

# Protect The Groms Workbook





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## Our Story

Sunscreen wasn't always allowed at schools, but we still wanted a way to provide shade and sun safety education the next generation. So, we started Protect The Groms® which partners with elementary schools and non-profits dedicated to outdoor experiences across the country. Since then, we've been able to continue our goal of moving the needle on skin cancer, while stoking out a few groms (like you) along the way.

# The Sun Safety Maze

Staying safe in the sun isn't always easy and neither is this Sun Safety Maze. Start at the ✕ and don't forget to pick up your sunscreen, sunglasses, sun hat, and sleeves as you find your way to the shade. Good Luck!

## The Five S's of Sun Safety

- 1 Sunscreen
- 2 Sunglasses
- 3 Sun Hat
- 4 Sleeves
- 5 Shade



PROTECT THE GROMS



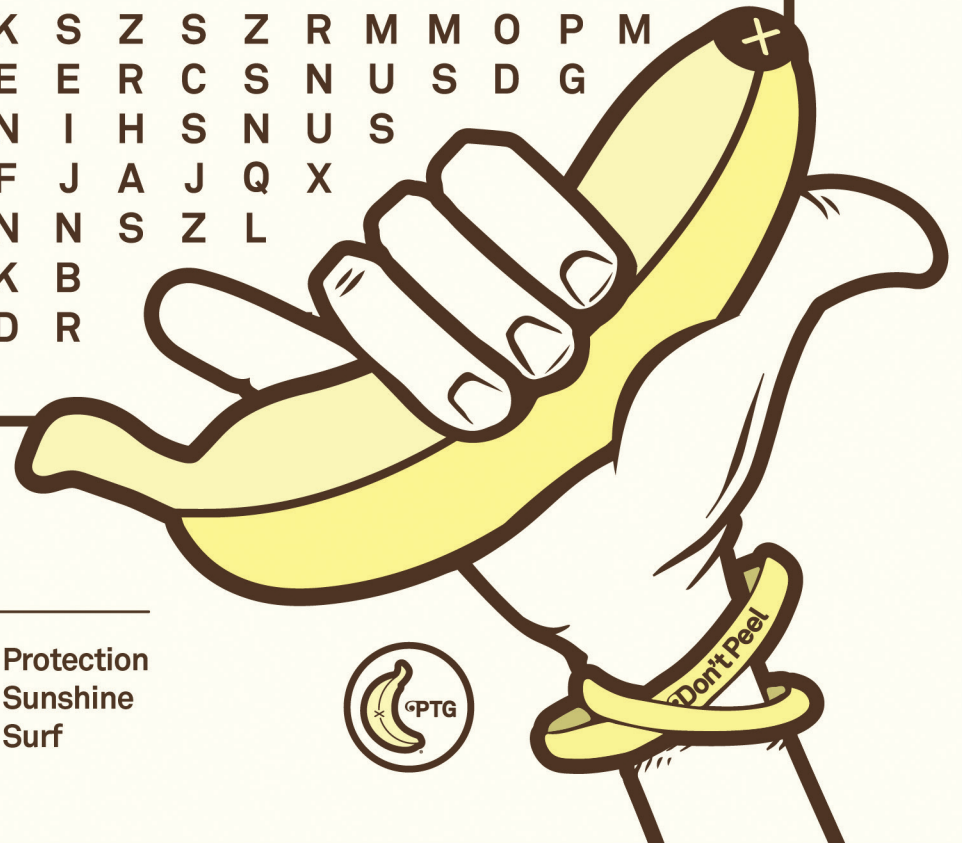
# Word Search & Destroy

Find and circle all Five "S" words listed below that help destroy the sun's harmful rays. Words can be vertical, horizontal, diagonal, forward or backward.

## The Five S's of Sun Safety

- ① Sunscreen
- ② Sunglasses
- ③ Sun Hat
- ④ Sleeves
- ⑤ Shade

Y	P	R	O	T	E	C	T	I	O	N	Z	S	X	H	Q	T	Z
T	L	S	Q	I	S	H	A	D	E	C	E	I	F	L	I	Y	F
E	W	U	B	S	L	E	E	V	E	S	S	N	J	E	G	O	B
F	C	R	H	T	A	H	N	U	S	Q	Q	E	W	E	G	P	C
A	E	F	T	S	U	N	R	A	Y	S	Z	A	G	P	Y	H	M
S	Y	J	P	Y	T	H	L	J	M	H	V	W	R	T	P	S	L
N	O	Q	B	P	C	G	Z	F	O	E	M	Y	O	N	O	D	W
U	K	X	T	A	N	K	S	Z	S	Z	R	M	M	O	P	M	
S	L	R	E	U	N	E	E	R	C	S	N	U	S	D	G		
E	U	B	S	K	E	N	I	H	S	N	U	S					
T	H	K	O	L	B	F	J	A	J	Q	X						
A	D	M	Y	K	L	N	N	S	Z	L							
S	N	B	I	K	D	K	B										
T	G	F	K	B	N	D	R										



## Bonus Words

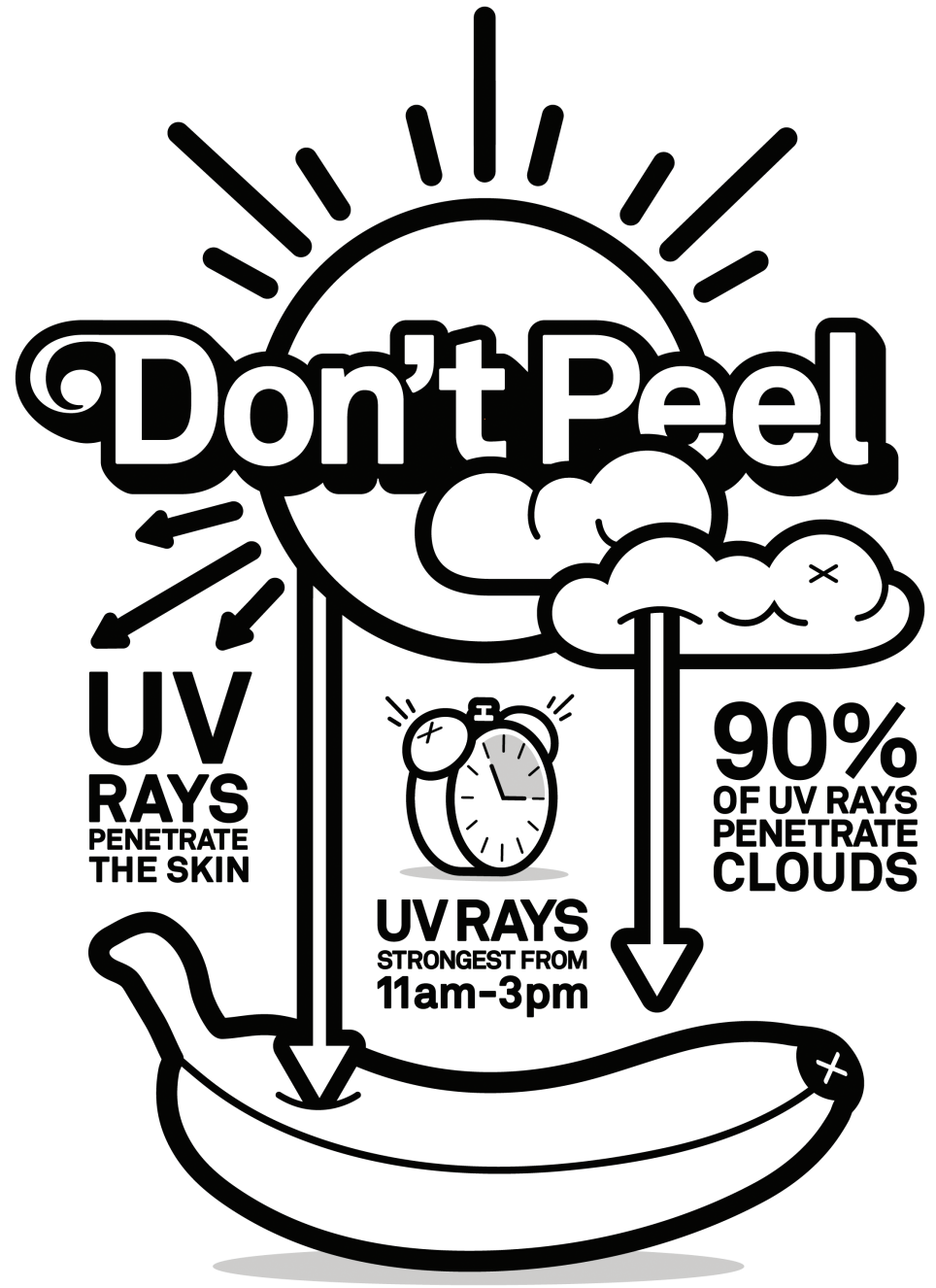
Dont Peel  
Beach  
Waves

Groms  
Sun Safety  
Sun Rays

Protection  
Sunshine  
Surf







Why a banana you ask? Because a banana's covered, you know, protected, head to toe...just like we should be.

