












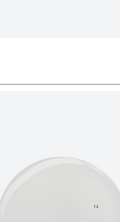

















## Codex Ingredients Benefits

Picture	Common Name	INCI Name	Found In	State	Allergenicity	Key Actives	Key Benefits	Country of Origin	Extraction Method	Certification	References
	Aloe Vera	Aloe Vera Barbadensis	Eye Gel Cream	Concentrate Gel	None	vitamins/minerals lipids, proteins, polysaccharides	Native to Central South America, aloe vera provides a protective layer to help skin retain moisture and is rich in antioxidants and minerals to calm, balance and tighten skin.	Central South America	gel	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2763764/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2763764/</a>
	Arnica	Arnica Montana	Eye Gel Cream	Macerated Oil	None	sesquiterpene lactones and flavanone glycosides phenolic acid	Macerated arnica oil is known for its superior toning, redness reducing, and de-puffing benefits as it works to naturally calm the skinto owing to its higher flavonoid and phenolic acid content.	UK	macerated in carrier oil	COSMOS	<a href="https://www.researchgate.net/publication/316056353_Arnica_montana_L_-_a_plant_of_healing_Review">https://www.researchgate.net/publication/316056353_Arnica_montana_L_-_a_plant_of_healing_Review</a>
	Baobab Seed Oil	Adansonia digitata	Facial Oil	Seed Oil	Nuts	Palmitic Acid, omega 3, 6 and 9	Baobab seed oil nourishes and replenishes skin, treating damaged areas with deep hydration, and yet, without clogging pores or leading to congestion.	Kenya	cold pressed	Organic COSMOS	<a href="https://www.sciencedirect.com/science/article/pii/S0254629911001189#bb0020">https://www.sciencedirect.com/science/article/pii/S0254629911001189#bb0020</a>
	Bladderwrack	Fucus vesiculosus	Eye Gel Cream	Macerated Oil	None (contains almond oil)	B-complex vitamins, calcium, iodine, iron, magnesium, potassium, sodium, silicon	Bladderwrack seaweed, harvested from the coast of Ireland, is a potent source of B-complex vitamins, calcium, iodine, iron, magnesium and potassium, among other nutrients, that firm, revitalize and restore the skin.	Ireland	oil maceration	Organic	<a href="https://link.springer.com/article/10.1023/A:1008007313731">https://link.springer.com/article/10.1023/A:1008007313731</a>
	Bog Myrtle/Sweet Gale	Myrica gale	Facial Oil	Essential Oil	None	myrcene	Bog Myrtle/Sweet Gale is effective at cleansing dirt, oils and impurities while improve skin tone and glow.	Canada	steam distillation ,	-	<a href="https://patents.google.com/patent/US20080069898A1/en">https://patents.google.com/patent/US20080069898A1/en</a>
	Calendula	Calendula officinalis	Day Cream	Macerated Oil	None	saponins, tritpenes, triterpendiol esters, flavonoids, polysaccharides	Extracted from marigold flowers as a macerated oil or water infusion, calendula oil possesses skin softening, regenerating and calming properties.	UK	oil maceration	COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pubmed/23182376">https://www.ncbi.nlm.nih.gov/pubmed/23182376</a>
	Calendula	Calendula officinalis	Day Cream, Skin Superfood	Water Infusion	None	polysaccharides, flavonoids	Skin softening, regenerating, calming	UK	water infusion	Organic	N/A
	Castor Oil	Ricinus communis	Exfoliating Wash	Seed Oil	None	Stearic Acid, omega 6 and 9	Castor seed oil help to clear pores for a fresh glow, clean impurities for a brighter appearance and restore uneven skin tone.	India	cold pressed	Organic COSMOS	N/A
	Comfrey	Symphytum officinale	Skin Superfood	Macerated Oil	None	allantoin, tannins, glycosides and is an excellent source of B12	Comfrey's incredible healing power come from a constituent contained in the leaf and root called allantoin, which soothes and protects skin.	UK	macerated oil	COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3580139/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3580139/</a>
	Cucumber	Cucumis sativus	Eye Gel Cream	Glycerol Extract	None	magnesium and potassium Vitamin C, caffeic acid and lutein, silica	Cucumber gourds are a natural source of magnesium, potassium, vitamin C, and caffeic acid—all important nutrients to boost hydration, counteract dark spots and reduce puffiness.	UK	glycerol extraction	COSMOS	<a href="https://www.researchgate.net/publication/260228305_Exploring_cucumber_extract_for_skin_rejuvenation">https://www.researchgate.net/publication/260228305_Exploring_cucumber_extract_for_skin_rejuvenation</a>
	Elderflower	Sambucus Nigra	Exfoliating Wash	Hydrosol	None		A mildly natural cleanser, elderflower extract is believed to refine the complexion, producing a natural tightening effect, reducing the appearance of pores, and making the skin look and feel smoother and fresh.	Bosnia/Bulgaria/Albania	steam distillation	COSMOS	<a href="https://aap.onlinelibrary.wiley.com/doi/abs/10.1902/jop.2006.050232">https://aap.onlinelibrary.wiley.com/doi/abs/10.1902/jop.2006.050232</a>
	Evening Primrose Oil	Oenothera Biennes Oil	Day Cream	Seed Oil	None	GLA	Emollient Nutrious	China	cold pressed	Organic COSMOS	<a href="https://www.researchgate.net/publication/232078010_Topical_evening_primrose_oil_as_treatment_for_a_topic_eczema">https://www.researchgate.net/publication/232078010_Topical_evening_primrose_oil_as_treatment_for_a_topic_eczema</a>
	Fucus Serratus	Fucus serratus	Day Cream, Facial Oil	Macerated Oil	None (contains almond oil)	fucoidans, carotenoids fucoxanthin and beta-carotene, vitamin E.	Fucus vesiculosus is a water-binding seaweed with a high mineral content to defend against environmental damage and toxins, while promoting a firmer and more toned appearance.	Ireland	macerated oil	COSMOS	<a href="https://www.researchgate.net/publication/11447896_Treatment_of_human_skin_with_an_extract_of_Fucus_vesiculosus_changes_its_thickness_and_mechanical_properties">https://www.researchgate.net/publication/11447896_Treatment_of_human_skin_with_an_extract_of_Fucus_vesiculosus_changes_its_thickness_and_mechanical_properties</a>
	Glycerine	Glycerin	Day Cream, Exfoliating Wash	Glycerine	None	naturally occurring alcohol compound	A key molecule in skin physiology, glycerin penetrates deeply into the stratum corneum, helping to reduce the evaporation rate of moisture on the surface. It's extremely effective at plumping the skin, lessening the appearance of wrinkles and treating dryness.	France	produced from non gmo rapeseed oil	COSMOS	N/A

	Grapefruit Essential Oil	Citrus Paradisi	Exfoliating Wash	Essential Oil	Citral <0.5% Geraniol <0.2% Linalool <1.0% Citronellol <0.05% Limonene 89.0-97.0%	limonene	With its powerful cleansing properties, grapefruit essential oil helps keep pores clear by removing surface build up and promotes healthy-looking skin.	USA	steam distillation	Organic COSMOS	<a href="https://link.springer.com/article/10.1134/S0003683808040182">https://link.springer.com/article/10.1134/S0003683808040182</a>
	Green Mandarin	Citrus Nobilis	Day Cream	Essential Oil	Citral 0.20% Limonene 82.00%	limonene	Green mandarin essential oil effectively cleans dirt, oils and other impurities, thereby delivering a toning and sebum-balancing effect.	Italy	cold expression of the peels of green mandarin fruits.	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6073409/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6073409/</a>
	Heartsease	Viola tricolor	Skin Superfood	Water Infusion	None	polysaccharides	Captured in a water infusion from the flowering plant, heartsease is known to soothe, moisturize and improve osmotic function.	Spain	water infusion	Organic	<a href="https://www.sciencedirect.com/science/article/pii/S0367326X00001726">https://www.sciencedirect.com/science/article/pii/S0367326X00001726</a>
	Hyaluronic Acid	Sodium Hyaluronate	Eye Gel Cream, Day Cream	Powder	None	Hyaluronan	Hyaluronic acid is produced naturally in the body (but decreases with age and other factors) and is uniquely capable of holding many times its weight in water, producing a remarkable hydrating and plumping effect.	China	made by producing enzymes from a bacteria based biofermentation process	COSMOS	<a href="https://www.sciencedirect.com/science/article/pii/S014181301833770X">https://www.sciencedirect.com/science/article/pii/S014181301833770X</a>
	Immortelle	Helichrysum italicum	Eye Gel Cream	Essential Oil	Citral <0.02% Eugenol <0.005% Geraniol <0.02% Linalool <6.0% Limonene 1.0-4.0%	pyrones, triterpenoids and sesquiterpenes, flavonoids, acetophenones and phloroglucinol.	Calming, anti-oxidant	Corsica	steam distillation	Organic COSMOS	<a href="https://www.researchgate.net/publication/275043439_Biologic_al_properties_and_resistance_reversal_effect_of_Helichrysum_italicum_essential_oil">https://www.researchgate.net/publication/275043439_Biologic_al_properties_and_resistance_reversal_effect_of_Helichrysum_italicum_essential_oil</a>
	Immortelle	Helichrysum italicum	Skin Superfood	Macerated Oil	Nuts	flavonoids	In both macerated oil and essential oil form, immortelle (also known as helichrysum arenarium) contains concentrated levels of antioxidant flavonoids to protect from environmental stressors.	Corsica	macerated in carrier oil	COSMOS	<a href="https://www.americanherbalistsguild.com/sites/default/files/sample-articles-pdfs/petersen_immortelle_oil_and_extract_jahg_spring_2015_0.pdf">https://www.americanherbalistsguild.com/sites/default/files/sample-articles-pdfs/petersen_immortelle_oil_and_extract_jahg_spring_2015_0.pdf</a>
	Jjoba Grains	Hydrogenated Jojoba Oil	Exfoliating Wash	Grains	None		Jjoba gains remove dead skin cells but are gentle enough not to harm the skin, helping to decongest pores and prime your skin to better absorb other ingredients applied next.	USA	Extracted from the waxes of the Jojoba plant	Natural	N/A
	Kiwi Seed Oil	Actinidia Chinensis	Facial Oil	Seed Oil	None	Palmitic Acid, omega 3, 6 and 9	Kiwi seed oil is a potent emollient, delivering a significant amount of vitamin C to brighten, tone and lightly refine the surface of skin.	USA	cold pressed	Organic	<a href="https://www.oaj-online.org/articles/oci/abs/2006/02/oci2006132-3p195/oci2006132-3p195.html">https://www.oaj-online.org/articles/oci/abs/2006/02/oci2006132-3p195/oci2006132-3p195.html</a>
	Mallow	Althea officinalis	Skin Superfood	Water Infusion	None	mucilage polysaccharides, flavonoids, glycosides	Mallow is an herbaceous plant that produces a protective, moisturizing gel that functions as a gentle remedy for treating rough, dry skin.	Poland	water infusion	Organic	<a href="https://www.sciencedirect.com/science/article/pii/S0378874109006102">https://www.sciencedirect.com/science/article/pii/S0378874109006102</a>
	Milk Thistle Seed Oil	Silbum Marianum	Exfoliating Wash	Seed Oil	None	linoleic acid, flavonoids	Milk thistle seed oil, with its protective base of linoleic acid and flavonoids, works to repair the skin's barrier function, helping to keep out dirt and impurities while preserving skin health.	Romania	cold pressed	Organic	<a href="https://aocs.onlinelibrary.wiley.com/doi/pdf/10.1007/s11746-008-1207-0">https://aocs.onlinelibrary.wiley.com/doi/pdf/10.1007/s11746-008-1207-0</a>
	Orange Essential Oil	Citrus Aurantium Dulcis	Exfoliating Wash	Essential Oil	Citral <5.0% Linalool <5.0% Limonene <97.0%	limonene, myrcene	Vitamin-C-infused orange essential oil helps to reduce dark spots and absorb sebum, giving skin an overall radiant finish.	Brazil	steam distillation	Organic COSMOS	<a href="https://link.springer.com/article/10.1007%2FBF02262394?L=tru">https://link.springer.com/article/10.1007%2FBF02262394?L=tru</a>
	Prickly Pear	Opuntia Ficus-Indica Seed Oil	Facial Oil	Seed Oil	None	Vitamin E and K, essential fatty acids, antioxidants	Delivers elasticity to the skin	Madagascar	cold pressed	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3820065/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3820065/</a>
	Rose	Rosa damascena	Eye Gel Cream	Essential Oil	Citral 0.05% Eugenol 0.08% Geraniol 2.35% Farnesol 0.05% Linalool 0.07% Citronellol 1.00%	citronellol, B-phenylethyl alcohol, nerol, geraniol, eugenol, methyl eugenol, benzyl alcohol, farnesol, nonadecane and nonadecene.	Roses have been used for centuries in beauty care; the rosa damascena species is especially potent with antioxidants and nourishing compounds to help plump skin, soften lines, and reduce redness for an even-toned appearance.	UK	solvent extraction	COSMOS	Agili Shirazi MH. makhzan al advieh. Tehran: Sahbae tehran; 2008. pp. 782-784.
	Rosehip Seed Oil	Rosa Canina	Facial Oil	Seed Oil	None	retinoic acid, omega 3 and 6	With its mix of antioxidants, retinoic acid and omega 3 and 6, cold-pressed rosehip seed oil is excellent at nourishing, softening, and improving skin elasticity.	Chile and Bulgaria	cold pressed	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pubmed/5629352">https://www.ncbi.nlm.nih.gov/pubmed/5629352</a>
	Rosemary Antioxidant	Helianthus annuus Seed Oil, Rosmarinus officinalis Leaf Extract	Facial Oil	CO2 Extract	Camphor 0.6% beta-Caryophyllene 0.2% Eugenol <0.01% Limonene <0.1% Linalool <0.01% alpha-Pinene 0.2% alpha-Terpineol 0.2%	Carnosic Acid	Extracted with CO2 methods to preserve the potency of the nutrient, antioxidant-infused rosemary cares for your skin with natural defenses and helps protect it from environmental stressors.	Germany	extract from the dried leaves of the Rosemary plant using supercritical carbon dioxide extraction.	Organic	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6165352/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6165352/</a>

	Safflower	Carthamus tinctorius	Exfoliating Wash	Seed Oil	None	omega 3 and 6	Safflower seed oil, source from Australia, contains vitamins and fatty acids that leave skin soft and radiant, balance your complexion and maintain skin resiliency.	Australia	cold pressed	Organic COSMOS	N/A
	Sea Buckthorn	Hippophae rhamnoides	Facial Oil	CO2 Extract	None	sterols, carotenoids, alkanols and tocopherols	Sea Buckthorn is often known as a superfood because of its restoring and calming properties, making it helpful for damaged, dry skin, and overall improving skin health.	Germany	co2 extraction	Organic	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5438513/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5438513/</a>
	Shea Butter	Butyrospermum Parkii	Exfoliating Wash	Butter	None	phytosterols, Stearic Acid	Responsibly sourced from Ghana, shea butter has a high concentration of fatty acids and vitamins, making it an extremely effective emollient, known to soften, condition and calm the skin.	Ghana	the nuts are sun dried before being roasted and kneaded by hand to produce the soft shea butter.	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pubmed/26314567">https://www.ncbi.nlm.nih.gov/pubmed/26314567</a>
	Sweet Almond	Prunus Amygdalus Dulcis	Day Cream, Skin Superfood	Oil	Nut/Nut Oil	omega 3, 6 and 9	Rich in vitamin E and fatty acids, sweet almond oil heals chapped and irritated skin while also protecting against environmental stresses, to keep skin smooth and soft and minimize fine lines.	USA & Turkey	cold-pressing	Organic COSMOS	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5796020/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5796020/</a>
	Vitamin E	Tocopherol	Day Cream, Facial Oil	Oil	None	alpha, beta, gamma and delta tocopherols	Vitamin E, sourced from cereal germ, in a plant-friendly process that ensures a gluten-free result, is well known for its exceptional moisturizing capabilities and antioxidant benefits to preserve and protect skin.	Argentina	sourced from cereal germ, including soya and wheat. Due to the processing procedure, the resulting product is Gluten Free.	COSMOS	<a href="https://www.sciencedirect.com/topics/chemistry/vitamin-e">https://www.sciencedirect.com/topics/chemistry/vitamin-e</a>