

JANUARY

*Ethnasia*



//

DO SOMETHING TODAY THAT YOUR FUTURE  
SELF WILL THANK YOU FOR.

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M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Notes:

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*Ethnasia*



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SOMETIMES LATER BECOMES NEVER.  
DO IT NOW.

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M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

Notes:

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Ethnasia



// SUCCESS DOESN'T JUST FIND YOU.  
YOU HAVE TO GO OUT AND GET IT. //

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MARCH



Notes:

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APRIL



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GREAT THINGS NEVER COME FROM  
CONFORT ZONES.

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M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Notes:

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Ethnasia



MAY



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PUSH YOURSELF, BECAUSE NO ONE ELSE  
IS GOING TO DO IT FOR YOU.

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M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Notes:

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Ethnasia



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DON'T STOP WHEN YOU ARE TIRED.  
STOP WHEN YOU ARE DONE.

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M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JUNE



Notes:

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Ethnasia



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WAKE UP WITH DETERMINATION.  
GO TO BED WITH SATISFACTION.

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M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JULY

Notes:

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AUGUST

Ethnasia



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IT'S GOING TO BE HARD, BUT HARD  
DOES NOT MEAN IMPOSIBLE.

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M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Notes:

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SEPTEMBER

Ethnasia



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DON'T WAIT FOR THE OPPORTUNITY.  
CREATE IT.

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M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Notes:

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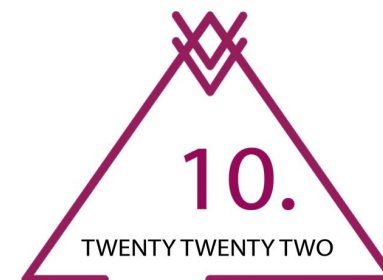
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OCTOBER

Ethnasia



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THE KEY TO SUCCESS IS TO FOCUS ON  
GOALS, NOT OBSTACLES.

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M	T	W	T	F	S	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
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Notes:

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NOVEMBER

*Ethnasia*



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IF THE PLAN DOES NOT WORK, CHANGE  
THE PLAN BUT NEVER THE GOAL.

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M	T	W	T	F	S	S
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Notes:

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DECEMBER

Ethnasia



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WORK HARD IN SILENCE. LET YOUR  
SUCCESS BE YOUR NOISE.

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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Notes:

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