

POWERNET®

Out Work! Out Play!

WHEELED VOLLEYBALL CART



For Model 1188

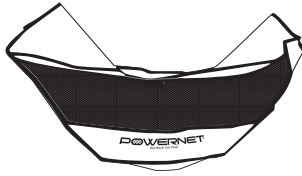
⚠ WARNING

- Read all instructions before using.
- Poles are under tension. Use caution during assembly and disassembly. Failure to do so may result in injury.
- Use caution around sliding / moving parts to avoid pinching.
- Store equipment after use. Do not leave outdoors.

FOR VIDEO INSTRUCTIONS VISIT:  POWERNET  TrainingNets.com

PARTS LIST

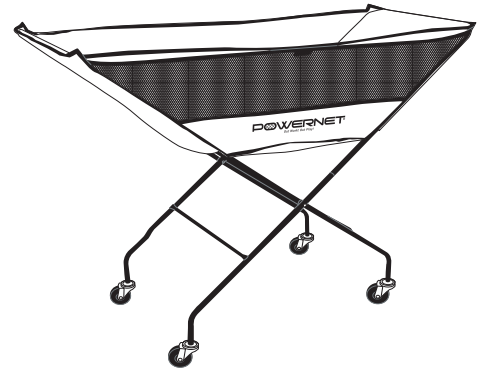
(1) HAMMOCK BALL SLEEVE



(2) UPPER BAR

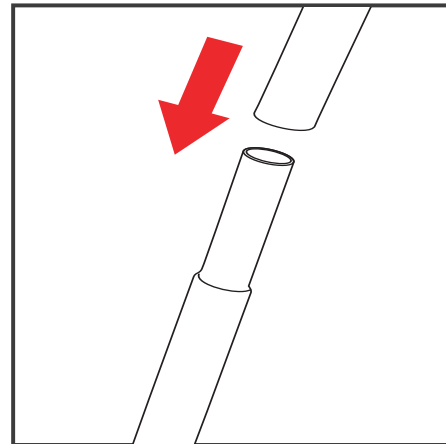
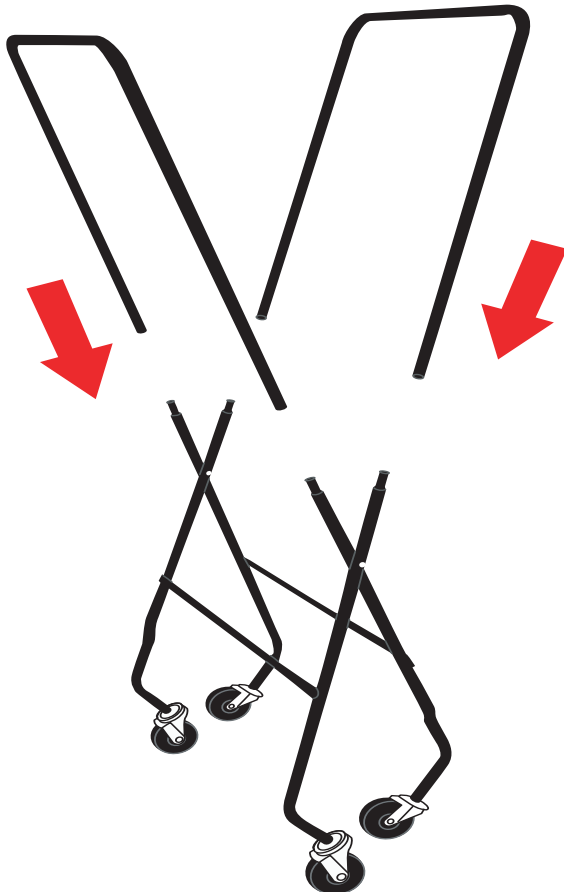


(1) BASE LEGS

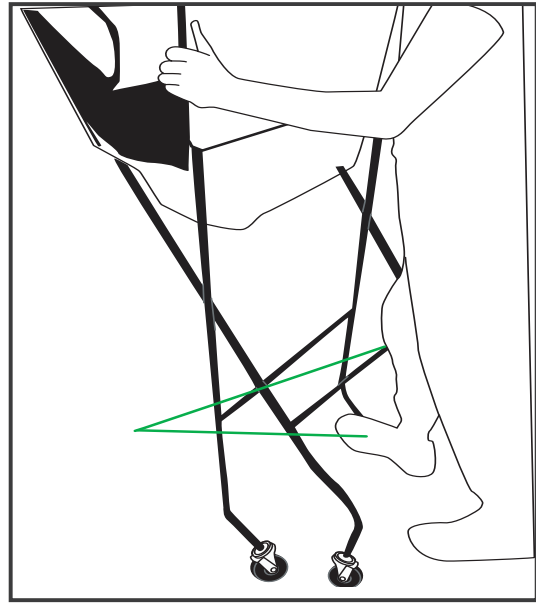
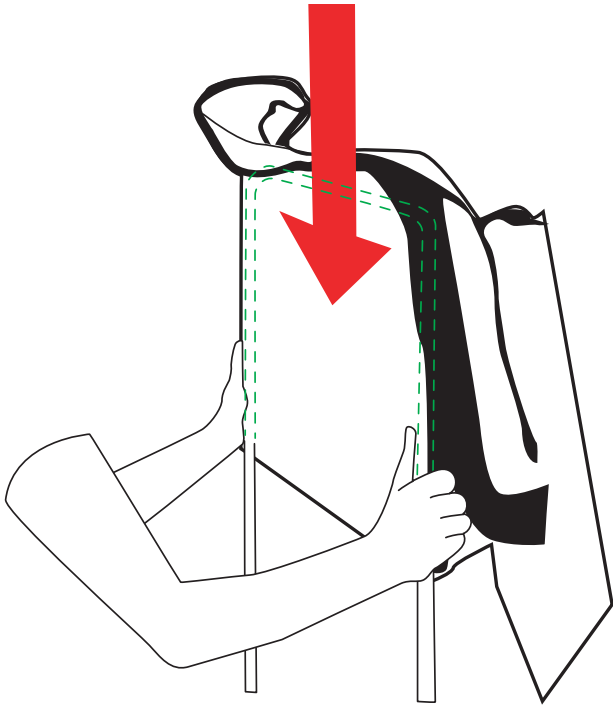


1

Connect an **Upper Bar** to one side of the **Base Legs**. Repeat on opposite side while holding the connected **Upper Bar** in place.



2 Slide the **Hammock Ball Sleeve** over an **Upper Bar**. Reference note below before repeating on opposite side.



NOTE: Apply pressure with your foot on the opposite wheel and use your shin to push on the crossbar to hold the **Base Legs** in place. This allows you to slip the **Hammock Ball Sleeve** over the second **Upper Bar** more easily.



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Out Work! Out Play!

OUR VISION

Building confidence through sports is a far-reaching achievement that takes time and repetition.

Winners aren't built overnight. Individuals who challenge themselves to excel in sports walk away with something even greater than the game; pride, confidence and self-respect. This places them in a position to experience sustained success in all areas. Our driving force is to get PowerNet gear in the hands of the player. We trust in the process of training and hard work as we know it leads to success on and off the field. Our hope is to play a role in building winners in sports and in life.

**CHECK OUT MORE
POWERNET GEAR**
TrainingNets.com



VOLLEYBALL WARM-UP NET



VOLLEYBALL SYSTEM



4-WAY VOLLEYBALL NET

FOR VIDEO INSTRUCTIONS VISIT:



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