

# Remote Control User Guide

## WholeBody® 7.1

**STOP/AUTO PARK** – Stops the massage and parks the massage rollers at the top of the backrest.

**WIDTH** – Press and hold to adjust the massage width as desired. This feature works with Flex and Glide massage targeted benefits.

**POSITION** – Use this button, along with any stationary massage technique, to position the massage on your back.

**TARGETED BENEFITS** – Toggles among three stationary massage techniques, each designed to provide unique muscle benefits. Use with the glide function for a partial- or full-back massage.

**STOP** – Stops the massage.

**RANGE** – Customizes your vertical massage range.

**FULL**  
**PARTIAL**

**AUTO MASSAGE PROGRAMS** – Five unique programs automatically massage you for 15 minutes each, using a variety of massage techniques.

**INTENSITY 3D** – Sets the upper and lower back 3D massage intensity independently to soft (I), medium (II), or intense (III).

**POWER FOOTREST ANGLE** – Controls the footrest angle for recline comfort and massage.

**BODYMAP® PRO** – Push the button that corresponds to the area you want to feel better, and let the massage chair do the rest!

**BACK WARM AIR** – Activates the warm air lumbar heat.

**FOOT/CALF** – Toggles through two fixed speeds and an auto massage program.

stop/park stop

width range

position glide

massage auto massage

stretch flex tone full upper lower relax sleep

intensity

shoulders low back

back legs

bodymap PRO

back warm air calf massage

3D FlexGlide™ massage

human touch® feel better™

For more detailed operation instructions, please see the Use and Care Manual.