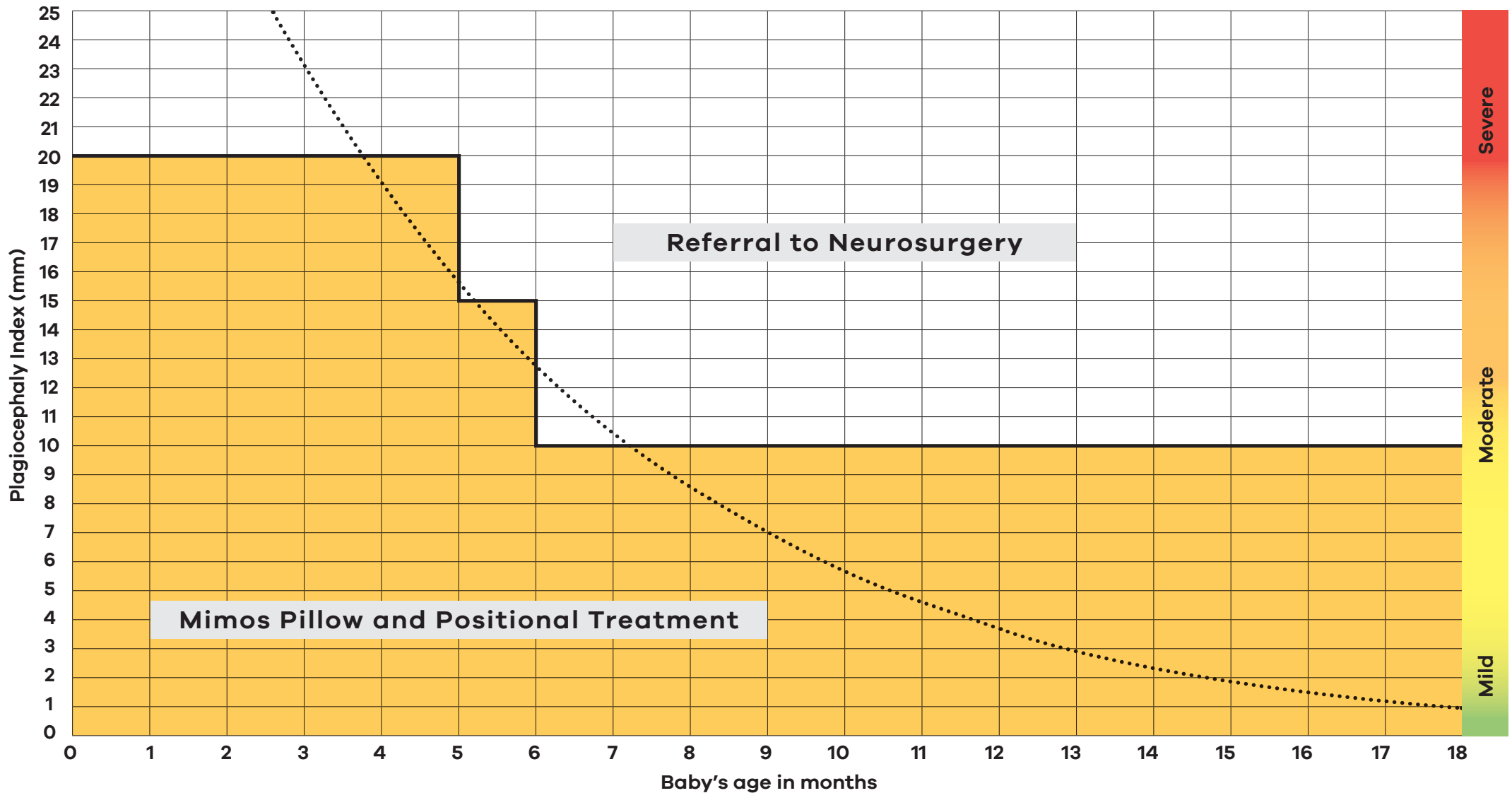


# Plagiocephaly Protocol



## Orange Zone:

Within the orange zone, deformity can be treated at Primary Care without specialist referral, unless there is a craniosynostosis suspicion. Cranial X-Ray is not recommended. Referral is recommended when in doubt.

## White Zone:

If baby's measures fall into this zone, immediately refer to a specialist (neurosurgeon) for evaluation. When referred, it is important to point out baby's age and deformity's index, so they can be treated according to degree of urgency rather in order of arrival.

## Dotted line:

This is a population's average line, merely indicative, which can vary according to the evolution of cranial suture's fusion. This is a theoretical calculation, not from real patient data, since long term monitoring data is not known. It shows the possibility of correction limit

according to baby's age. For instance, a 9 month old baby showing a 9mm plagiocephaly index, means that Mimos Pillow and Postural Treatment can achieve a 7mm correction (depending on dotted line) and a 2mm deformation could possibly remain.

**It is important to keep baby's head under observation during the first 2-3 months of life, since it is when significant cranial deformation is most likely to happen, and when treatment is most ideally prescribed in order to avoid orthopaedic treatment.**

