

The logo for 'absorb plus' features the word 'absorb' in a bold, black, sans-serif font. The letter 'o' is replaced by a green circle with a white dot in the center. Below 'absorb' is a horizontal green line. To the right of this line, the word 'plus' is written in a black, cursive script font.

absorb[®]
plus

The background of the advertisement is a photograph of a kitchen. In the foreground, a person is pouring a thick, pink smoothie from a blender jar into a glass. In the background, another person is visible, and the kitchen environment includes a tiled wall and a kettle.

A delicious
Elemental
Shake

Taste the Difference
Feel the Difference™

Pre-digested

Rapid
absorption

All **Natural**



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”
Get your
life back
“



Tell me about Absorb Plus

A delicious tasting, premium quality, natural, elemental (pre-digested), dietary supplement shake. Absorb Plus requires very little digestion, is absorbed quickly by the body and contains no artificial flavors, sweeteners, colors, preservatives or other chemicals.

Absorb Plus is particularly good for young and old alike who have challenges around digesting and absorbing nutrients. It's also used for pre and post surgery.

All health begins in the gut ”

”

Who is Absorb Plus for?

Those with Sensitive Digestive Systems

Ideal for people with sensitive digestive systems: Can be used exclusively to provide bowel rest, or along with other foods as part of a low residue diet.

Also for people who have trouble chewing, swallowing, digesting or absorbing their food, or people recovering from illness and/or surgery.

Tell me more...

Absorb Plus provides vitamins, minerals, free-form amino acids, protein and carbohydrates in the most desirable forms and proportions; in ratios that allow for optimum use and absorption.

Manage Weight

Use Absorb Plus to lose, maintain or gain solid weight (not fat).



Gentle & Nourishing

Bioavailable, highly absorbed, easily digested nutrients.



Daily Support

Macro and micro-nutrients; feel more energy & sleep better



Mixes Easily

Convenient for work or travel. Mixes easily in shaker cup or blender.



Liquid Health

Ideal for pre- or post-surgery or trouble chewing, swallowing or digesting.





Elemental diet shakes were originally developed by NASA to reduce fecal matter while providing optimal nutrition ”



Elemental **Pre-digested**

What's in Absorb Plus and why?

We challenge you to find another product on the market that matches Absorb Plus in nutritional value or quality of ingredients.

Choose your protein



Organic vegan sprouted brown rice protein isolate OR Whey isolate protein: lactose-free, casein-free, cold extraction (27 whopping grams per serving).

Powerful amino acids

Customized blend of 10 free-form amino acids (3600 mg per serving!) Chosen for their clinically-proven health benefits, especially for compromised guts.



29 vitamins & minerals



Superior vitamins and minerals, including a full panel of trace minerals, in the most highly absorbed and well-tolerated forms for sensitive guts.

Completely natural

No artificial flavors, sweeteners, colors, preservatives etc. The carbohydrate component is mostly cassava (tapioca) maltodextrin - avoid the sugar high.



Which product is right for me?

Absorb Plus is available with either Vegan protein or Whey isolate protein.

Choose the version you prefer: Unsweetened; sweetened with dextrose+stevia; or sweetened with natural fructose + stevia.



VEGAN PROTEIN



WHEY ISOLATE



ALL NATURAL
FLAVORS



UNSWEETENED



DEXTROSE
+ STEVIA



NATURAL FRUCTOSE
+ STEVIA

No need to sacrifice taste anymore ”



Choose the natural sweetener you prefer

...or use the unsweetened versions of Absorb Plus. All our delicious natural flavors are kid-tested and approved! Stevia is a natural herb from South America that is 200 times sweeter than any sugar, so we can minimize monosaccharide sugar levels while still keeping great taste.

Choose the protein you prefer

...or use both! Remember that our whey isolate has had both the lactose and casein removed (the elements that trigger most milk allergies). And our organic vegan brown rice protein is fermented and sprouted to increase bioavailability.

Usage guidelines

To get the best taste from Absorb Plus:

- Pour 1 cup (8 ounces) of water into a blender or BlenderBottle (increase water if desired)
- Add 1 tsp - 1 tbsp cold-pressed Flax, Udo's or MCT Oil (adjust oil according to tolerance; the more, the better)
- Add 4 level scoops of Absorb Plus and shake or whip on LOW speed for 10 seconds
- Pour over ice (if you wish) and drink slowly for maximum nutrient absorption

Absorb Plus is low fat, so add a cold-pressed oil that is high in Omega-3, like flax, MCT, or Udo's oil - and add as much as you can tolerate; ideally 1 tbsp per shake.

If you are not on an exclusively elemental diet, you can use your choice of dairy or nut milk (instead of water) and/or add fruit as well.



Calculating calories

Calculating the number of calories you should consume is not the same for each person, as numerous factors influence caloric requirements. For example, if you are in an active disease state, then you likely need a lot of extra calories (and protein) for healing and tissue repair, in addition to the calories normally needed by a person of your height and weight. If you are a child or teenager (still growing), you also need a lot of extra calories to fuel your growth. If you are a tall or heavy person, you will need more calories per day than a short or small-boned, light person.

If you want to gain weight, then you need to take in *extra* calories - over what your body needs - to put on weight.

If you want to lose weight, then calculate your intake of calories/ liquid diet shakes according to your desired body weight, not your current body weight. This will allow you to lose fat, while still nourishing your body and your muscles.

Using Absorb Plus to gain weight when malnourished

Based on our experience with thousands of people with gut issues, most people start with 6 shakes per day if using Absorb Plus as their only food source. You can then increase the number of shakes until you start gaining weight. Caloric needs are very individual, so don't be afraid to experiment, especially if you have a high metabolism, or active disease.

See [AbsorbPlus.com](https://www.AbsorbPlus.com) for detailed Usage instructions and recipes

3500 calories
=
1 lb of body weight





Unsweetened Chocolate



Simply Vanilla



Banana Coconut Creme



Mocha Grande



Chocolate Royale



French Vanilla



Unsweetered Vanilla



Caramel Toffee Twist



Berry Fusion



Simply Chocolate

More great products from IMIX Nutrition



MucosaCalm®

ColonCalm®
FIRM

ColonCalm®
MOVE

FissureCalm®

MultiAbsorb *Essential* contains 35 vitamins, minerals & essential nutrients for optimal health in the most bio-available forms! ***Première*** has all the ingredients of *Essential* PLUS a full range of immune strengthening herbs & greens. Easy-pour sachets to add to your morning juice, shake, smoothie or water.

QuikPlus Minerals

A variety of atom-sized (nano) liquid minerals, which do not require digestion and are absorbed instantly, beginning in the oral mucosal tissue.

MucosaCalm

A blend of targeted herbs and extracts to support the intestinal mucosal lining.

FissureCalm

Natural herbal suppositories to help heal and soothe anal or rectal fissures.

ColonCalm

Gentle, natural fiber therapy to calm and balance your bowel.

Order info



Absorb Plus is available worldwide: Shipped from the USA, UK and Canada.

Absorb plus is available in 2.2 lbs. (1 kg) tubs - approx. 10 servings per tub. Single-serving sample sizes also available.

For details or to order online:

AbsorbPlus.com/store
1.800.460.8606
service@absorbplus.com

Absorb Plus is manufactured by:

imix nutrition
1124 Fir Avenue, Suite 176
Blaine, WA, 98230 USA

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