

# Keto Coconut Creamsicle Italian Soda with MCT Creamer



Prep Time

**2 minutes**

Total Time

**2 minutes**

Servings

**1**

Allergens

Peanut-free, seafood-free, shellfish-free, egg-free, dairy-free, soy-free, gluten-free

Required Equipment

**A spoon**



## Nutrition

70 Calories

7g Fat

0g Protein

1g Net Carbs

## Ingredients

- 1 tbsp Natural Force Keto Coffee Creamer
- 1 can Tangerine LaCroix
- 2 Ice Cubes
- Optional Garnish: Orange Slice, Drink Umbrella, Dollop of Coconut Cream, Etc

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## Instructions

1. Pour LaCroix into a glass. Add ice and 1 tbsp Keto Coffee Creamer.
2. Using a spoon, stir contents until evenly combined.
3. If desired, add a festive garnish like an orange slice or drink umbrella!