

MIND & BODY

SUPER SUNGLASSES

EverySight Raptor projection sunglasses are the first to put all your performance data (speed, heart rate, power, etc.) directly across the lens, rather than tucked in a corner, letting you keep your eyes on the road. The 3.46-ounce model also includes email connectivity, voice/tap command, photos/video and eight-hour battery life on a full charge.

Info: \$499, everyights.com



EverySight



Black Diamond

THE HIKING TURBOCHARGER

Black Diamond Alpine FLZ Trekking Poles let a hiker's upper body share the work, then fold into three 15-inch-long aluminum sections connected by a built-in tent-pole-like cord.

Info: Starting at \$139.95, blackdiamondequipment.com

GEAR

Now get going

By Roy M. WALLACK >>> Check out the world's first stand-up bike, stepper paddleboard, wooden bike, 1,000-mile running shoe and other uncommon gear that help make the great outdoors even greater.



Pivot Cycles

E-DREAM MACHINE

The 44-pound Pivot Shuttle is lighter and techier than most full-suspension e-mountain bikes. Its battery is rated at 1,000 charges; gear shifting is electronic.

Info: \$10,000, pivotcycles.com



Inov-8

A HARDY SOLE

The average running shoe sole lasts just 300 miles — and less on a trail shoe with soft, grippy rubber. The Inov-8 TerraUltra G 260 off-roader claims to triple the durability to 1,000 miles by embedding the sole with graphene, a super-thin, flexible derivative of graphite said to be 200 times stronger than steel.

Info: \$150, inov-8.com



Renovo Bikes

WOODEN BIKE

In 2007, Ken Wheeler, an aircraft designer and bike turer, discovered that the best vibration damping, durability, strength and stiffness came from a hollow bicycle frame made of ... wood? The Renovo John Day road bike, built of ash, bubinga, birch and walnut, gets rave reviews.

Info: \$4,095, renovobikes.com



FELICIA SCOZZA

STAND AND CAST

The inflatable Sea Eagle Fish SUP 126 lets you sit or stand while fishing. With its 12-foot, 6-inch length and 40-inch-wide base, it stabilizes casting while upright or angled in the swivel seat. The stand-up paddleboard includes two rod holders, an electric-motor mount, a pump and dedicated backpack, and a two-bladed paddle that fits into a built-in paddle pocket.

Info: \$799-\$1,199, seaeagle.com



KidRunner

A BETTER BABY JOGGER

Combining childcare with proper jogging form is now possible. Instead of pushing a baby jogger ahead of you with arms frozen in place, the Kid Runner carriage tracks behind you via a waist belt, allowing your arms to swing free. You might even forget it's there altogether — and get a better training effect from pulling the extra weight.

Info: \$895, kidrunners.com



ROY M. WALLACK

STAND UP AND RIDE

Cycling's fun, but neck pain, backaches and rear-end chafing aren't. Enter Elliptigo's new SUB, a stand-up bike, which ditches the seat and raises the handlebars to position you upright. The result: a fun, comfy ride at near-normal bike speeds.

Info: \$799, elliptigo.com



Roka

ARMS-UP WET SUIT

Designed to be more comfortable than standard wet suits, the Roka Maverick Comp II positions a swimmer's arms in the crucial "water grab" phase.

Info: \$350, roka.com



JEFFREY FORTUNA Hobie

PEDAL PADDLEBOARD

Hobie Cat, longtime maker of pedal-powered kayaks, now transforms a stand-up paddleboard into an aquastepper with handlebars, a patented foot-pedal/fin propulsion system and hand-grip rudder controls.

Info: \$2,495, hobiecat.com

WHAT WE'RE INTO

Gadgets to work into your lifestyle

BY KAVITA DASWANI

Nut milks, infused oils, fresh herbs and homemade breads made with whole wheat. Here are a few gadgets home cooks might enjoy using to make the kinds of staples many of us wish were at hand's reach. Admittedly, some of these prices are steep. But it's not too early to start sketching out a holiday gift list ... is it?

Without going nuts

Those who make their own nut milks know it can be a hassle; soaking the nuts overnight, high-speed blending, and then straining the pulp through a cheesecloth to squeeze out the liquid. The NutraMilk machine was created as a way to cut through the mess and create creamy and smooth nut milk in minutes. Any raw or roasted seeds or nuts — including coconut — can be used, without the need for soaking. The machine first turns them into butter, then emulsifies into a milk without the pulp or any of the grit associated with homemade nut milks. (A fine, 100-mesh filter inside the machine takes care of skins from nuts like almonds and hazelnuts.) Sweeteners like dates or other dried fruit also can be tossed in for flavor. The milk is dispensed right from the machine, through a spigot. \$449.95, thenutramilk.com



NutraMilk

Oil your machine

Oils infused with garlic, coconut and herbs are a flavorful way to add healthful fats to a diet, but many store-bought versions "are extracted with harsh solvents — like grain alcohol — and filled with preservatives to keep them fresh," said Chrissy Bellman, founder of Levo, a kitchen-counter machine that speeds up the process of infusing oils at home. Why is this an improvement over the old-fashioned way? Traditional homemade methods include heating oil on a stove, but because every oil has a different smoke point, said Bellman, it's hard to control the temperature, and overheating the oil



Levo

creates harmful free radicals. The windowsill method, which can take between two and six weeks, often results in mold. Both then require strainers, cheesecloth and funnels to filter and store. Various oils — olive, sunflower, avocado — can be used as a base in Levo, alongside butter and ghee, which can then be enhanced with peppers, vanilla, cannabis, flowers and roots like ginger and turmeric. Infusions can take anywhere from 30 minutes to upward of two hours depending on the ingredients. \$199.99, levooil.com

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More cool stuff

Go online for two more items to add to your #homemade kitchen arsenal: A tidy way to grow herbs indoors when space (and sunlight) is limited, and a high-end breadmaker for *roti*, wraps and more.