

# Dairy Free Keto Coffee Recipe (Only 1g Carbs!) with Collagen and MCTs



Prep Time

**10 minutes**

Total Time

**10 minutes**

Servings

**1**

Allergens

Peanut-free, seafood-free, shellfish-free, egg-free, dairy-free, soy-free, gluten-free

Required Equipment

**Coffee frother (optional)**



## Nutrition

180 Calories

15g Fat

10g Protein

0g Net Carbs

## Ingredients

- 8oz Brewed Hot Natural Force Clean Coffee
- 2 tbsp (30mL) Natural Force Vanilla Keto Coffee Creamer
- 1 level (11.1gm) scoop Natural Force Collagen Peptides

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## Instructions

1. Brew your Clean Coffee in your French press.
2. Add your coffee, Collagen Peptides, and Keto Coffee Creamer to your favorite coffee mug and stir or froth until combined.
3. Once a layer of silky foam crema appears on the top, your keto coffee is ready! Pour it into your favorite mug and enjoy!