

GOING KETO AT OLIVE GARDEN

How to Build a Keto Pasta Alternative Meal

SLASH CARBS AND BOOST FATS IN THREE EASY STEPS!

STEP 1 – CHOOSE YOUR PASTA BASE



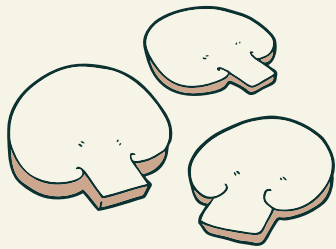
Steamed
Broccoli

OR



Garden
Veggies

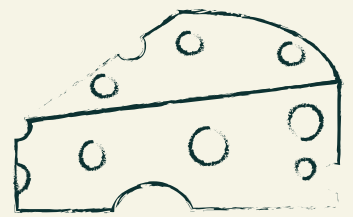
STEP 2 – CHOOSE YOUR SAUCES



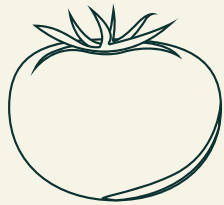
Creamy
Mushroom



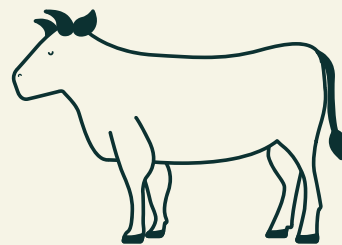
Creamy
Pesto



5 Cheese
Marinara

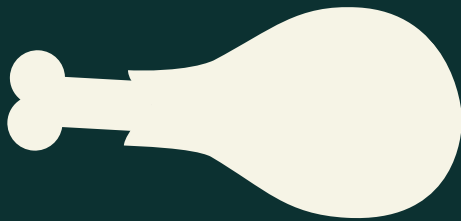


Traditional
Marinara

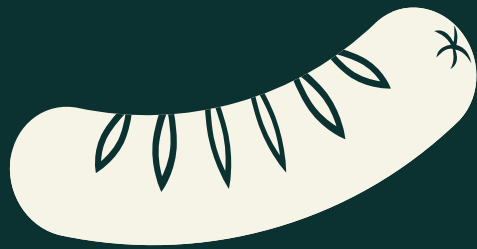


Traditional
Meat Sauce

STEP 3 – CHOOSE YOUR TOPPINGS



Grilled Chicken



Sausage Links



Meatballs



Sautéed Shrimp