

# #fatfueled Chocolate Avocado Smoothie with Almond Butter & Protein



Prep Time

**5 minutes**

Total Time

**5 minutes**

Servings

**1**

Allergens

Peanut-free, seafood-free, shellfish-free, egg-free, soy-free, gluten-free

Required Equipment

**Blender**



## Nutrition

442 Calories

31g Fat

30g Protein

7g Net Carbs

## Ingredients

- 1 cup unsweetened almond milk
- 1 scoop Natural Force Organic Chocolate Whey Protein
- 2 tbsp raw almond butter
- 1/2 avocado
- 2-3 ice cubes
- 1-2 tsps Lakanto Maple Flavored Sugar-Free Syrup (optional)
- Optional Toppings: drizzle with 1 tsp raw almond butter and 1 tbsp chopped almonds

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## Instructions

1. Place all ingredients in a high-speed blender and blend until smooth and creamy.
2. Pour into a glass, drizzle on some extra almond butter, and enjoy!