HEMP OIL VERSUS CBD OIL

WHAT'S THE DIFFERENCE?

HEMP OIL

CBD OIL

WHAT IT IS

Hemp oil is extracted from the seeds of cannabis sativa and contains trace amounts of CBD

CBD, aka cannabidiol, oil is made from the flowers, leaves, and stalks of cannabis sativa. It's rich in cannabinoids, but contains less than 1% THC.

BENEFITS

- Deep hydration for ultra-dry skin
- Moisturizing without clogging pores
- Softened skin for a
- Analgesic effects (aka amazing pain-relieving abilities)
- Relieves muscle aches and joint pain
 Soothes headaches and migraines
 Anti-inflammatory effects that diminish symptoms of autoimmune diseases
- more supple <u>compl</u>exion
- Boost in hair growth and lessened hair loss
- Strengthened nails
- Improved skin elasticity

USES

- Low heat cooking
- Salad dressings and marinades
- Beauty products
 - Lotions
 - Skin care
 - Hair care



For the highest quality choose coldpressed, pure, and organic hemp oil

- Take it orally via oil
- Can be smoked or vaped
- Creams and lotions
- Chewing gum
- Skincare
- Pet treats
- Coffee

An organic, full spectrum CBD oil is your best option for maximum benefits

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