

POWERNET®

Out Work! Out Play!

18.5 x 6.5 FT SOCCER GOAL



CARLI LLOYD | TEAM POWERNET

2x OLYMPIC GOLD MEDALIST

2x WORLD CUP CHAMPION

2x FIFA PLAYER OF THE YEAR

Model S023

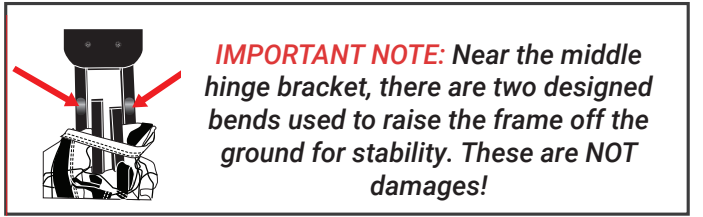
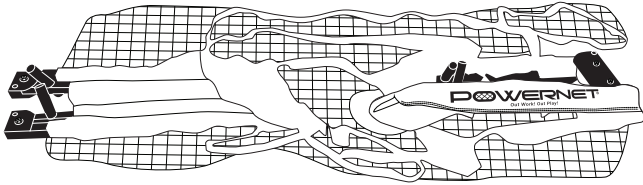
WARNING

- Read all instructions before using.
- Poles are under tension. Use caution during assembly and disassembly. Failure to do so may result in injury.
- Use caution around sliding / moving parts to avoid pinching.
- Store equipment after use. Do not leave outdoors.

FOR VIDEO INSTRUCTIONS VISIT:  **POWERNET**  **TrainingNets.com**

PARTS LIST

(1) FRAME & NET



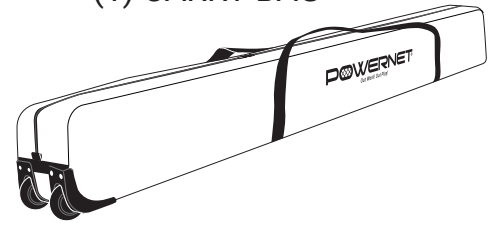
(4) UPPER POLE



(4) LOWER POLE

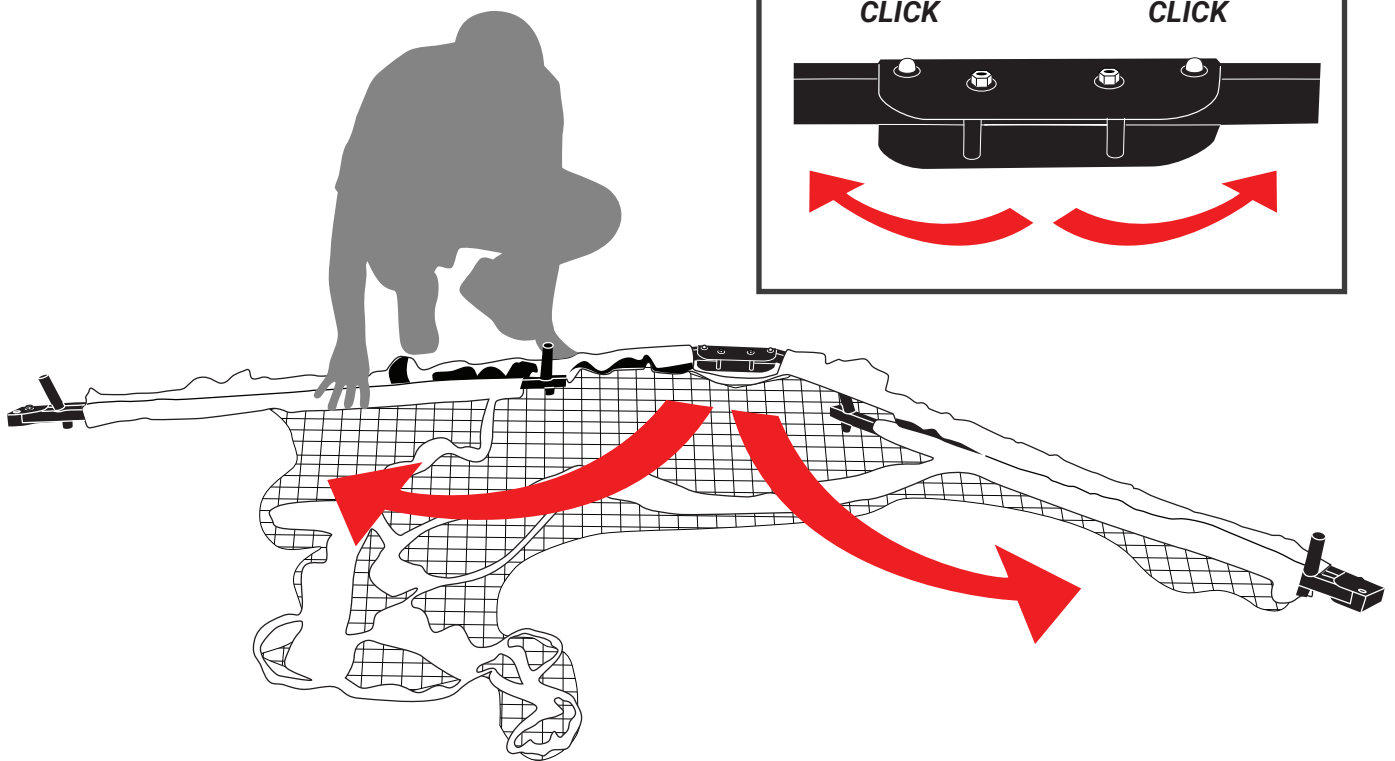


(1) CARRY BAG



1

Unwrap the **Net** and set the **Frame** on the ground. Spread Frame legs apart to lock at center hinge.

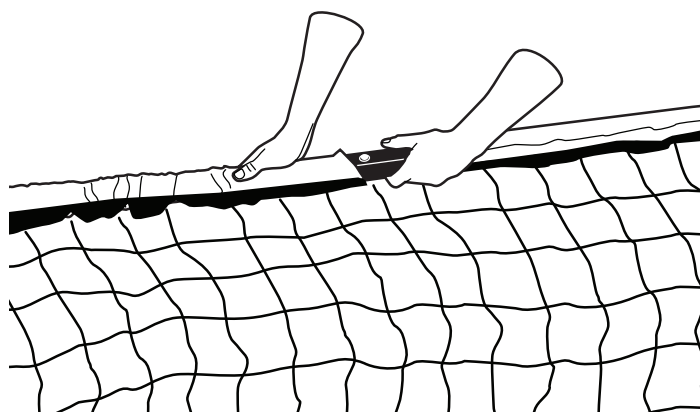


- 2a** Extend the **Frame** on both sides of the center hinge. Do this by pulling the Frame's rectangular rear bar away from the center hinge until two extension buttons click into place.

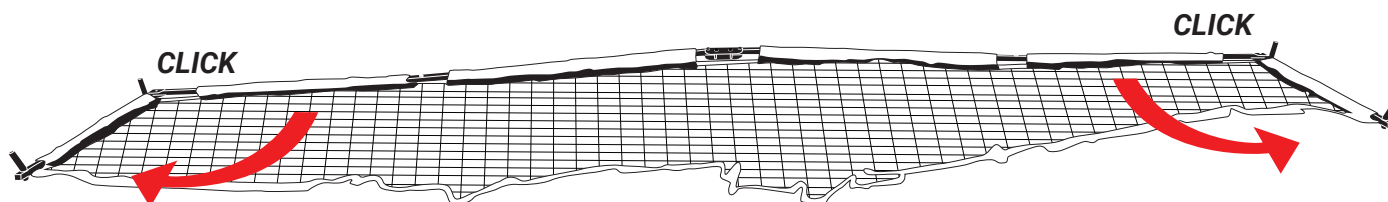
NOTE: While this can be done alone, having a partner hold the center hinge makes it easier.



- 2b** Slide the **Net** sleeve to confirm each button has clicked.

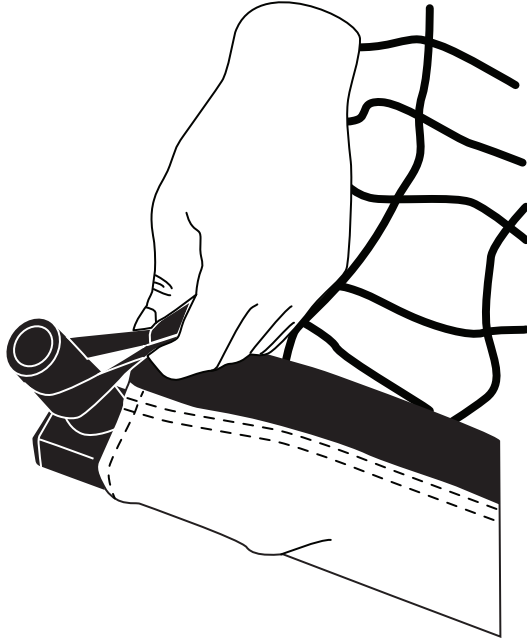


- 3** Swing side legs out until each button clicks into place.

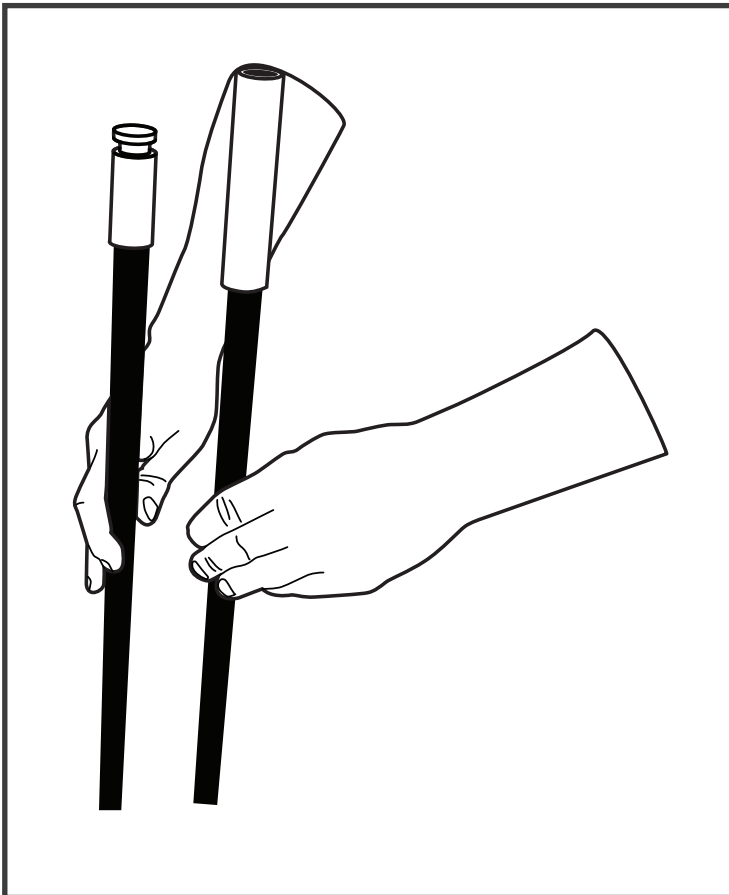


NOTE: The center is designed to be raised and curved off the ground. DO NOT force the middle down!

4 Place the bottom loop around a side leg pole holder located on the **Frame**. Repeat on opposite side.

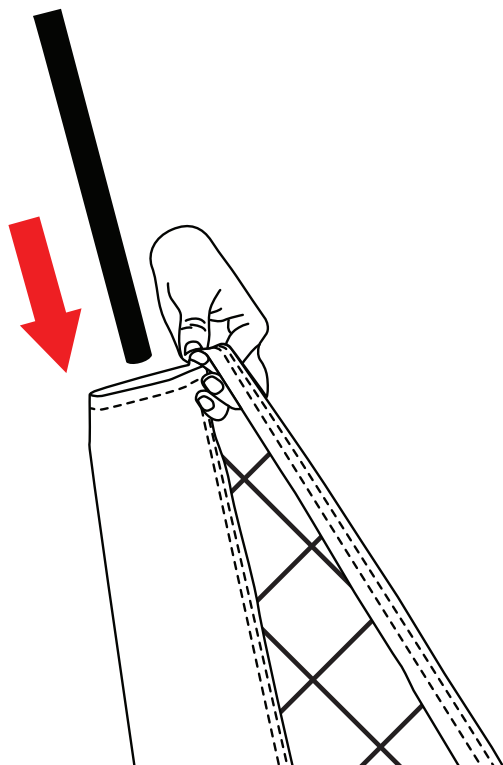


5a Insert an **Upper Pole** into a **Lower Pole**.



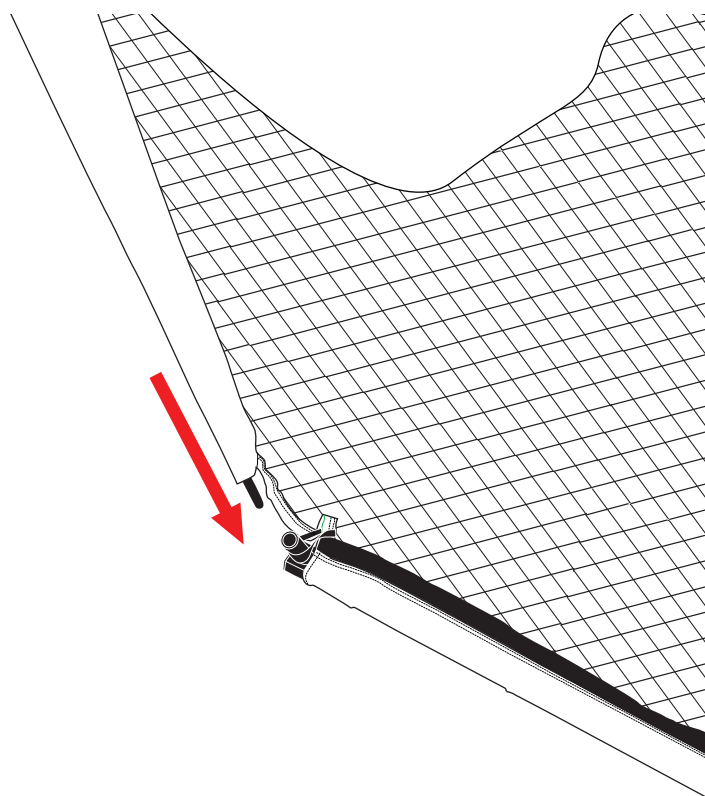
5b

Slide the connected poles through the **Net** sleeve.



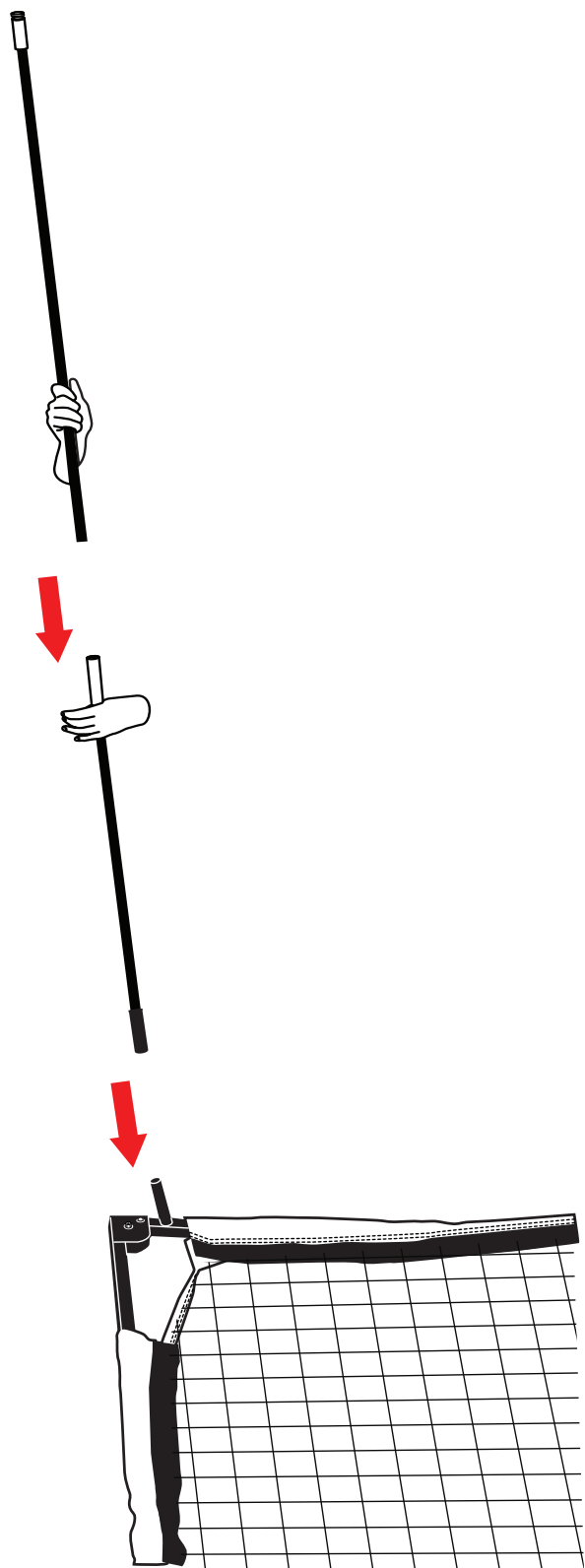
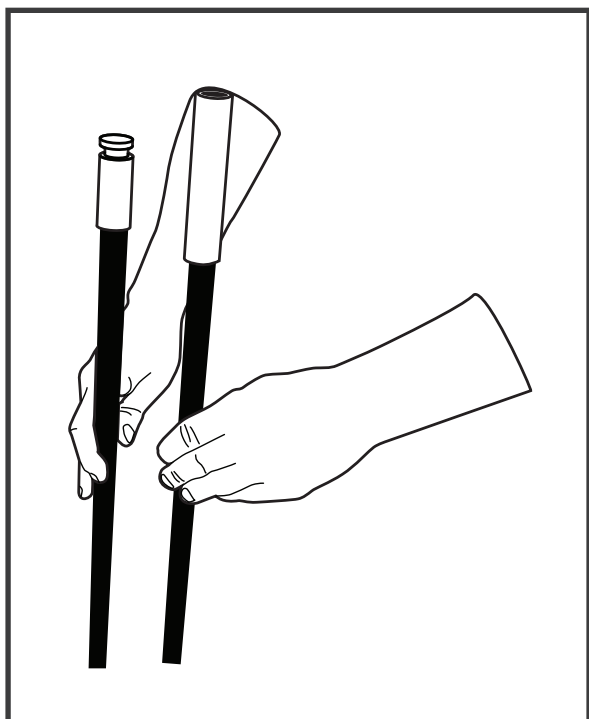
5c

Insert the connected **Upper** and **Lower Poles** into the side leg pole holder. Repeat steps 5a-5c on the opposite side leg.



6

Connect another **Upper** and **Lower Pole**. Insert the connected poles into a back base frame pole holder. Repeat for opposite side.

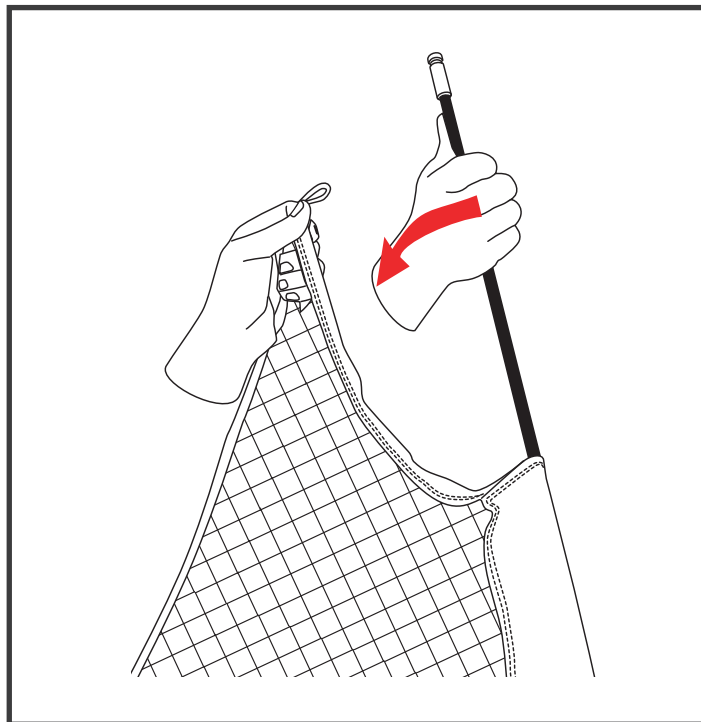


7a

FOR BACK OF NET: Connect one corner of the rear of the **Net** to a connected pole by hooking the white loop around the silver notch.

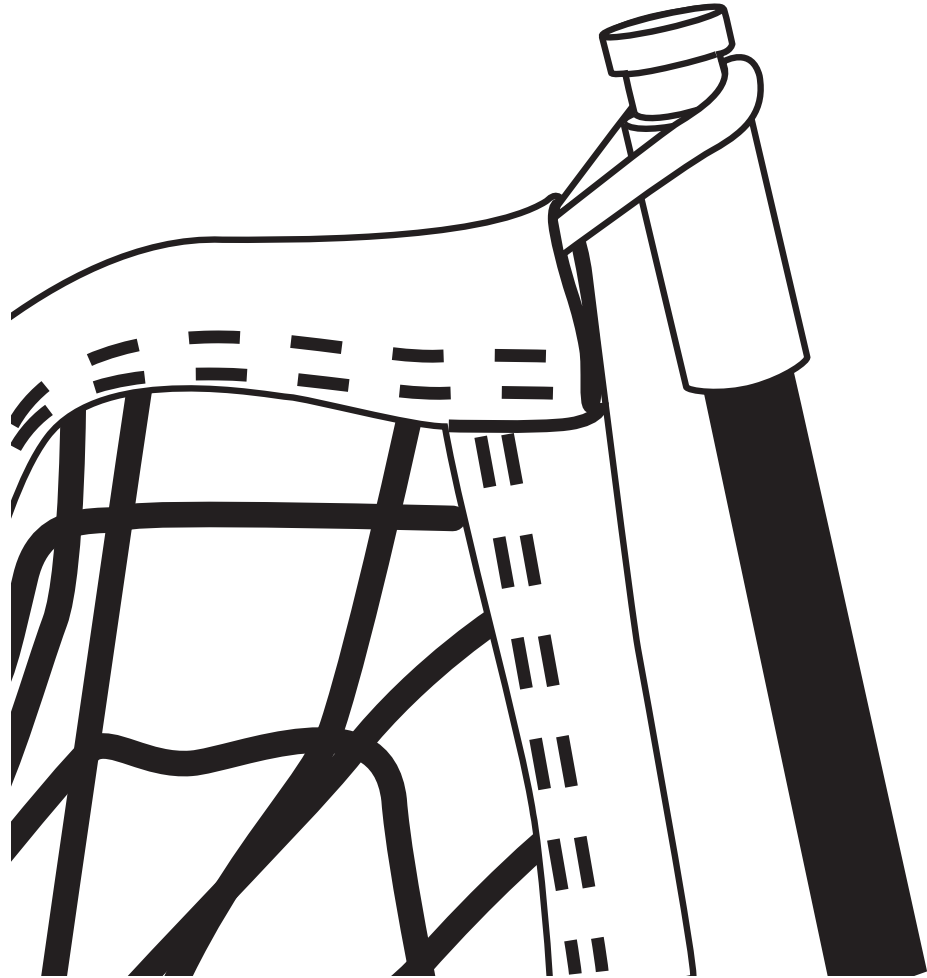


NOTE: You may bend the **Upper Pole** inward toward the ground to make this step easier.



7b

Ensure the white loop is fully wrapped around the indent. Repeat steps 7a-7b on the opposite side.

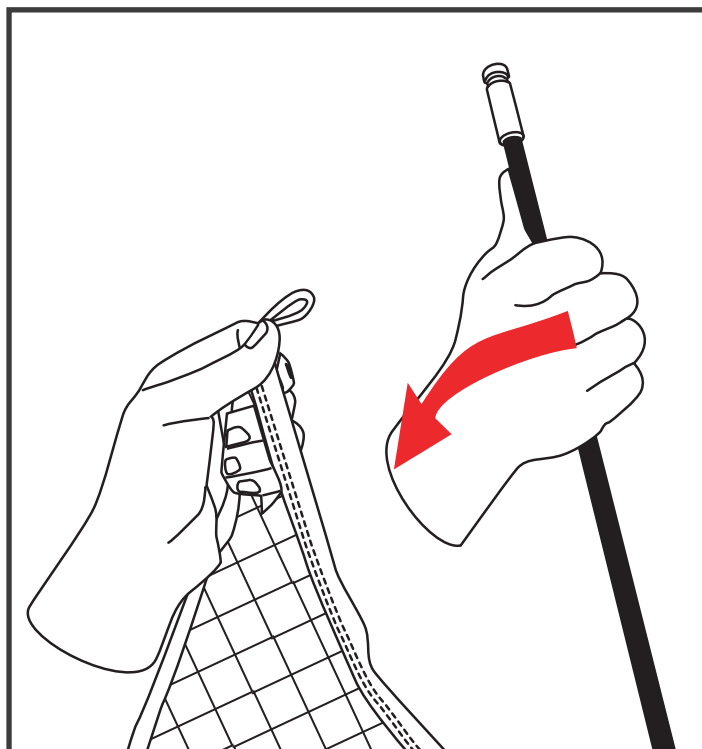


8a

FOR FRONT OF NET: Hook the white loop located at the front top corner of the Net to the silver notch located on the top pole.

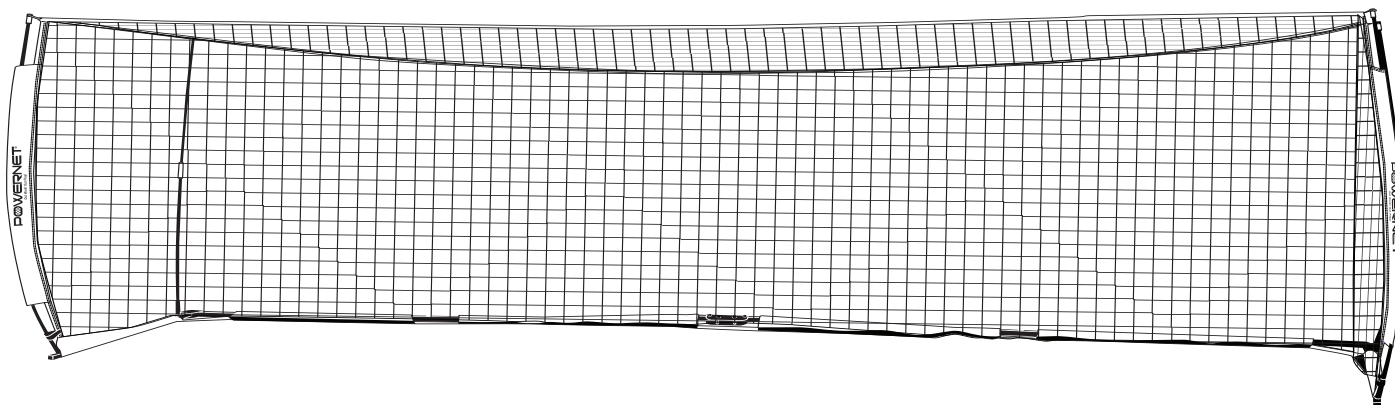
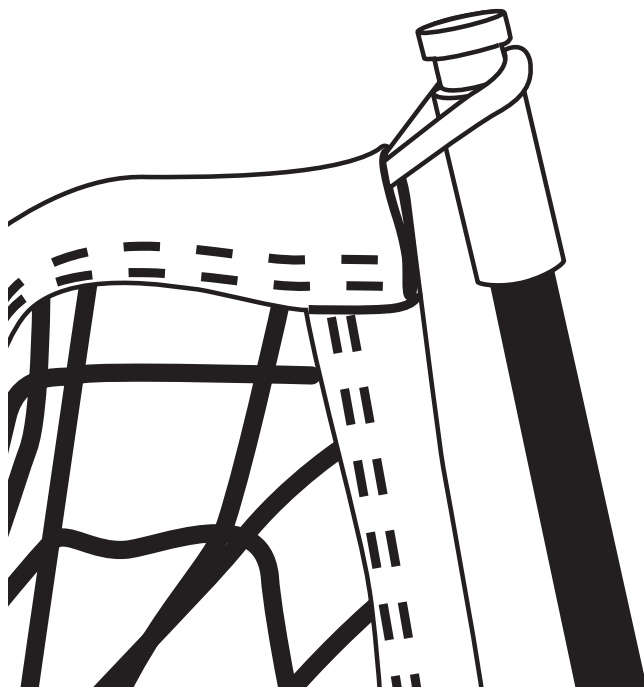


NOTE: You may bend the **Upper Pole** inward toward the ground to make this step easier.



8b

Ensure the white loop is fully wrapped around the indent. Repeat steps 8a-8b on opposite side.



POWERNET®

Out Work! Out Play!

OUR VISION

Building confidence through sports is a far-reaching achievement that takes time and repetition.

Winners aren't built overnight. Individuals who challenge themselves to excel in sports walk away with something even greater than the game; pride, confidence and self-respect. This places them in a position to experience sustained success in all areas. Our driving force is to get PowerNet gear in the hands of the player. We trust in the process of training and hard work as we know it leads to success on and off the field. Our hope is to play a role in building winners in sports and in life.



Carli Lloyd
CARLI LLOYD

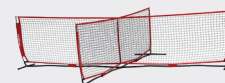
**CHECK OUT MORE
POWERNET GEAR**
TrainingNets.com



12x6 FT SOCCER GOAL



MANNEQUIN DEFENDER



12x3 FT 4-WAY SOCCER

FOR VIDEO INSTRUCTIONS VISIT:



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