



HEALTHREACH



## Maximum Strength Proven to help you lose weight

This food supplement is formulated to naturally help you lose weight and support the body with the metabolism of carbohydrates, fats and proteins.



Glucomannan contributes to weight loss and creates a sense of fullness by absorbing water and expanding to form a bulky fibre in your stomach. Glucomannan is the first-ever specific food ingredient for which the EU has verified a weight loss effect.



Chromium picolinate: Chromium is a mineral required in trace amounts. It supports the breakdown of fat, carbohydrates and protein. It may also enhance the action of insulin, a critical hormone involved in the metabolism and storage of nutrients, particularly sugars.



Vitamin B3: Also known as niacin, this vitamin is among the most well-known and most powerful of all the B-complex vitamins. It is an important vitamin that helps in the production and breakdown of glucose, fats and amino-acids. It also increases the effect of chromium.

EU Authorised Health Claim  
Commission Regulation 432/2012



Glucomannan, in the context of an energy restricted diet, contributes to weight loss. The beneficial effect is obtained with a daily intake of 3 g of glucomannan in three doses of 1 g each, together with 1-2 glasses of water, before meals.

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Helping you to help your body, the natural way!

