocolate - Recipe N°

W2

500 g 35% fat liquid cream

20 g gelatin mass

Preparation

- 1. Heat the milk with the concentrate and glucose.
- 2. Melt chocolate and gelatin in the syrup then add the cream and let cool 24H.
- 3. Whip and use the Mandarin Ganache

Breton shortbread

Ingredients

Preparation

Ingredients

120 g egg yolks

264 g caster sugar

336 g softened butter

400 g T45 flour

4 g salt

16 g Baking powder

Preparation

- 1. Mix the egg yolks and sugar. Add the butter and mix again.
- 2. Stir in the flour, salt, baking powder and mix until you obtain a homogeneous paste.
- 3. Bake at 160 ° C during 15 minutes

Gold glazing

Ingredients

1000 g mandarin puree

167 g water

1000 g sugar

1000 g glucose

470 g gelatin mass

600 g Callebaut - Finest

Belgian Gold

Chocolate - Gold

500 g mirror glaze

Preparation

- 1. Boil the mashed mandarin, water, sugar and glucose up to 105 ° C.
- 2. Pour over the W2 chocolate and gelatin and mix well, then add the neutral mirror glaze, mix and boil up to 105°C
- 3. Use the Gold glazing at 40°C Finishing: use a cling film to make a mold for the Clementine Cointreaurum Baba, as shown in the tutorial video.