



# GUIDE

*plants, pots & lifestyle ideas*

*Find joy  
in Spring*

Enter our  
Spring Competition

**WIN \$200**  
shopping voucher

Details at store  
register

FIND JOY IN SPRING

# NEW beginnings

*by Lindy Wong*

Never has spring and renewal been as important as this year, and all the positive energy that comes with it. "The garden has its own energy and vitality," says

Lindy Wong, Eden Garden's visual merchandiser, "and the flowers, foliage and fragrance of spring in the garden revitalizes our soul".

Spring this year is all about down to earth simple styling.

Think terracotta, earth toned pastels, eclectic and tie-dyed textiles, dried palms fronds and grasses, twigs and lichens.

In the garden, it is time to spring clean your courtyard, grow your own food and try companion planting to work with nature. Gardening essentials include insect hotels, quality tools, and watering cans with personality.



# thank you

Thank you to our customers who supported us during this unprecedented time. We are so grateful to be able to help you with your gardening needs, and happy to meet some new customers too.





# THE POWER OF plants

The power of plants has been well documented. In addition to their air purifying super hero powers, there is the wellness benefits they bring to us in our daily lives.

Their lush green works to boost our mood, increase our productivity, help our concentration and make our creativity flow.

They reduce our stress levels, add an energy to our homes and offices and help reduce noise.

They remove the toxins from the air and help produce oxygen & increase humidity.

With our minds currently over run daily with worry, concern and uncertainty, surrounding yourself with things that bring joy should be a priority.

Immersing yourself in the beauty of nature or starting a new hobby to lose yourself in is something we take seriously at Eden Gardens & GRO Urban Oasis.

*Our plants instore are perfect for that new project*

Regardless of your space, we have the perfect plant to keep you company and offer a beautiful distraction.

Who needs a book club when you can have a plant club.

Zoom chat with your friends as you compare plant notes and brag about your babies growth!

*You can shop safely instore or online with us.*

[edengardens.com.au](http://edengardens.com.au) and [gro-urbanoasis.com.au](http://gro-urbanoasis.com.au)

Shopping online for the first time? Use the code SPRING to get 10% off online order

#edenplanthugs



**plants create  
healthy air**

*live more you*



# zoom

## in on the home office

*As we spend more time working from home, don't underestimate the calming qualities of a few potted 'work mates', that are not only great for our mental health, but also purify the air.*

*by Meredith Kirton*



RMIT crunched some numbers on 101 scientific articles relating to plants and their effect on our health and created what they call a Plant Life Balance Index.

They found that indoor plants can remove up to 90% of air pollution, by filtering toxins caused by organic chemicals in things like paint and furniture finishes, and that a variety of plants organised into groupings helps us destress.

So what plants make the best teammates? Stick to hardy, forgiving plants, like the flexible rubber plants, calming peace lilies, dependable Zanzibar gem, graceful kentia palm, tenacious pothos, or Devil's ivy, and the cast iron plant, which will weather any crisis. You might want to add a terrarium too...they will help you imagine a greener new world. All available in store now.



### CREATING YOUR ZOOM BACKDROP

Indoor plants are the new sensation in online meeting styling. They work well inside trailing from shelving and can be great in plant stands flanking your desk.

At Eden Gardens we have a range of great indoor plants for your home office, as well as amazing pots, watering cans, terrarium plants and containers, atomisers, fertilisers, pebble mulches and potting mixes to make your office as green as possible.

*Our tip*

Create a wellness corner with big floor cushions for yoga, some scented candles and naturally, some plants.

### FACT\*

1 plant makes the room  
25% cleaner.

5 plants make the air  
75% cleaner

10 plants have the maximum  
health & wellness effect.

\* Royal Melbourne Institute of Technology (RMIT) study 2018. Based on a 4m x 5m room





# biophilic design

*Plants are an integral part of the glue between the built environment and people*

*By Meredith Kirtan*

What's that, you might ask? It is a HUGE trend in architecture and landscape design at the moment. It's about creating good habitat for people's wellbeing within the built environment. Key to understanding it is focusing on what impact nature has on us, and adversely, what happens to us when deprived of the benefits of nature. It's a field pioneered by Stephen Kellert, a professor of social ecology at Yale University.

*Changi Airport in Singapore*

It might be the view of tree canopies from a highlight window, the use of green walls in a courtyard, living roofs on a building, or pot plants in your home. Incorporating natural materials, curved geometries and flowing forms reiterates this environmental aesthetic. Get the look and positive benefits ... just add plants! We have plant solutions for any tricky space; versi walls for vertical gardens, troughs for narrow areas and hangers when you need more room on the ground.

## Transition Zone

Monstera and Giant Bird of Paradise make a great transition plants, growing happily inside and out. Another great 'indoor' plant is Philodendron 'Xanadu', which is just as happy outside in the shade as indoors. Its deeply lobed, dark green leaves can be the perfect pot plant or mass planted outdoors under trees.



**20% OFF  
Monstera**  
in September

# Spring florals

## NEW WAYS WITH FLOWERS

Wide borders of flowering perennials may look great in English gardening magazines, but who has the time or space to craft such visions? Most of us have small spaces and a few pots, so BIG impact with year round form and texture are key ingredients for courtyard and balcony gardeners.



### Aloes

Succulent plants have stunning, bird attracting flowers and sculptural, succulent foliage, making them great choices for pots or difficult dry soils. They like full sun though to really thrive and flower well.



### Salvias

Drought tolerant, bee attracting, fragrant foliage and a variety of forms and flower colours make salvias one of the most versatile flowering plants. Great for groupings in pots or garden beds, with at least half a day's sun.



### Ornamental grasses

Whilst these don't have traditional flowers, their feathery blooms are beautiful waving in the breeze. Try adding purple fountain grass, and some of the new hybrid native Lomandra and Dianella, or some beautiful reeds and restios.

#showushowyougro

## the power four

### BOUGAINVILLEA • LAVENDER HYDRANGEA • ROSES

Spring slips away so quickly into summer, so get more wow for longer with flowers that continue to bloom into summer.

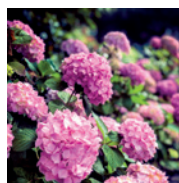


**20% off in Sept**

Roses from \$19.98

### Roses

Known for their long lasting flowering season, roses bloom right through till the end of autumn by pruning & feeding them.



Hydrangeas  
from \$24.98

### Hydrangeas

For shady courtyards hydrangeas are a must. The Endless Summer range will continue to flower through to autumn with regular deadheading.



**20% off in Sept**

Lavender  
from \$16.98

### Lavender

Lavender attracts bees, flowers for months and is incredibly fragrant, with calming essential oils. Perfect in full sun.



Bougainvilleas  
from \$19.98

### Bougainvillea

A drought tolerant sun lover that comes in climbing and dwarf varieties. Colours range from white, red, purple, pink, and lovely shades of apricot and tangerine.

## spring plant care ideas



Hydrangea blueing and  
pinking tonic \$14.98



Sudden Impact  
for Roses \$23.98





get healthy  
garden more

live more you

## born & bred australian native

*Drought tolerant, bird attracting, natives.*

*Who doesn't love them? With biodiversity in the garden more important than ever with habitat loss, why not plant some at your place?*

### THESE ARE OUR TOP 5 PICKS

**Grevilleas.** Are virtually non-stop in their flowering. Some have beautiful sprays up to 30cm long of flowers, others are tiny, dainty single spidery flowers. When all else has fails in the heat and dry, there will be the grevilleas, flowering and smothered in birds and bees. Cut flowers early for the best vase life.

**Kangaroo Paws** Breeding has given this genus greater capability in the garden, with colours and sizes for every situation, attracting birds great for encouraging biodiversity.

**Fanflowers** Also known as Scaevola, this trailing plant will cope in full sun and half shade. Perfect for pots, embankments, rockeries or baskets.

**Bottlebrush** Flowering twice a year, and tolerating drought and flood, bottlebrushes are a classic all-rounder. Birds love them, they are

great screening plants, and grow well in planter boxes. Red is traditional, but you can also get pink and white flowering varieties.

**Banksias** There are trailing banksias, dwarf bushy types and 4m tall trees, with stunning candle-like blooms that are nectar rich and great for bees and honey eaters. Most banksias will also tolerate coastal areas and last well as cut and dried flowers.



### Our tip

Bringing cut flowers inside is a great way of rewarding yourself for your gardening prowess; it also saves you dead heading them and will encourage more blooms.



### Best natives for pots

### HERE'S OUR GREEN TEAM FAVOURITES

Philotheca (syn. Eriostemon)  
Kangaroo Paw 'Bush Pearl'  
Fanflower Varieties like 'Mauve Clusters', 'Purple Fanfare' and 'Surdiva' white  
Banksia 'Roller Coaster', 'Birthday Candles', 'Pygmy Possum'  
Acacia 'Limelight' and 'Green Mist'  
Correa 'Chef's Hat', and 'Alba' Strawflowers

## AUGUST

*Our focus this month is on vegies and herbs, so check out our online talks.*



### **Flowers**

Look around you and it's impossible not to notice flowers everywhere and perfume heavy in the air. Start that kitchen garden project. Rejoice with the birds and plant a native, or encourage some bees with sensitive planting.

### **Feed**

Get a jump-start on spring and feed your garden. You can use bags of cow manure as a light top dressing on your edible garden, slow release lawn food on your lawn and citrus fertiliser on your citrus fruit. Indoor plants can have some Osmocote that is specially formulated for indoor plants.

### **Plant**

It's time to plant summer bulbs like lilliums, tuberoses, Jerusalem artichokes, water lilies, turmeric, galangal and ginger. If you have trouble with coriander seed it now directly into the soil. Herbs like dill, celeriac, parsley, fennel, chives, cress and borage can also go in. Flower seedlings of pansies and polyanthus are a great way of adding colour to pots, and in frost free areas plant summer flowering annuals.

### **Care**

Start mulching and bare beds and top up thinning areas so prevent weeds taking hold. Top-dress any low or bare patches in your lawn and sow seeds to cover them if necessary and watch for aphids and snails on fresh spring growth.

## SEPTEMBER

*Celebrating all things flowers this month.*



### **Flowers**

Weddings and wonders begin in earnest. Flowers flourish and there is a frenzy in the air as the new season activates our souls and reawakens our spirit. Smell the roses, walk barefoot on the grass and delight in nature's simple gifts – flowers.

### **Feed**

Feed fruit trees with a balanced all-purpose fertiliser. Feed roses with Sudden Impact. Plant summer vegetables you are raising yourself from seed into egg cartons or peat pots and transplant into the garden once frosts are over.

### **Plant**

Try cucumbers, zucchini, tomatoes, or if you want to experiment, try the 'three sisters' method of companion for planting climbing beans with sunflowers and squash. Silverbeet, lettuce, radish, spring onion and carrots can all be sown directly in situ.

### **Care**

Repot indoor plants and cymbidium orchids. Remove winter veg that have finished cropping and dig any peas and broad beans back into the soil to enrich. Pop in stakes for you tomatoes and climbing beans. Plant up a herb garden and mulch with WHOFLUNG DUNG by Neutro which is biologically activated and weed free.

**20% OFF**

GARDENIAS, ROSES  
& LAVENDER  
*September only*

Spring calendar

Shop safely  
instore  
or online  
with us.



## OCTOBER

*All about outdoor living this month so come and get inspired*



Sunshine and blue skies herald October. Enjoy visiting gardens, start getting your ready for outdoor living and revamp your tired potted plants. It is the ideal time for courtyard makeovers, balcony hacks and backyard blitzes.

### *Feed*

Pelletised manure to feed your rose bushes. Harry's Gardenia food is great for producing buds and flowers.

### *Plant*

Plant basil for a summer ahead of fragrant pesto and pasta sauces. Now the soil is warmer you can put in corn, eggplant, rosella, watermelon, rockmelon, okra, capsicum, chillies, dwarf and climbing beans, basil, passionfruit, sweet potatoes. It's also time to plant tropical fruit trees. Plan some Christmas colour now in your garden and plant some colourful begonias.

### *Care*

Prune back early spring flowering shrubs as they finish blooming to encourage bushy growth. Fruit fly can be a problem as the weather warms and soft fruit starts to ripen. Hang some fruit fly Eco-naturalure Fruit fly baits. Control weeds before they seed. Apply Eco oil on your gardenias and lilly pillies to treat scale insects. Keep climbers like jasmine and wisteria pruned back after flowering to keep them in check.

## NOVEMBER

*We're here to help you get Christmas ready.*



The last month of spring is like a slippery slide to summer and Christmas chaos. Preparation is key to summer survival, so if you haven't mulched, tidied and emptied your gutters yet (think bush fire preparedness) get to it! It's also a bright and breezy month with herbs flourishing and summer fruits and berries just starting on the scene.

### *Feed*

Liquid fertiliser your ferns for fantastic fresh fronds. Plant a passionfruit vine for summer fruit that is simple and easy to grow; trailing tomatoes and choko vines are other vertical options. For fast herbs, plant parsley and basil.

### *Care*

Protect soft fruit from fruit fly by wrapping each truss with an insect proof bag. Protect new growth on citrus from leaf miner using Eco Oil. Bushfire proof your garden with a good clean up and sweep up jacaranda flowers from pathways so they don't become slippery and hazardous.

# Style up

*Our new pot range starts from \$24.98*

*Come instore  
or go online  
to see our huge  
range of pots*



# Spring freshness



We're so excited to be back! Things are a bit different, but we are following Government guidelines to keep us all safe.

We are going back to nature with our menu, offering a simple, fresh and tasty selection of your favourites. We are so excited for all that season brings in Spring! .

*Featured above.  
Charred Broccolini, smash  
avo, feta and pomegranate*



*Plus* Our best selling  
scones are back.



## treat dad

FATHER'S DAY SEPT 6

We have special dad's day menu additions for breakfast & lunch. Hope you can join us.  
**Check instore & online for details**

## SOME HOT STUFF TO KICK OFF SPRING

Chillies range in flavour from blistering heat through to a mild sweet flavour. They are rated using the Scoville scale that goes up to 2,000,000.

They are useful for pots, table pieces and garden beds and borders, adding not just flavour but also colour.

All prefer a sunny, well-drained position that is frost free, and can be planted from spring through to autumn.



*We stock mild and OMG chillies to grow your own fire and spice!*

The great thing about chillies is the more you pick, the more you get...freeze, dry or jam them if you get too many.

So whether it's a Habanero or a Jalapeno, we have the chillies for your taste and cuisine.

*#showushowyougro*



## We're growing our own!

Keep a look out for our new herb & veggie beds.



# survival revival

Now is the time to start not only reaping your winter vegie harvest, but also planting for spring and summer. You can use crop rotation to your advantage too. For example, if you planted peas, they will have enriched the soil and made it perfect for leafy greens now, and if you planted cabbages and kale, maybe avoid potting in more Brassicas in that spot, and instead plant some fruiting plants like tomatoes or zucchini. Rotating your crops like this helps manage pests and nutrients in your patch. Of course, if you're using pots instead of plots, fresh potting mix will eliminate the need for this.

grow fresh  
stay healthy

*live more you*

## fruit & vegetable seasonal planting guide

PLANT	HARVEST	CARE
<b>AUGUST</b>		
Sow spring seeds in a raising kit for planting out seedlings mid-September.	Asparagus spears, Garlic	Watch for slugs and snails
Plant asparagus crowns and seed potatoes. Sow spring salad greens and spinach	Flowers for your salad like violas	Add manure to beds for spring
	Remaining citrus on your trees	Remember to rotate crops
		Cut off any citrus gall wasp
		Apply copper oxychloride at bud swell to peach & nectarine trees
<b>SEPTEMBER</b>		
Marigolds & then dig them up through the soil after flowering to deter nematodes	Outer salad leaves	Control weeds. Fertilise papaws
Plant spring seedlings like tomatoes, zucchini, cucumbers, nasturtiums & sunflowers. Plant passionfruit vines & bean seeds	Last season's kale, cabbage, Asian greens and Brussel's sprouts	Use Eco oil on citrus to protect new growth from aphids.
	Early strawberries	Alternatively use Nature's Way Natrosoap
	Baby spinach	Put in tripods for climbing beans & trellis for tomatoes
<b>OCTOBER</b>		
Plant spring seedlings like beans, basil, watermelons, pumpkins, chillies, sweetcorn & eggplants	Early cherry tomatoes, early dwarf beans	Use Eco oil on citrus to protect new growth from leaf miner
	Young leaves & flowers from zucchini	Remove lower laterals from tomatoes. Tie up climbing beans as required
	Strawberries, Nasturtium leaves, flowers and flower buds	Protect berries from birds
<b>NOVEMBER</b>		
Plant some strawberries in pots	Early tomatoes	Remove flower buds from basil to keep it producing foliage
Plant Rosella seedlings, plant silverbeet, rocket & watercress	Climbing beans	Net tomatoes to protect from birds. Put fruitfly baits out for ripening soft fruits
	Leafy herbs like basil, Italian parsley and rocket	

**5 for \$25**  
Eden seed packets

**20% OFF**  
Strawberries in Sept

**3 herbs for \$30**  
In terracotta in Sept

green space  
helps calming

*live more you*



## friends over? fast garden fix-ups

*Never before have outdoor living areas played such an integral part of how we are going to socialize.*

*by Meredith Kirton*

If you're having friends over, it makes sense to entertain them in the open air, and feel connected to the outside world.

Outside your house, brush down eaves and clean windows so they are sparkling can make all the difference. Cleaning paving and refreshing your mulch will also give the garden a fresh look. Feeding your lawn, tidying up clipped shrubs and removing old flowers are simple and effective ways of reviving your garden.

Add a few focal points, like a fire pit, water feature or fantastic cluster of potted plants.

Getting your outdoor area ready might also mean spacing out your furniture so there is more distance between pieces.

If buying key pieces of furniture, choose items that are multi-functional, and work hard; stools that double as coffee tables, plant stands or extra seating, depending on the size of the gathering, are perfect examples.

Some floor cushions and new throws will make your outdoor space comfy in all climates.

**Come instore or shop online to see our latest contemporary homewares**



# top5 indoor plants *that love spring*

Surround your living areas with plants and the joy they they bring. Nothing brings life to a room like GREEN life, so go forest bathing in your own home with these indestructible spring picks and grow your own happy place.



*Fruit Salad  
Plant  
from \$15.98  
**20% OFF**  
In September*



*Peace Lily  
from \$24.98  
**20% OFF**  
In September*



*Golden Cane  
Palm  
from \$36.98*



*Devil's Ivy  
from \$17.98*



*Mother-in-Law's  
Tongue  
from \$19.98*



We have a  
huge range of  
plants & pots,  
plus all the  
right advice

# fathers's day gifting ideas

*Spoil your favourite man with something different this Father's Day. Choose pot and plant combos, hamper packs from \$100, the latest in books, terrariums of all sizes candles to zen out to, plus handy tool gift sets.*



*From top left Botanic Bliss Hamper \$100, Schefflera from \$39.98, Cairo pot with Lady palm combo \$100 (save \$40 - ends Sept 7), Birds nest with Bodhi basket combo \$50, Terrariums from \$49.95, Leaf lover Hamper \$60*

FATHER'S DAY  
**artisan  
market**

5TH SEPTEMBER



**SOCIALLY  
DISTANCED  
EVENT**

A wonderful collection of hand made arts and crafts as inspired by botanicals and the nature around us.



# naturally beautiful

*As the quest to have a more natural focus takes centre stage, it's only 'natural' that this would carry over into plant accessories.*

*Our new basket range of rattan and cane comes in all shades and is an absolute best seller.*



*Zena hanging baskets  
from \$74.98*

## SPRING NEO LUXE RANGE

Pared down, bleached back and the ultimate look in cool, calm and collected. Green, clean and all la natura!!



*Raya rattan planter  
\$49.98*



*Veneto pink pot  
\$44.98*



*Veneto blue pot  
\$44.98*

## new in store

Dried flowers are so on trend and we are so happy to range these in store. We have fluffy cotton heads, wheat, grasses, native daisies, billy buttons and fabulous palm fronds in store, perfect for creating a beach or boho vibe.



*Sven Glass vase  
\$59.98*



*Marta Glass vase  
\$39.98*

*Billy Buttons RRP \$34.98,  
Palm Stems from \$24.98,  
Rabbit's Tail grass \$19.98,  
Dried Cotton from \$19.98,  
Dried wheat \$22.98,  
Dried Stirlingia \$34.98,  
Dried Australian daisy \$29.98*

## Our tip

If you want to try DIY, pick your flowers in the morning after the dew has dried off them. Clean them thoroughly and hang upside down in a cool, dark place till completely desiccated. Experiment with different flowers, grasses and foliages as some hold shape & colour better



LATEST POTS ARRIVALS

# Beautiful

pieces to bring your  
balcony or courtyard  
to life

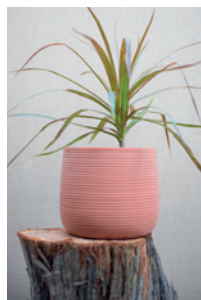
**create an  
oasis of calm**

*live more you*



*Now is the absolute time to create your getaway zone and we have everything you'll need.*

Our new range of super light, super smart outdoor pots are the perfect partners for your courtyard and outdoor living areas. Team terracotta with succulents for sun baked spots, and cluster pots of different textures, shapes and sizes for maximum interest.



## colours tones & textures



*Ask us about our cluster pot deals.*

## Relax into spring

*Create your outdoor chill out zone with this new range of pieces. Beautiful natural tones to relax in.*



*Bahamas  
Chair & Tilly  
side table  
\$1299 for the  
3 piece set*



# balcony makeover

*Do you have a boring balcony and instead imagine a tropical oasis? We have the latest ranges of outdoor furniture ready to transform your place so you can holiday at home year round.*



## **SPECIAL OFFER**

Spend over \$500 on furniture and get free delivery within the CBD

## **Tricks & Tips**

- Use modular pieces of furniture and consider the layout to maximize views inside and outside.
- Alternate the heights of plants using plant stands, hangers and various pots and occasional tables so they look eclectic rather than like an assembly line.
- Add lighting like lanterns, candles, festoon lights and fire pits to create an ambient mood.
- Using a textured or patterned outdoor rug can really create focus.
- Try incorporating bbqs and a/c units as plant stands when they are not in use to help camouflage them.
- Large palms like Strelitzia Nicolai, golden cane palms and Lady palms make an impact and can screen off areas creatively.
- Combining different textures in containers adds interest.



## **Gardening** your way to health

*by Meredith Kirton*

*What's the balm for boredom, depression and anxiety? Gardening. No wonder more and more people have been rediscovering it during COVID-19. It's great for both your physical and mental wellbeing.*

In a meta-analysis that looked at 21 different scientific studies and how gardening effected health outcomes, researchers concluded what many of us have known instinctively. Gardening is good for you. So what's so great about it?

### **Here are our top ten reasons:**

1. You are in the moment – using all your senses to appreciate nature.
2. It is great aerobic exercise – just think how digging or raking can get your heart rate up.
3. Plants don't judge you – they just want water and light.
4. Planning and your planting is great for keeping dementia at bay.
5. Shoveling materials around builds muscle strength.
6. Being outside in a sun safe manner is a great way of getting vitamin D
7. Plants remove the toxins from the air and replace it with oxygen
8. Biodiverse environments are better for your mental health
9. Eating fresh vegies and herbs that you've grown yourself is great nutrition
10. Gardening in small groups – socially distancing – builds community



# eden queensland

*A unique sanctuary of calmness for one to escape to, and offering plenty of social distancing space for everyone*



Amy Smith, store manager of our Eden Carseldine, really wanted to say thank you. COVID-19 has caused a massive upheaval for everyone, and she and her staff have been bowled over by the support of their loyal customers. Many are struggling with their own circumstances and disruptions, but they still took the time



to check into the garden centre. "We love our customers", says Amy, "I was bowled over by their generosity and sensitivity in this difficult time." Your kindness and consideration was gratefully received.

We have been making most of the opportunity to create the best sanctuary for you that we can. We moved some things around, brought the edibles forward and been replanting the gardens so they continue to inspire you, our plant enthusiasts. To top it off, we have a new café manager too, so hope you get to meet Eric and

taste from our new menu soon. *We hope to see you and once again, thank you.*

*Kiosk under new management.  
Open daily & fully licensed*



*Plus*  
try our baked  
daily savoury  
muffins.





## shop in space

*Our store at Macquarie Park is set over 2.5 acres. It includes lush display garden, indoor and outdoor plant store, homewares retail shop, glasshouse, cafe + meeting and function space.*



explore our gardens'

healthy  
fresh space

live more you

*Our fabulous display garden is unique with so much social distance room for everyone*

Immerse yourself in all its layers thanks to the aerial walkway, a skywalk from which you can peak into the gardens below. Discover all the serpentine pathways that meander through the gardens different zones, along our shaded creek banks through to a mini bush walk, the edible garden or forest bath under the poplars. We want you to immerse yourself in nature.



do you know  
our little branch  
of eden

Gro Urban Oasis is a lush indoor plant store now located in 6 centres across Sydney. Helping you green up your space, we have plant solutions for any sized space. Plants, pots & contemporary lifestyle. Follow us on insta @gro\_urban\_oasis



*Proudly supporting Youth off the Streets*



## Help spread the joy

*Our work to support Father Chris Riley's Youth Off The Streets has been affected by COVID-19, but we encourage you to stay connected by using our 'tap and go' donation point at the registers of our five Gro Urban Oasis stores*

Likewise, take a wander through our magnificent Daffodil Garden at Eden Macquarie Park, and if you want to donate to the Cancer Council Daffodil Day Appeal, you can give a virtual daffodil <https://www.daffodilday.com.au/event/daffodil-day/donate>.

To help raise life-saving funds for world class cancer research.



Enter our  
Spring Competition

**WIN \$200**  
shopping voucher

Details at store  
register

*Plants & Gardening*

The pathway that opens for everyone who shares plants in their lives is truly unique. This has never been more important than now. It's a research fact that surrounding yourself with plants can help depression, give you a more balanced well being and plants help purify the air quality. So why not spend more time in the garden staying healthy or create an oasis of living greenery indoors.

—————

*We can guide you on your choice today*

# PLANT PEOPLE UNITE

**GREENUNITY is coming**

Join our green community

Check out [edengardens.com.au](https://edengardens.com.au) / [gro-urbanoasis.com.au](https://gro-urbanoasis.com.au)

**GREENUNITY**  
Our green community



## gro urban oasis stores

Westfield Miranda P: 0434 360 386 Westfield Warringah Mall P: 0478 746 040  
Westfield Bondi Junction P: 0435 865 523 Rouse Hill Town Centre P: 0421 752 118  
Westfield Hornsby P: 0413 972 746 Castle Towers P: 0435 868 592

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