

Our Organic Cotton Absorbent Inner Diapers

Care sheet

Preparation

Your organic cotton fitted diapers will need to be prepped before their first use in order to increase their absorbency and rinse away residues from the natural fibers. If you do not prep the diapers enough, then you will likely experience leaks, as prepping them makes them more absorbent. You can test whether your fitted diapers are ready by dripping some water on to them and seeing whether the water rolls across the surface or is immediately absorbed. If the water is immediately absorbed - your diapers are ready!

To prep your cotton fitted diapers, you will need to do *at least* 3 washing rounds with hot water and unscented detergent, drying in the dryer in between. You can dry them alone, or put them in with other loads of laundry.

Regular Washing

Wash your cotton fitted diapers every 2-3 days to ensure they don't get moldy. There are many different ways to wash cloth diapers and if you've purchased a cloth diaper-specific laundry powder we recommend you follow their instructions.

If you'd like to wash with our healthynest Laundry Concentrate, you can follow these instructions:

1) Ensure the solids have been removed from the diapers. This can be done by the toilet spraying method immediately after use, or by using diaper liners (healthynest dry wipes can be used as liners) and throwing them into a separate diaper pail. Do not flush the dry wipe in the toilet. Note: If your baby is still 100% breastfed, you can skip this step because the solids are water soluble.

2) Wash Cycle 1 - Quick Cycle to Rinse and Prep

- Add your cotton diapers to the washing machine (you can wash them along with your diaper pail liner if you are using one)
- Add 3/4 teaspoon of our laundry concentrate directly on top of the diapers in the washing machine.
- Start your washer's quickest cycle - usually cold to warm water temperature, extra high spin.

3) Wash Cycle 2 - Deep Clean Cycle

- Without removing diapers, add 1 tablespoon of our healthynest Laundry Concentrate directly on top of the diapers in the washing machine.
- Run your washer's heavy duty cycle - usually hot with high to extra high spin.

4) Dry in your dryer

- Our cotton inner diapers may need over an hour to dry on hot due to their absorbency, and we've found 1 hour and 10 minutes on hot to work well. You can add wool dryer balls to the dryer to naturally soften the diapers. Note: Remove the reusable diaper pail liners if you added them, before drying and hang them to dry to extend their life.

Stains

If any solids seem to have left stubborn stains, you can pre-treat them before washing by putting our healthynest Laundry Concentrate directly on the stains before adding to your diaper pail. After washing and before drying, set in the sun to further remove stains.