

Kid Friendly Keto Snacks: Ants on a Log with Collagen Peptides



Prep Time

5 minutes

Total Time

5 minutes

Servings

1-2

Allergens

Seafood-free, shellfish-free, peanut-free,
dairy-free, gluten-free, soy-free

Required Equipment

A bowl, spoon, and knife



Nutrition

350 Calories

35g Fat

8g Protein

4g Net Carbs

Ingredients

- 1/2 cup Keto Classic Expedition Pili Butter
- 1 scoop Natural Force Collagen Peptides
- Celery stalks, sliced into 3" pieces
- Raw Cacao Pili Nuts

Instructions

1. Add Expedition Pili Butter and Collagen Peptides to a bowl and stir until combined.
2. For easier blending, make sure the butter is at room temperature.
3. Wash and rinse celery, then chop stalks into 3" pieces.
4. Spread the Pili Collagen Butter onto the celery stalks.
5. Top with sliced Raw Cacao Pili Nuts and enjoy!